Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:pm - Seekers Out To Lunch, St. George's United Church 505-6th St. Courtenay Enter from Down Ramp off Fitzgerald – (In Person, O, D, WA)	12: pm - Experience Strength & Hope, St. George's United Church 505-6th St. Courtenay enter from Down Ramp off Fitzgerald (In Person, O, D, WA)	11:am – Harbour Gals Women's Meeting, St. Peters Church 218 Church Street Comox (In Person, C, W, WA)	12:pm - Experience Strength & Hope, St. George's United Church 505-6th St. Courtenay Enter from Down Ramp from Fitzgerald (In Person, O, D, WA)	12:pm - Seekers Out To Lunch, St. George's United Church 505-6th St. Courtenay Enter from Down Ramp off Fitzgerald (In Person, O, D, WA)	11:am - Joyful Discovery, St. Peter's Church Hall 218 Church St, Comox (In Person, O, 12+12, WA)	11:am - Heart & Soul, Native Son's Hall - 360 Cliffe Ave Courtenay Entry Lower Parking Lot (In Person, O, D, WA)
12: pm - HI-NEW-NERS Behind Alano Club 543 - 6 th St. Courtenay (In Person, O, D, WA)		12:pm - Seekers Out To Lunch, St. George's United Church 505-6th St. Courtenay Enter from Down Ramp from Fitzgerald (In Person, O, D, WA)		12: pm - HI-NEW- NERS, Behind Alano Club 543 - 6 th St. Courtenay (In Person, O, D, WA)	12: pm - HI-NEW- NERS, Behind Alano Club 543 - 6 th St. Courtenay (In Person, O, D, WA)	2:pm – Recycled Group, Community Health Center - 1965 Sollans Rd. Hornby Island (In Person, O, D, WA)
	7:pm (New Time)* Cumberland Mountain Dew, Community Church 2722 Penrith Ave. Cumberland (In Person, O, D, WA)	12:pm - HI-NEW- NERS, Behind Alano Club 543 - 6 th St. Courtenay (In Person, O, D, WA)	7:pm - CV Women's Group, Front Room Alano Club, 543 - 6 th St. Courtenay (In Person, O, W, BB, D, WA)	7:pm - Serenity Group Zoom Meeting, I.D. 867 3034 8844 P.W. 850945 (C, D)		6:pm - RAINBOW LGBTQ2, - Front Room Alano Club. 543 - 6 th St. Courtenay (In Person, O, D, WA)
		7:pm - How We Recover, Elim Gospel Church 566 – 5 th St. Courtenay (In Person, O, D, BB, WA)	7:pm - Courage to Change, Royston Community Hall, 3902 Old Island Hwy. Royston (In Person, O, D, WA)	7:pm - Denman Friday Night Group, - United Church 4575 Denman Rd. DENMAN ISLAND (In person, O, D, WA)	7:pm - Recycled Group, Community Health Center- 1965 Sollans Rd. Hornby Island (In Person, O, D, WA)	
7:pm - Denman Monday Night Group, – United Church 4575 Denman Rd. Denman Island (In person, O, D, WA)		7:pm - Recycled Group, Community Health Center - 1965 Sollans Rd. Hornby Island (In Person, O, D WA)	7:pm – Fanny Bay Group, 7766 Old Island Hwy S. (Phone 250-335-0210) Fanny Bay (In Person, O,D, WA)	8:pm - Courtenay Group, St. George's United Church 505-6th St. Courtenay (Use Front Entrance) (In Person, O, D, WA		7:pm - Men's 12 Step Study, Church of St. John the Divine 579 5 th St. Courtenay (In Person, C, M, 12+12)
7:30pm – Airport Group - Comox, 19 Wing Faith Center – church north of Glacier Gardens 88 Military Row, Comox Base (In Person, C, D, WA)		7:30 - Back to Basics, Comox Valley Lions Club, 1729 Comox Ave, Comox - use Nordin St. entrance (In Person, O, D, WA)	7:30 – Comox Valley Men's Literature, Church of St. John the Divine579 5 th St. Courtenay (In Person, C, M, D, WA)	(M) M(aman'a (M)) 14/1		7:pm – (NEW) Acceptance Group Catholic Church 1599 Tunner Dr. Courtenay (In Person, O, D, WA)

Open (O), Closed (C), Discussion (D), Big Book (BB), Twelve and Twelve (12+12), Men's (M), Women's (W), Wheel Chair Accessible (WA)

Telephone Numbers						

For AA Literature:
Talk to a meeting chair, or email district4aa.literature@gmail.com

All AA and grapevine literature and pamphlets are available locally including:

Big Book (hard cover)
Big Book (soft cover)
Big book large print
Big Book, pocket sized
12x12, hard copy
12x12, large print
Daily reflections
Daily Reflections, Large print
Living Sober
Living Sober, Large print
Came to believe

To read aa pamphlets online download the app: area79literature.glide.io

For BC/Yukon meetings and info: bcyukonaa.org

Alcoholics Anonymous Meeting Directory Area 79 - District 4

Includes Royston, Comox, Courtenay, Cumberland, Fanny Bay, Hornby Island, Denman Island

"Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses not opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

24 Hour Answering 250-338-8042

Download the AA Meeting Guide App from Apple or Google Play Store

