

The following necessary information will help make your first session most productive. Signed consent is required from the parent(s) or legal guardian before treatment can be provided. If you are court-mandated to receive counseling, please be prepared to provide the court order or case plan. Please bring all documents to the first session. Please **PRINT** and fill out this form **COMPLETELY**.

Date of assessment: \_\_\_\_\_

### DEMOGRAPHICS

Who is providing information for this assessment?

- Child/Adolescent       Parent/Guardian/Representative

\_\_\_\_\_ Name Relationship

\_\_\_\_\_ Last Name First Middle

\_\_\_\_\_ Date of Birth Age Parent/Guardian Names

\_\_\_\_\_ Street Address City State Zip Code

\_\_\_\_\_ Telephone (Cell) (Home) (Work) Parent Email

Gender:

- Male       Female

### PERSONAL HISTORY

Why are you seeking treatment at this time and what do you hope to gain from counseling?

\_\_\_\_\_

\_\_\_\_\_

Have you had any of the problematic experiences of the following within the past 90 days? (Check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Anxiety / Panic                | <input type="checkbox"/> Suicidal thoughts          | <input type="checkbox"/> Family / Parent conflict    |
| <input type="checkbox"/> PTSD / Trauma                  | <input type="checkbox"/> Suicide attempts           | <input type="checkbox"/> Academic Problems           |
| <input type="checkbox"/> Obsessive / Intrusive thoughts | <input type="checkbox"/> Self injury                | <input type="checkbox"/> Legal/Juvenile Justice      |
| <input type="checkbox"/> Depression                     | <input type="checkbox"/> Thoughts of harming others | <input type="checkbox"/> Physical / Medical problems |
| <input type="checkbox"/> Concentration / Focus          | <input type="checkbox"/> Abuse / Violence           | <input type="checkbox"/> Hospitalization             |
| <input type="checkbox"/> Hyperactivity / Impulsivity    | <input type="checkbox"/> Grief / Death              | <input type="checkbox"/> Fire setting                |
| <input type="checkbox"/> Anger management               | <input type="checkbox"/> Addiction / Dependency     | <input type="checkbox"/> Cruelty to animals          |
| <input type="checkbox"/> Behavior                       | <input type="checkbox"/> Developmental delay        | <input type="checkbox"/> Other _____                 |

### CLINICAL NOTES

### PSYCHIATRIC HISTORY

Starting with most current, please list current and past mental / behavioral health medications:

Medication	Dosage	Reason	Doctor / ARNP	Still taking?

Have you ever been in counseling before?       Yes       No

Have you ever been admitted into a hospital for mental / behavioral health?       Yes       No

Is there any family history of mental health problems or suicide (attempts)?       Yes       No



**STAFF NOTES**

**MEDICAL**

Who is your primary care physician? \_\_\_\_\_  Do not have

List any medical symptoms and medications: \_\_\_\_\_

Describe your sleep patterns: \_\_\_\_\_

**VOCATIONAL / EDUCATIONAL**

\_\_\_\_\_  Regular  ESE  Gifted  
School \_\_\_\_\_ Grade \_\_\_\_\_

Please indicate any aggravating behaviors or circumstances: (Check all that apply)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Poor performance     | <input type="checkbox"/> Repeated grade         | <input type="checkbox"/> Suspended            |
| <input type="checkbox"/> Disruptive / Defiant | <input type="checkbox"/> Excessive absences     | <input type="checkbox"/> Dropped out          |
| <input type="checkbox"/> Social problems      | <input type="checkbox"/> Tardy / Skipping class | <input type="checkbox"/> Expelled / Dismissed |

**LEGAL HISTORY**

Have you been arrested in the past two years?  Yes  No

Are you involved with a DCF/FFN case or investigation?  Yes  No

Are you court ordered for services?  Yes  No

**SUBSTANCE USE**

Describe your history of substance use below, even casual or recreational experiences:  Family history

\_\_\_\_\_

**FAMILY HISTORY**

Describe your relationship with who you are **raised by** growing up until now:

\_\_\_\_\_  Not applicable  
Describe your relationship with your **siblings** growing up until now: (with names and ages)

Describe your home environment: \_\_\_\_\_

**SOCIAL / SUPPORT SYSTEM**

Who do you talk to for support and guidance? \_\_\_\_\_

Who are your close friends? \_\_\_\_\_

What are your interests and what do you do for fun? \_\_\_\_\_

Do you attend church or participate in other religious activities?  Yes  No

If you could change one thing about your family or yourself, what would it be?  
\_\_\_\_\_

\_\_\_\_\_  
Patient Name                      Parent/Guardian Name                      Parent/Guardian Signature

**PROVIDER SIGNATURE**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> K. ALESIA WILLIS, LMFT, LMHC | <input type="checkbox"/> SUE GESSLER, LMHC       | <input type="checkbox"/> BRANDY INGRAM, LCSW    |
| <input type="checkbox"/> BRIAN E. WILLIS, LMHC        | <input type="checkbox"/> BRITTANY PAQUETTE, LMHC | <input type="checkbox"/> ROBERT FILLINGIM, LMHC |
| <input type="checkbox"/> MELISSA D. GARNER, LMHC      | <input type="checkbox"/> BREE CONKLIN, LCSW      | <input type="checkbox"/> JACOB DAVIS, M.S.      |