Maryland Assisted Living Program

Uniform Disclosure Statement

What is the Purpose of the Disclosure Statement?

The purpose of the Disclosure Statement is to empower consumers by describing an assisted living program's policies and services in a uniform manner. This format gives prospective residents and their families consistent categories of information from which they can compare programs and services.¹

It is important to note that the Disclosure Statement is not intended to take the place of visiting the program, talking with residents, or meeting one-on-one with staff. Nor is the statement a binding contract or substitute for the Resident Agreement. Rather, it serves as additional information for making an informed decision about the services provided in each program.

If you have any questions about any issue raised in the Disclosure Statement or in the Resident Agreement provided by an assisted living program, please seek clarification from that program's manager or administrator.

What is Assisted Living?

Assisted living is a way to provide care to people who are having difficulty living independently. Assisted living providers furnish a place to live, meals, and assistance with daily activities such as dressing, bathing, eating, and managing medications. Assisted living programs also tend to have a less institutional look than nursing homes. However, these facilities are not as highly regulated by the State as nursing homes. There are a wide variety of assisted living programs in Maryland. They range from large, corporate-managed facilities where hundreds of people live in their own apartments to small, private homes.

Assisted living programs may differ in many ways including, but not limited to: size, staff qualifications, services offered, location, fees, sponsorship, whether they are freestanding or part of a continuum of care, participation in the Medicaid Waiver, ability to age in place, and visiting hours. Therefore, consumers should try to have a general idea of what type of setting, services, and price range they may want before contacting an assisted living program, as well as having questions prepared to ask the program manager or administrator. Consumers may find the Maryland Department of Aging's publication entitled, "Assisted Living in Maryland: What You Need to Know," helpful when they are contemplating assisted living. The publication may be downloaded from the Department of Aging's Web site. (http://www.mdoa.state.md.us/documents/ALGuide 002.pdf)

In addition, the Office of Health Care Quality (OHCQ) encourages consumers to verify the licensure status of any assisted living program that they are considering. A list of licensed assisted living programs is available online. (http://www.dhmh.maryland.gov/ohcq/about_ohcq/licensee_directory.htm)

Where can I find the Assisted Living Licensure Standards?

The Assisted Living Licensure Standards are found in the Code of Maryland Regulations (COMAR) 10.07.14, available at public libraries, online at http://www.dsd.state.md.us/comar/, or ordered for a small fee from the OHCQ. A copy of the most recent survey report of an assisted living program may be obtained from the program's manager or administrator.

¹ Assisted Living providers are not <u>required</u> to provide all of the services listed in the Disclosure Statement—regulatory requirements may be found in COMAR 10.07.14.

1) Assisted Living Program Contact Information:

Facility Name Fine Living Care Assisted Living Facilty LLC					
License No.16AL1088-A	No. of Licensed Beds 8 Level of Care at which Facility Licensed I, II, & III				
Address (Street, City, State, Zip)2901 Logan Street District He	eights, MD 20746	·			
Phone Number 202-409-1366 Fax Number 202-513-8590					
E-Mail Address (optional) finelivingcare@gmail.com	Operator/Management Company N/A				
Manager Tasha Coleman	Contact Information 202-409-1366				
Delegating Nurse Trenda Boston Contact Information 240-461-7523					
Alternate Manager Betty Jones	Contact Information 202-910-4235				
Completed By Tasha Coleman	Title Manager / Owner Date Completed 3/2019				

2) What sources of payment are accepted?

Assisted living programs differ in what types of sources they may accept for payment, e.g. private insurance, Medicaid, private pay, SSI/SSDI, etc. What sources of payment are accepted at this program?

Private Pay, Subsidy & Medicaid Waiver

3) What are levels of care?

The levels of care correspond with how much assistance residents need. The level of care designation, therefore, reflects the complexity of the services required to meet the needs of a resident. The State of Maryland recognizes three levels of care, and they are as follows: Level 1 is low level of care required, Level 2 is moderate level of care required, and Level 3 is high level of care required.

A resident's level of care is determined by the Resident Assessment Tool, which collects essential information about a resident's physical, functional, and psychosocial strengths and deficits. There are two components to the assessment tool - a Health Care Practitioners Physical Assessment, to be completed or verified by a health care practitioner, and the Assisted Living Manager's Assessment, to be completed by the Assisted Living Manager or designee. A resident's score on the assessment tool determines his/her level of care (Level 1 = a total score of 0-20; Level 2 = a total score of 21-40; and Level 3 = a total score of 41 or higher).

