

# THE District 4Cast



Alcoholics Anonymous District 4 #59— SEPTEMBER 2021

## DCM REPORT - SEPTEMBER 2021

### ***DCM Report – District Meeting &; District 4Cast – SEPTEMBER 2021***

**Welcome back to District!** Hello welcome back to District! I am Sara and I am an alcoholic. So far this September there hasn't been much to report on or update about. I attended an Archives Committee Meeting to decide what topics we will be sharing on in the upcoming October assembly.

The monthly area meeting will be taking place on September 15 at 7pm.

The agendas have been sent out for October's Assembly. If you have not received yours please get a hold of me so I can send you one. This will be an important assembly for all and important to bring the motions back to your groups to get an informed group conscience so you are as prepared as can be vote. DCM's , ALT DCM's acting as DCM'S, GSR'S, ALT GSR's acting as GSR will be voting. I have seen things be changed in AA, because of those voting members carrying their informed group conscience forward to the assemblies. They are asking everyone to register before the assembly so the zoom info can be sent out to the right members and you will also get your assigned committee I believe at that time. Thank you for allowing me to serve

*A reminder that District Meetings are held at 6:00pm the 3rd Wednesday of every month via **ZOOM** until Covid restrictions are lifted.*

*In Loving Service*

**Sara Nolan, DCM District 4**  
***districtaa4@gmail.com***

## NEWSLETTER UPDATE

My name is Darren P and I am a grateful alcoholic. My apologies for missing any birthdays recently. I continue to encourage you all to submit group or committee reports as well as any other relevant information you may think is useful to our recovery family. [districtforecast2@gmail.com](mailto:districtforecast2@gmail.com)

## ANNOUNCEMENTS AND UPCOMING EVENTS

### CHANGES TO CURRENT MEETING TIMES OR INFORMATION?

If there are any changes to meeting times, places or any information pertaining to meetings please let us know ASAP so that we can update immediately.

*The Royston Beach meeting is back in person, Saturday's 11am; weather permitting.*

***Covid protocols are back in place in accordance with the Provincial Health Order and in compliance with the facility in which your meeting will be taking place.***

### Current Zoom - In Person - Hybrid AA Meetings

**\*\* This indicates an In Person AA meeting\*\*  
Hybrid Meeting are both **\*\*In Person\*\*** and online with ZOOM**

**Masks are required in all public indoor settings. This is a BC Provincial Public Health Order in place until further notice.**

### SUNDAY

10AM - SUNDAY BREAKFAST MEETING - Courtenay Zoom AA Meeting  
ID: 232 269 8009 PW: Cvbgroup

**\*\*11AM - HEART AND SOUL GROUP - In Person AA Meeting\*\***  
Lower Native Sons Hall - 360 Cliff Ave Courtenay  
Use Entrance at rear of building from Filberg Centre upper parking lot

1:30 PM - RAINBOW LGBTQ2 - Courtenay Zoom AA Meeting  
ID: 720 047 946 PW: rainbow

**\*\*8:00 pm - NO OUTSIDE ISSUES GROUP - In Person AA Meeting\*\***  
Christ The King Catholic Church 1599 Tunner Drive  
Courtenay

## MONDAY

**\*\*8AM - EARLY BIRDS - In Person AA Meeting\*\***  
Behind the Alano Club 543 6th St. Courtenay - bring your own coffee and literature

**\*\*12 NOON SEEKERS OUT TO LUNCH - In Person AA Meeting\*\***  
St. George's United Church 505 – 6th Street Courtenay  
Down ramp off Fitzgerald to basement room

**\*\*7:30PM - AIRPORT GROUP - Comox In Person AA Meeting\*\***  
19 Wing Faith Centre, 445 Military Row  
(Little River Rd, Lazo) CFB COMOX  
Please wear a mask if you are not FULLY VACCINATED

