

Banana Bread

Makes: 1 loaf

Mash 1½ cups bananas (3 medium) beat together: Add: ¾ tsp. salt, opt.
2 eggs 1 tsp. Vanilla extract
1½ cups white sugar or brown sugar 2 cups flour
¾ cup butter ¾ cup chopped walnuts, opt.
Add: 1 tsp. baking soda dissolved in ½ cup sour
milk

Mix well. Pour into a loaf pan and bake 1 ¼ hour at 325° or pour in muffin pan and bake approximately 20 to 25 minutes.