

# POSITIVE + INCLUSIVE COMMUNICATION

Improv-Based Communication Workshops  
Virtual or In Person



## OVERVIEW

Your team needs a good laugh! This workshop will introduce your team to improvisation exercises where they will build new skills, work together, and bond. This workshop will relate themes and philosophies of improvisation to your workplace culture.

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## COURSE THEMES

- Presence & Saying YES
  - Celebrating Mistakes
  - Listening
  - Inclusion
  - Collaboration
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## WHAT TO EXPECT

- Highly interactive sessions, full of learning exercises, and games
- A safe space and supportive environment to take risks and grow

## THIS COURSE INCLUDES

- Initial welcome letter for participants
- Two Tightrope Theatre Facilitators
- A digital hand out/worksheet that captures the learning and games