

# THE District 4Cast



Alcoholics Anonymous District 4 #59— APRIL 2021

## DCM REPORT - APRIL 2021

### **DCM Report – District Meeting &; District 4Cast – April 2021**

**Welcome back to District!** I am Sara and I am an alcoholic. Hope you have all had a good month. Thank you to the GSRs who joined me at the recent assembly. I was with 3 GSR's, 1 Alt GSR and our past DCM. In total we had 250 people Friday night and a fluctuating 250 for Saturday and Sunday morning. There was a total of 372 registered for the assembly. GSO is operating under their prudent reserve and is currently looking for donations. We have all come together in Alcoholics Anonymous and are making our way through Covid 19 despite the difficulties it has created on all levels. At the GSC and DCM meetings we talked about things to do with the surplus money and ways to get people to attend workshops. I believe as a District we have been finding ways to use our surplus within the district for positive and beneficial ways and for that, I want to thank everyone who has been actively participating. Many districts have been struggling to put on workshops by Zoom and a lot of work has gone into them with a poor turn out. As one member said "There might not be many coming to these workshops but if the message of hope is still reaching those suffering, it is a success." Archives Committee at the assembly was good with a turnout of 18 GSR's and 3 DCM's; the report backs of all the different committees showed great dedication of all the members and I think we prepared our delegates very well. A good ask-it-basket question came up: Who has a vote at district. Once again it did come back to, every district is autonomous in who they think should hold a vote. Sunday morning there was a motion brought forth to have AREA purchase equipment to allow for hybrid assemblies. This is so that when we are allowed to start travelling again we can either meet from inside our homes or travel and meet in person. That motion was passed readily. Thank you for allowing me to serve as your DCM.

*A reminder that District Meetings are held at 6:00pm the 3rd Wednesday of every month via **ZOOM** until Covid restrictions are lifted. The next meeting will be March 17<sup>th</sup> ...all GSRs or anyone interested in Service at the District level are encouraged to attend!*

*In Loving Service*

**Sara Nolan, DCM District 4**  
**[districtaa4@gmail.com](mailto:districtaa4@gmail.com)**

## NEWSLETTER UPDATE

My name is Darren P and I am a grateful alcoholic. Thank you for those who contacted me through the last month. I continue to encourage you all to submit group or committee reports as well as any other relevant information you may think is useful to our recovery family.

**[districtforecast2@gmail.com](mailto:districtforecast2@gmail.com)**

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## GROUP REPORTS

### **Comox Valley Women's Group**

Join other women in a safe and welcoming environment as we discuss readings from the Big Book every Thursday at 7:00 pm. At present, we are a Zoom meeting only. Newcomers welcome and temporary sponsorship offered.

### **Serenity Group (Comox)**

Come share some *seasonal* experience strength and hope with us. We are currently running our meetings via **ZOOM** only. We are a small discussion group and always welcome new friends.

### **Experience, Strength and Hope**

Still meeting in person at noon on Tuesdays and Thursdays at St. George's United Church in Courtenay (In the basement down the ramp of Fitzgerald). We welcome drop-ins and newcomers. We have incorporated a Step into our Tuesday noon meetings, and will work our way through the Steps in sequence. We are an open meeting with topics suggested by participants.

### **Joyful Discovery (Comox)**

Joyful Discovery Group meets Saturdays at 11:00 am via **ZOOM**. Each week, we share our personal experiences with the 12 Steps and 12 Traditions of Alcoholics Anonymous.

### **Hi-New-Ners (Courtenay)**

Unfortunately the Hi-New-Ners has been suspended due to Covid.

### **Cumberland Mountain Dew Group**

If you've never been out our way, head up the highway some Tuesday night and find your way to our doors. The meeting is currently a hybrid, both in-person and via **ZOOM**.

### **Committee Reports**

SOME OF YOUR DISTRICT COMMITTEES that could always use HELP FROM THE MEMBERS of groups and meetings:

**Public Information, Literature, Archives, Treatment Centres, Workshops, Phone List ... and MORE.**

INTERESTED? Ask your GSR for more info! Or Come to a District Meeting ... third Wednesday of every month via **ZOOM**.

For more event information please visit:

[www.bcyukonaa.org/pub/events/disp\\_events.php](http://www.bcyukonaa.org/pub/events/disp_events.php)

# ANNOUNCEMENTS AND UPCOMING EVENTS

## CHANGES TO CURRENT MEETING TIMES OR INFORMATION?

If there are any changes to meeting times, places or any information pertaining to meetings please let us know ASAP so that we can update immediately.

The GSR Preamble:

**“We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A. We realize the ultimate authority is a loving God as He may express Himself in our group conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.**

**Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.”**

## **New Website:**

The new website is <https://comoxvalleyaa.ca/> for all your up to date announcements and meeting information.

## **Upcoming Conference and Meeting Information**

Please let me know if there are any current upcoming announcements or birthdays to celebrate and they will be shared.