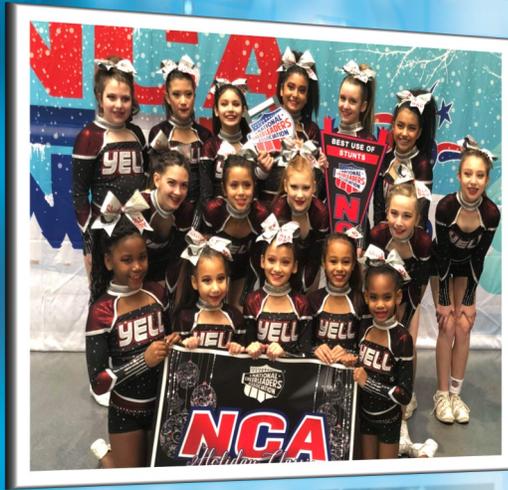


# REBEL YELL

## CHEER



TRYOUT PACKET 2019-2020

YOU WERE BORN FOR THIS!!!!

**Dear All Star Candidate and Parent,**

Welcome to Rebel Yell and thank you for your interest in our all star program! We realize the importance of hard work, discipline, a family atmosphere, and perhaps most importantly, fun! Helping your child meet their goals is our passion.

At Rebel Yell we're not just molding successful athletes, but also successful people! Their ability to work as a team member, encourage others, and lead by example will become lifelong skills. Our goal is to prepare athletes for the challenges that lie ahead of them both on and off the competition floor.

Our instructors believe in the safety of your child! With over 40 years of combined cheerleading and dance experience, our staff strives to maintain the highest level of industry safety standards such as CPR and First Aid, as well as USASF and AACCA safety certifications.

Rebel Yell all star teams are highly competitive! We require our athletes to maintain a high level of commitment to attendance and training. Rebel Yell athletes must commit to a 12 month program, so we strongly suggest that all candidates discuss this with their family. Please review the financial commitment and attendance expectations before making your decision to try out.

Once again, thanks for considering being a part of the nationally acclaimed Rebel Yell All Star family! We hope you will find answers to your many questions about our program within this packet. If you would like additional information, please do not hesitate to call the gym. We will be happy to answer all of your questions!

Sincerely,

Tyson and Lori Thomas, Eric Collard & the Rebel Yell staff.



**REBEL**

At Rebel Yell, we want our athletes to love their sport! Our goal is for athletes to enjoy the challenge of creating a successful routine without feeling overwhelmed by the skills required at their level. Our evaluation process is designed to see what skills each athlete can perform with strong technique and execution. The technique portion of the score sheet has become immensely important to the success of teams at competition. We aim to create teams that are strong contenders in their division by starting the season with well executed skills.

The chart below lists the required skills for each USASF (United States All Star Federation) level.

<b>LEVEL</b>	<b>SKILL REQUIREMENTS</b>
<b>Level 1:</b>	Cartwheel; Round Off Rebound; Back Bend Kick Over; (Back Walkover Strongly Preferred for Level 1 Placement); Strong technique includes straight legs and pointed toes.
<b>Level 2:</b>	Standing Back Handspring; Round Off Series Back Handsprings; (Back Walkover-Backhandspring Strongly Preferred for Level 2 Placement); Strong technique includes straight legs with feet together.
<b>Level 3:</b>	Round Off Back Handspring Back Tuck; Standing Three Back Handsprings; Toe Touch to Standing Back Handspring; Strong technique includes tall sets and strong landings.
<b>Level 4:</b>	Round Off Back Handspring Layout; Consistent Standing Back Tuck; Standing Two Back Handsprings to Layout; Strong technique includes tall sets, straight bodies, and strong landings.
<b>Level 5:</b>	Round Off Back Handspring Full; Standing Two Back Handsprings to a Full; Consistent Four Jump Combination to a Back Tuck; Strong technique includes tall sets and strong landings.

If a candidate demonstrates an exceptional strength in another area besides tumbling, like jumps, dancing, basing, back spotting, or flying, they may be placed on a squad that is higher than their individual tumbling skills. **On the other hand, simply having the necessary tumbling skills does not mean that a candidate will automatically make that level.** We are looking for well rounded athletes with a strong work ethic. If a candidate demonstrates a weakness in a specific skill area, low work ethic, or has a history of missing practices, they may be placed on a team lower than their tumbling skill level.

# Attendance Policy

Attendance is a very important part of a team's success! All Star Cheerleading is a "select" sport and it takes a full commitment from both the athlete and the family. **All team members are expected to attend all practices on time, including extra practices scheduled before competitions.** Rebel Yell believes that the ability of the athlete to attend all practices maximizes the team's ability to reach their full potential.

