



LEGION Sports Performance and Fitness, LLC

Sports Performance Package Pricing

LEGIONAIRE (1 on 1)

- **Daily Rate** - \$40/hr.
- **Packages will be 90-minute sessions**
 - ***8 Session Package** - \$240/mo. Twice per week.
 - ***12 Session Package** - \$350/mo. 3 times per week.
 - ***16 Session Package** - \$480/mo. 4 times per week.

LEGION II (2 athletes)

- **Daily Rate** - \$60/hr. (\$30/hr. ea.)
- **Packages will be 90-minute sessions**
 - ***8 Session Package** - \$400/mo. Twice per week.
 - ***12 Session Package** - \$500/mo. 3 times per week.
 - ***16 Session Package** - \$640/mo. 4 times per week.

LEGION III (3-5 athletes)

- **Daily Rate for all 3** - \$75/hr. (\$25/hr. ea.)
- **Packages will be 90-minute sessions**
 - ***8 Session Package** - \$520/mo. Twice per week.
 - ***12 Session Package** (for all 3) - \$650/mo. 3 times per week.
 - ***16 Session Package** (for all 3) - \$700/mo. 4 times per week.

LEGION Maintenance & Mobility – Core, Balance, Corrective Exercises and stretching. 1-hour sessions geared around mobility and movement.

- *Single - \$120 for once per week (\$30/session)
- *Semi Private (2 Athletes) for once per week - \$180 (\$45/session)
- *Small Group (3-5 Athletes) for once per week - \$200 (\$50/session)

** All packages are sold in month long durations.*