

Daily Dot - Happiness

Put a dot on the quadrant that best describes how the day went. Each day of the year will have a single dot.

Truly Happy	<i>Truly Happy - Worked on Happy</i>	<i>Truly Happy - No extra effort made to be Happy</i>
Want to be Happy	<i>Want to be Happy - Worked on Happy</i>	<i>Want to be Happy - No extra effort made to be Happy</i>
	Worked on Happy	No efforts made to be Happy