Some assisted living programs may have elected to develop more than three levels of care. If an assisted living program has more than three levels of care, please describe the levels of care and how they correlate to the three levels of care recognized by the State. In addition, include program charges for each level of care.

Explanation: (You may attach materials as necessary)		

4) What is a Resident Agreement?

The resident agreement is a legal contract, obligating a consumer to provide payment in return for services to be provided by the assisted living program. An assisted living program will provide a consumer with a Resident Agreement to review and sign prior to move-in. Prospective residents should feel free to request a copy of a sample resident agreement at any time.

The resident agreement is required by regulation to include, at a minimum, the information provided in COMAR 10.07.14.24(D) and 10.07.14.25(A), such as: the level of care the program is licensed to provide, a list of services provided by the program, an explanation of the program's complaint or grievance procedure; admission and discharge policies and procedures; obligations of the program and the resident or the resident's representative with regards to financial matters—handling resident finances, purchase or rental of essential or desired equipment; arranging or contracting for services not covered by the resident agreement; rate structure and payment provisions; identification of persons responsible for payment; notice provisions for rate increases; billing, payment, and credit polices; and terms governing the refund of any prepaid fees or charges in the event of a resident's discharge or termination of the resident agreement.

5) What Services are Provided?

Consumers should expect assisted living programs to provide clear information regarding services and fees. Some programs may charge fees for services based on the resident's assessed level of care, while others may provide an "a la carte" menu of services. Consumers should understand what is included in the base monthly rate, what services require an additional charge, circumstances under which fees may increase, and the refund policy. Below is a chart to help consumers better compare assisted living programs. This chart is not all-inclusive and providers may offer more or fewer services than listed below.

Offer	ed	Service	Included in Base	May be Purchased
Yes	No		Rate for Level of Care (yes/no)	Separately. If so, please indicate cost.
Nursing a	and Clini	cal Care:		
		24-Hour Awake Staff, Including Awake Overnight Staff	No	Based on resident needs
		Nursing Review Every 45 Days (Required by COMAR)	No	\$75.00 - \$150.00 Initial \$65.00 45 Day Review
	\boxtimes	On-site Licensed Nursing (Hours/Week)		
		Physician Services	No	Based on Physician Fee
\boxtimes		Bladder Incontinence Care		
		Bowel Incontinence Care		
	\boxtimes	Catheter Care		
		Consultant pharmacist medication review (required in some cases)	No	Based on Pharmacist Fee
		Diabetes Care		
		End of Life Care		
	\boxtimes	Home Health		
		Hospice Care		
		Incontinence Products	No	Based on Product
		Infection Control Materials (e.g., gloves, masks, etc.)	No	Based on Product
\boxtimes		Nutritional Supplements	No	Based on Product
		Service Plan and Frequency(Required by COMAR at least every 6 months)	Yes	

\boxtimes	Temporary use of wheelchair/walker	Yes	

Offered Yes No Personal Care: Arrange/Coordinate Medical Appointments Assistance with bathing	Included in Base Rate for Level of Care (yes/no) No Yes Yes	May be Purchased Separately. If so, please indicate cost. Transporation fee is \$50.00 - \$100.00 per trip
Arrange/Coordinate Medical Appointments Assistance with bathing	Yes	\$50.00 - \$100.00 per
Assistance with bathing	Yes	\$50.00 - \$100.00 per
A salahan sa with dasa sin n	Yes	
Assistance with dressing	•	
Assistance with handling money		
Assistance with incontinence	Yes	
Assistance with preparing meals	Yes	
Assistance with shopping for food or personal it	ems Yes	
Assistance with toileting	Yes	
	No	
	Yes	
	Yes	
Personal Care Items	No	Based on product
Environment:		·
Activities program (days per week), spec attach calendar.	rify programs or Yes	Certain activities may be at an addional cost
Alcohol Consumption		
□ ⊠ Barber/Beauty Shop		
☐ Cable TV	Yes	
Fire Sprinklers (in all areas orin sor	me areas), specify:	
☐ Internet Access	Yes	
☐ Linens/Towels	Yes	
☐ Chair Glide System		
Dry Cleaning Services	No	Based on cleaning fee
☐ ☐ Elevators		
☐ ☐ Emergency Call System		
☐ ☐ Emergency Generator		
Fire Alarm System		
Automatic Electronic Defibrillators (AEDs)		
Handrails	Yes	
Personal Laundry	Yes	
Personal Phone	Yes	
Pets Allowed, specify:		
Ramps		
Security Services, specify:	Yes	
□ Smoking		In designated areas