## TUESDAY

**\*\*12 NOON - EXPERIENCE, STRENGTH & HOPE - In Person AA Meeting\*\***  
St. George's United Church 505 – 6th Street Courtenay  
Down ramp off Fitzgerald to basement room

**\*\*8PM - CUMBERLAND MOUNTAIN DEW GROUP - Hybrid AA Meeting\*\***  
Cumberland United Church (upstairs) 2688 Penrith Ave  
Meeting ID: 871 887 6517 Password: 037865

## WEDNESDAY

**\*\*12 NOON SEEKERS OUT TO LUNCH - In Person AA Meeting\*\***  
St. George's United Church 505 – 6th Street Courtenay  
Down ramp off Fitzgerald to basement room

**\*\*8PM - BACK TO BASICS GROUP - Comox In Person AA Meeting\*\***  
CV Lions Club 1729 Comox Avenue (Nordin Street Entrance)

## THURSDAY

**\*\*12 NOON - EXPERIENCE, STRENGTH & HOPE - In Person AA Meeting\*\***  
St. George's United Church 505 – 6th Street Courtenay  
Down ramp off Fitzgerald to basement room

**\*\*7PM - FANNY BAY GROUP - In Person AA Meeting\*\***  
7766 Island Hwy, S (bldg beside the house) Fanny Bay  
Ph. 250-335-0210

**\*\*7PM - COMOX VALLEY WOMENS GROUP - In Person AA Meeting\*\***  
Alano Club in the front room – 543 6th Street Courtenay

**\*\* 8PM - COURAGE TO CHANGE - In Person AA Meeting \*\***  
Royston Community Hall 3902 Old Island Hwy

**\*\*8PM - THURSDAY NIGHT MEN'S MEETING - Hybrid AA Meeting\*\***  
Lower Native Sons Hall - 360 Cliffe Avenue Courtenay  
Meeting ID: 900 132 975 Password: 3399512

### **FRIDAY**

**\*\*12 NOON SEEKERS OUT TO LUNCH - In Person AA Meeting\*\***  
St. George's United Church 505 – 6th Street Courtenay  
Down ramp off Fitzgerald to basement room

7:00 PM - SERENITY GROUP - Comox Zoom AA Meeting  
Comox United Church 250 Beach Drive  
ID:867 3034 8844 Password:850945

**\*\*8PM - COURTENAY GROUP - In Person AA Meeting\*\***  
St. George's United Church (front entrance) 505 – 6th Street Courtenay

### **SATURDAY**

11AM - JOYFUL DISCOVERY GROUP - Comox Zoom AA Meeting  
Meeting ID: 986-8225-1568 Password: 562457  
[Direct ZOOM Link to JOYFUL DISCOVERY Meeting](#)

7PM - COMOX 12x12 GROUP - Comox Zoom AA Meeting  
Meeting ID: 815 9132 7127 Password: 185 263

**\*\*8PM – SATURDAY NIGHT LIVE - In Person AA Meeting\*\***  
Meeting room back of Alano Club - 543 6th Street Courtenay

## **VOLUNTEERING OPPORTUNITY**

Volunteers (Sisters) are still needed for Amethyst House to come in and share their experience, strength and hope and chair in-house meetings for Our Sisters in recovery there. If you're interested please contact Jess P.


Comox Valley Recovery Centre is looking for people to come share their stories of recovery. This is a great opportunity to be of service, either through simply sharing your experience, mentoring those new in recovery, or even becoming a sponsor. Please contact Bridging the Gap District Chair, Terry.

### **New Website:**

The new website is <https://comoxvalleyaa.ca/> for all your up to date announcements and meeting information.

## **Upcoming Conference and Meeting Information**

Please let me know if there are any current upcoming announcements or birthdays to celebrate and they will be shared.



***PLEASE LET ME KNOW WHEN YOUR GROUP MEMBERS ARE CELEBRATING BIRTHDAYS WITH TIME AND PLACE AS WELL. WE WOULD LOVE TO CELEBRATE AND SHARE IN THEIR JOURNEYS.***