

Meal Plan Menu Cheat Sheet

Breakfast

Amigas
Biscuits n Gravy
BLT Sandwiches
Chorizo y Eggs
Cinnamon Rolls
Crescent Rolls
Egg Sandwiches
Huevos Rancheros
Omelets
Pancakes
Pigs n Blanket
Red Eye Ham

Dinners

American Tacos
Bacon, Tomatoes, n Gravy
Baked Mahi
BBQ Chicken
BBQ, Italian, Salisbury
Bone In Fried Chops
Broccoli Cheese Rice
Buffalo Ranch Wraps
Burgers
Burritos
Carnitas
Ceviche
Chicken n Dumplings
Chicken Noodle Soup
Chicken Tenders
Chicken Wings
Chili
Chimichangas
Cold Wraps
Corn beef n Hash
Crispy Chicken Sandwiches
Egg Drop Soup
Enchiladas

Fajitas
Fish, Shrimp, Puppies
Flautas
Fried Chicken
Fried Rice
Gumbo
Hamburger Helper
Hamburger n Gravy
Hamburger Soup
Lasagna
Lil Hot Potatoes
Loaded Nachos
Loaded Potato Soup
Meatballs
Meatloaf
Mexican Soup
Mexican Tacos
Mustard Chicken
Nopales y Carne
Parmesan Chicken
Pepperoncini Roast
Pizza
Pork Sandwiches
Ribs
Roast n Potatoes
Salmon Patties
Sausage / Hotdogs
Shepard's Pie
Shrimp Pasta
Sloppy Joes
Spaghetti
Steak
Stir Fry
Stuffed Bell Peppers
Stuffed Pork Chops
Sub Sandwiches
Taco Soup
Tacos (Stk, Chick, Shrimp)

Tator Tot Casserole
Tortas
Tostadas
Turkey & Dressing

Sides

Asparagus
Coleslaw
Fried Potatoes y Onions
Load Potatoes
Mac n Cheese
Mexican Rice
Potato Salad
Salad
Steamed Broccoli
Sweet Potato Casserole

Desserts

Apple Cinnamon Cobbler
Apple Fritters
Banana Pudding
Booty Dip
Brownies
Bundt Cake
Cheesecake
Choco Cover Strawberries
Churros Poppers
Cookies
Empanadas
Fruit Salad
Oreo Dirt Cake
Regular Cakes
Smores
Sopapillas
Strawberry Shortcake
Tres Leches
Trifle
Upside Down Pineapple