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				outside of the facility					
\boxtimes		Secured Areas	Yes						
\boxtimes		Sprinkler system							
		Transportation, specify	No	\$50.00 - \$100.00 per trip					
\boxtimes		Visitation, specify hours and include the facility's policies and procedures	Yes						
Offer	red	Service	Included in Base	May be Purchased					
Yes	No		Rate for Level of Care (yes/no)						
Environn	nent: (Co	ontinued)							
\boxtimes		Volunteer Services, specify and include the facility's policies and procedures							
	\boxtimes	Wander Guard or similar system, specify:							
Dietary:									
\boxtimes		Meals (per day & snacks) (COMAR requires a minimum of 3 meals per day & additional snacks)	Yes						
\boxtimes		Special Diets, specify:	Yes						
\boxtimes		Family or Congregate Meals	Yes						
	euticals/	Medications:	_						
\boxtimes		Durable Medical Equipment, specify:	No	Based on cost of medicial equipment					
\boxtimes		Medication Administration	Yes						
\boxtimes		Medication Injections	Yes						
	\boxtimes	Pharmaceuticals							
\boxtimes		Self Administration of Medications Permitted	Yes						
		Use of Outside Pharmacy Permitted	No	Based on medicine cost					
\boxtimes		Use of Mail Order Pharmacy Permitted	No	Based on medicine cost					
Specializ	ed Care	or Services:							
	\boxtimes	Behavior Management: Verbal Aggression							
	\boxtimes	Behavior Management: Physical Aggression							
\boxtimes		Dementia Care	Yes						
	\boxtimes	Intravenous Therapy							
	\boxtimes	Mental Health Supports and Services, specify:							
	\boxtimes	Ostomy Care							
\boxtimes		Oxygen Administration							
	\boxtimes	Special Care Units, if there are additional charges for this type of							
		care, please specify cost difference as well as how those services							
	<u> </u>	differ from the services provided in the rest of the program.							
		Services for persons who are blind							
	\boxtimes	Staff who can sign for the deaf							
	\boxtimes	Bilingual Services							
\square		Tuhe Feeding							

		Stall will call sign for the deal		
	\boxtimes	Bilingual Services		
\boxtimes		Tube Feeding		
\boxtimes		Wound Care		
Are the res	ident, res	sident's representative, or family members involved in the service planning	ng process? 🛚 Yes	∏ No

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Explanation: (optional)									
Is the service plan reviewed with the resident, resident's representative, or family members? ⊠ Yes ☐ No									
Explanation:(optional)									
Who assists with or administers medications? (Check all which apply) ☑ Delegating Nurse/Registered Nurse ☐ Licensed Practical Nurse ☑ Medication Technician ☐ Other (specify):									
6) What are the criteria for discharge or	transfer?								
The following is a list of situations that may necessitate the termination of the resident agreement and the transfer or discharge of a resident from an assisted living program. Consumers are encouraged to inquire about an assisted living program's policies and procedures in the event that a resident must relocate. This list is not all-inclusive and criteria will differ depending upon the assisted living program's ability to provide certain types of care. All transfers and discharges must comply with Maryland regulatory requirements, including notice requirements, and terms of the Resident Agreement.*									
Criteria/Factor which may:	Cause (temporary) transfer	Cause (permanent) discharge	Require the use of external resources						
Medical condition requiring care exceeding that of which the facility determines it can safely provide									
Unacceptable physical, verbal, or sexual behavior			\boxtimes						
Medication stabilization									
Danger to self or others			\boxtimes						
Inability to toilet									
Non-ambulatory									
Inability to eat/tube feeding									
Must be hand fed									
Inability to walk/bedfast									
Others:									
Mental health issues, specify:									
Mobility changes									
Needs skilled nursing care									
Requires sitters	\boxtimes								
Medication injections	\boxtimes								
Behavior management for verbal or physical aggression									
Bladder incontinence care									
Bowel incontinence care									
Intravenous (IV) therapy	\boxtimes								
Level of care change	\boxtimes	\boxtimes							
Moderate or advanced dementia, specify:									
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*Under Maryland Regulations an assisted living program may not provide services to initial assessment, requires: (1) More than intermittent nursing care; (2) Treatment or monitoring, testing, and aggressive adjustment of medications and treatments where Monitoring of a chronic medical condition that is not controllable through readily avails which requires more than contact isolation. Exceptions to the conditions listed above hospice program.	f stage three or stage there is the presence able medications and	four skin ulcers; (3) Ventila of, or risk for, a fluctuating treatments; or (6)Treatmer	ntor services; (4) Skilled acute condition; (5) at for a disease or condition
Who makes the resident discharge or transfer decision?			
 ✓ Assisted Living Manager ✓ Delegating Nurse ✓ Registered Nurse ✓ Other (specify) 			
Do families have input into the discharge or transfer decision?	Yes 🗌 No		
Is there an avenue to appeal the discharge or transfer decision? $igtimes$] Yes 🗌 No		
Explanation:(optional)			
Does the assisted living program assist families in making discharg	e or transfer plan	s? 🛚 Yes 🗌 No	
Explanation:(optional)			

