

Mount Sinai and Tightrope Theatre proudly present:

IMPROV FOR PARKINSONS

VIRTUAL



Supported by a community grant from the Parkinson's Foundation

Do you have PD? Love to laugh? Want to participate in a research study?

This research study is designed to test the effectiveness of improvisation in managing symptoms of Parkinson's Disease (PD).

Participants will build community, learn new skills, work together, tell stories, and laugh!

This course uses improv techniques to address symptoms and issues of Parkinson's including:

- hand-eye coordination
- thinking difficulties
- vocalization
- communication
- mood
- masking
- recognizing emotions
- improving focus
- active listening
- multi-tasking

This course will be held on Zoom and requires internet access. We encourage family members and carepartners to attend with participants, as many games can be played at home after the class. No previous improv experience necessary. Through support from the Parkinson's Foundation, Improv for Parkinson's is free for patients and caregivers. Because of the nature and expense associated with this program, it is only open to NYC residents.

Registration:

If you are interested in participating in this research study, please contact:

Joan.miravite@mountsinai.org

or

Ricardo.renvill@mountsinai.org



Effective Date: 1/31/2022
End Date: 11/29/2022



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