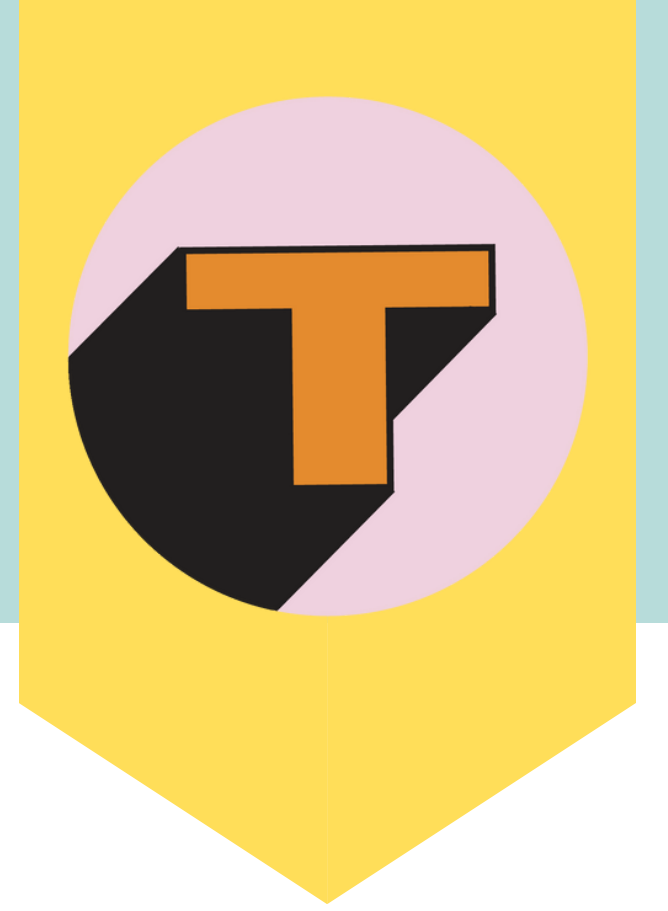


PRESENTATIONS + PUBLIC SPEAKING

Improv-Based Communication Workshops
Virtual or In Person



OVERVIEW

Give more engaging presentations. You will learn techniques to maintain a healthy & strong voice while gaining the confidence to take up the space you deserve when presenting ideas.

COURSE THEMES

- Finding your voice
- Connecting with your audience
- Storytelling
- Starting with heart
- Thinking on your feet



WHAT TO EXPECT

- Highly interactive sessions, full of learning exercises, and games
- A safe space and supportive environment to take risks and grow
- A learner workbook detailing course activities and resources
- Weekly homework suggestions to increase engagement
- Personal presentation feedback

"The leaders and exercises helped us as participants break down the different aspects of public speaking and communication, so we could become aware of what our habits and fears are. Then they gave us fun and insightful tools to address them. A fantastic and inspiring course."