7) What are the requirements for staff training?

COMAR requires that assisted living programs provide initial and annual training for the alternate manager and staff in: (a) fire and life safety, including the use of fire extinguishers; (b) infection control, including standard precautions, contact precautions, and hand hygiene; (c) basic food safety; (d) emergency disaster plans; (e) basic first aid by a certified first aid instructor; and (f) cognitive impairment and mental illness training. Staff must have training or experience in: (a) the health and psychosocial needs of the population being served; (b) the resident assessment process; (c) the use of service plans; and (d) resident rights. A sufficient number of staff must also have initial and ongoing training in CPR training from a certified instructor. Consumers are encouraged to talk to the assisted living program manager about sources of staff training and their qualifications.

COMAR requires that assisted living program managers have sufficient skills, training, and experience to serve the residents in a manner that is consistent with the philosophy of assisted living. Managers must have verifiable knowledge in: (a) the health and psychosocial needs of the population being served; (b) the resident assessment process; (c) use of service plans; (d) cuing, coaching, and monitoring residents who self-administer medications with or without assistance; (e) providing assistance with ambulation, personal hygiene, dressing, toileting, and feeding; and (f) resident rights. Managers must receive initial and annual training in: (a) fire and life safety; (b) infection control, including standard precautions; (c) emergency disaster plans; and (d) basic food safety. Managers are required to have initial certification and recertification in: (a) basic first aid by a certified CPR by a certified CPR instructor.

COMAR requires that assisted living program managers of programs licensed for five beds or more have completed an 80-hour manager's training course. Some managers are exempt from this requirement.

Some assisted living programs	s may elect to require training for stair, managers, and alternate managers beyond these
requirements.	
Additional training provided:	N/A

8) What is the assisted living program's staffing pattern?

COMAR requires assisted living programs to develop a staffing plan that includes on-site staff sufficient in number and qualifications to meet the 24-hour scheduled and unscheduled needs of the residents. The delegating nurse, based on the needs of a resident, may issue a nursing order for on-site nursing.

SHIFTS (Enter the	NUMBER OF STAFF PER SHIFT PER DAY							
hours of each of your facility's shifts)	RN	LPN	CNA	Medication Tech.	Activity Workers	Non- Licensed Assistive Personnel	Other Workers	Awake Overnight
Part-time Live In	0	0	0	1	0	0	1	0
Full time Live In	0	0	0	1	0	0	1	0

If staff do not work on a per-day basis, indicate the onsite hours per month.

RN	LPN	Physician	Social Worker	Pharmacist
5 Hours	0	Visit Every Few Monthly	0	Visit Semi-Annually

Explanation:	All staff are required to take the	e required CPR/First Aid,	COMAR and Dementia classess

9) How do I file a complaint?

Under Maryland regulations, assisted living programs are required to have an internal complaint or grievance procedure. An explanation of the assisted living program's internal complaint or grievance procedure must be included in the resident agreement. Consumers should review this information and make sure that they understand how the internal complaint or grievance procedure operates. Consumers should direct any questions about the internal procedure to the assisted living program's manager or administrator.

Consumers may also report concerns or file a complaint regarding an assisted living program to the Office of Health Care Quality. Complaints may be registered over the phone or through the OHCQ Web site. Complaints may be anonymous. For more information regarding filing a complaint, please visit the Office of Health Care Quality's Web site at http://www.dhmh.state.md.us/ohcq/faq_help/file_a_complaint.htm or call (410) 402-8217 or 1-877-402-8218.

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Maryland Department of Health and Mental Hygiene—Office of Health Care Quality
Spring Grove Hospital Center—Bland Bryant Building
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www.dhmh.state.md.us/ohcq