



Special Participation Accommodation Packet

Midwest Athletic Conference Tackle Football

For coaches, club directors, league representatives, and game officials

MAC mission

The mission of Midwest Athletic Conference is to unite athletes, families, teams, and communities through organized youth football. United by the game, MAC creates opportunities for young athletes to compete, develop, and grow through the sport and the communities that shape them.

Purpose of this packet

MAC wants athletes with disabilities, developmental differences, medical restrictions, or other documented support needs to have a safe and meaningful place on their teams. The ordinary participation rules are important for fairness, safety, and competitive integrity, but they should not prevent an athlete from participating when a specific, approved accommodation can address the athlete's needs.

The following pages provide two official letter formats. The Little Legends letter addresses the one-full-quarter requirement in each half. The 3rd-6th grade letter addresses the minimum snapped-ball play requirements. Each letter is intended for one identified player and one approved effective period.

Certified accommodation letter process

1. The head coach or club director submits a written request to MAC before the applicable game-day weigh-in. The request should identify the player, jersey number, team, division, requested effective period, and the participation adjustment the team believes is needed.
2. MAC reviews the request and determines whether clarification, parent or guardian confirmation, or supporting documentation is needed. The final letter should describe the functional participation accommodation, not disclose a private diagnosis to the opposing team.
3. An authorized MAC representative issues and signs the letter. The letter must state the exact accommodation, the player and team covered, and the effective date or period. A general or transferable waiver is not intended.
4. At weigh-in, the coach presents the signed letter to weigh-in personnel and the opposing coach so the accommodation can be recorded on the official roster. The opposing coach may review the authorization, but approval from the opposing coach is not required.
5. Before kickoff, the head coach confirms the accommodation with the head official. The team continues to follow every MAC requirement that is not specifically modified by the signed letter. Any material change requires MAC review and a new or updated authorization.

Authorization limits

A certified letter authorizes only the participation modification written and approved on the letter. It does not waive eligibility, registration, age or grade requirements, weight limits, stripe classifications, equipment, safety, or conduct standards. The approved accommodation itself is not grounds for a participation protest or forfeiture; separate rule violations may still be reviewed by MAC.

MAC authority The MAC Board retains final authority over rule interpretation, eligibility, disputes, and matters not specifically addressed in the rulebook.



MIDWEST ATHLETIC CONFERENCE

Official League Communication

Tackle Football Participation Authorization

SPECIAL PARTICIPATION ACCOMMODATION

Little Legends - 1st and 2nd Grade

Player name	_____	Jersey no.	_____
Team	_____	Division Grade	Little Legends ☐ 1st ☐ 2nd
Game date	_____	Season / year	_____
Effective through	_____	MAC roster note	☐ Recorded

To the opposing head coach, game officials, and weigh-in personnel:

The Midwest Athletic Conference has approved a limited participation accommodation for the player identified above. MAC is committed to giving athletes with disabilities, developmental differences, medical restrictions, or other documented support needs, a safe and meaningful opportunity to participate with their teams. This letter provides the game-day authorization and does not require disclosure of a diagnosis or other private medical information.

Under MAC Rule 8.1(H), each Little Legends player is ordinarily required to play one full, uninterrupted quarter in each half, and substitutions are ordinarily not permitted during a quarter. For the player listed above, MAC approves the following limited modification:

Approved accommodation - MAC representative must mark only the applicable items:

- ☐ The player may play less than one full, uninterrupted quarter in either half.
- ☐ The player may be removed or substituted as needed.
- ☐ The player may return to play when able and when the coach determines participation is safe.
- ☐ The player is not required to complete a prescribed quarter when doing so conflicts with the approved accommodation.
- ☐ Other approved limitation: _____

Authorization and game day administration

Once the applicable accommodation above is marked and this letter is signed, the player may participate under that accommodation. The player and team may not be considered in violation solely because the player does not complete a full uninterrupted quarter or because the player is substituted during a quarter as permitted above. The accommodation is considered declared before the game and must be recorded on the official roster at weigh-in. At weigh-in, the coach should present this signed letter to weigh-in personnel and the opposing coach. Before kickoff, the head coach should confirm the accommodation with the head official.

The existence or use of this approved accommodation, by itself, is not a violation and is not grounds for a participation protest or forfeiture. Questions about this authorization should be directed to the MAC representative or MAC Board at info@macleagueok.com. The opposing coach's approval is not required.

Approved by	_____	Title	_____
Signature	_____	Approval date	_____

Valid only when completed for the identified player, signed by an authorized MAC representative, and recorded with the applicable MAC roster at weigh-in. This authorization applies only to the player, team, division, and effective period listed above.



MIDWEST ATHLETIC CONFERENCE

Official League Communication

Tackle Football Participation Authorization

SPECIAL PARTICIPATION ACCOMMODATION

3rd-6th Grade - 3rd, 4th, 5th, and 6th Grade

Player name	_____	Jersey no.	_____
Team	_____	Division	☐ 3rd ☐ 4th ☐ 5th ☐ 6th
Game date	_____	Season / year	_____
Effective through	_____	MAC roster note	☐ Recorded

To the opposing head coach, game officials, and weigh-in personnel:

The Midwest Athletic Conference has approved a limited participation accommodation for the player identified above. MAC is committed to giving athletes with disabilities, developmental differences, medical restrictions, or other documented support needs, a safe and meaningful opportunity to participate with their teams. This letter provides the game-day authorization and does not require disclosure of a diagnosis or other private medical information.

Under MAC Rule 8.2(C), 3rd and 4th grade players are ordinarily required to receive a minimum of 10 snapped-ball plays during the game. Under MAC Rule 8.3(B), 5th and 6th grade players are ordinarily required to receive a minimum of 5 snapped-ball plays during the game. For the player listed above, MAC approves the following limited modification:

Approved accommodation - MAC representative must mark only the applicable items:

- ☐ The player may receive fewer than the ordinary minimum number of snapped-ball plays.
- ☐ The player may be removed, substituted, or returned as needed.
- ☐ The player may participate only in designated plays or series listed by the coaching staff.
- ☐ The player may decline participation or be removed without creating a participation violation.
- ☐ The normal requirement to complete the full minimum play count is modified as described above.
- ☐ Other approved limitation: _____

Authorization and game day administration

Once the applicable accommodation above is marked and this letter is signed, the player may participate under that accommodation. If the player participates in one counted play, the ordinary requirement that the player receive the full minimum number of plays is modified as authorized here. The accommodation is considered declared before the game and must be recorded on the official roster at weigh-in. At weigh-in, the coach should present this signed letter to weigh-in personnel and the opposing coach. Before kickoff, the head coach should confirm the accommodation with the head official.

The existence or use of this approved accommodation, by itself, is not a violation and is not grounds for a participation protest or forfeiture. Questions about this authorization should be directed to the MAC representative or MAC Board at info@macleagueok.com. The opposing coach's approval is not required.

Approved by	_____	Title	_____
Signature	_____	Approval date	_____

Valid only when completed for the identified player, signed by an authorized MAC representative, and recorded with the applicable MAC roster at weigh-in. This authorization applies only to the player, team, division, and effective period listed above.