We do understand that throughout the entire year, there will be some unavoidable conflicts. **Examples of excused absences** include family weddings, births, deaths, graded school events, illnesses with fever over 100, or family emergencies. **Examples of unexcused absences** include absence without 7 days notice, family celebrations, charity functions, birthdays, homework/study, work, vacation during the school year, other sports, and professional sporting/entertainment events (i.e. Dallas Cowboys, Texas Rangers, concerts).

Athletes must give proper notice for school events to be excused. If an athlete joins a school event that conflicts with their team's scheduled practices, they may be placed on a different team that does not conflict. If an athlete needs to miss a practice, parents must email an absence request to Lori at [rebelyell@rebelyellcheer.com](mailto:rebelyell@rebelyellcheer.com) for approval. Requests to miss practice due to a school event must be turned in 3 weeks prior to the school event. Approved requests will receive a response within 48 hours. If you have not received a reply after 48 hours, please contact Lori at the front desk. Submitting a request for absence does not guarantee approval. **\*\*ALL ABSENCES & TARDIES WILL RESULT IN CONDITIONING NO MATTER IF IS UNEXCUSED OR EXCUSED.\*\***

Please understand that incurring absences might diminish an athlete's role in the routine through lost spots in formations and/or changed stunting roles. For example, a flyer who misses multiple practices will not be a flyer for long! Recurring absences will result in an athlete being moved to a different team within our program or removed from the Rebel Yell program altogether due to lack of commitment. Please try to schedule family vacations during summer break, or during weeks that the gym is closed.

**During the TWO WEEKS prior to competitions, there are NO absences allowed.** Missing a practice during these weeks may result in dismissal of the athlete from the team. All decisions regarding this matter will be made by the coaching staff. All decisions made by the Rebel Yell staff are FINAL. Please keep the ENTIRE WEEKEND of all competitions free, as dates are subject to change by competition vendors or by Rebel Yell Staff.

**Please check all dates carefully. All events and competitions are mandatory. We will only consider excusing an absence for a major event if we are notified PRIOR to evaluations. If any such conflicts exist, please fill out the Conflict Request Form in your tryout packet.**



# 2019 - 2020 Possible Competition Dates

The following is our competitions and dates. If any changes are made we will notify you as soon as we know.

## Dates for Competitions

November 10, 2019, Spirit Celebration Fall Championship, Denton, TX

November 17th, 2019 NCA North TX Division II Classic, Dallas TX

December 14th, 2019 NCA Holiday Classic Division II, Dallas, TX

February 9th 2020, Fun Cheer Sweetheart Classic, Denton, TX

Feb 24-March 1st, 2020 NCA Nationals, Dallas TX

March 21, 2020 Spirit Celebration Spring Fling, Garland TX

April 4-5, 2020 Spirit Celebration Crown Jubilee, Garland, TX

May 2020 TBD End of year competition:

Based upon Bids: Summit or US Finals

# REBEL

# Team Information

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- 1) Each team will have two practices per week. Practices may increase to three times per week or more during Nationals season. **If there is a reason that you cannot practice on a particular day, please note it on your Candidate Information Form.** During the summer, we may adjust practice days/times to allow athletes to spend more time with their families. Once teams have been finalized, the days and times for each team practice will be given.
  - 2) **All squad members are required to take a tumbling class while on a team.** This is included in your monthly tuition and is vital to the success of your athlete! Please choose a class day and time that you can regularly attend.
  - 3) All flyers are required to maintain flexibility and body positions. It is a privilege to fly at Rebel Yell. Regardless of age or level, great flexibility, beautiful body positions, sharp motions and incredible performance are a necessity as a flyer.
  - 4) Parents may be asked to follow a drop off policy during two weeks prior to national competitions. If the viewing area becomes a negative environment at any time in the year, the parents of the squad(s) involved will be asked to follow a drop off policy. This includes parents talking negatively about the team, the coaches, other parents or other team members. We will also ask parents to follow a drop off policy if parents are interrupting the practices by coming into the gym or by pulling their kids out of the gym.
  - 5) All athletes are expected to maintain the skills they threw at evaluations.
  - 6) Although we strive to keep practice times consistent, they may be adjusted over the course of the year due to extenuating circumstances such as football playoffs. Squads may practice several days during the week before national competitions. Please hold your schedule open during these weeks. Practices 2 weeks prior to all competitions are considered RED days and are not excusable absences.
  - 7) In order to excuse an absence for an illness, a doctor's note must be provided. If the illness is not contagious, please make every effort to be at practice.
  - 8) No Cell Phones will be allowed during team practice times. All phones will be given to coaches upon arrival of team practice.

# Candidate Information Form

Please fill out and return the following information form with your down payment, Conflict Request Form, Parent Code of Conduct, Athlete Commitment, Financial Agreement, Assumption of Risk, and a copy of your birth certificate. Please turn it in to the front desk at the gym. If you have any questions, please call 972-641-2225. Only complete packets will be accepted. Thanks!!



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on 8/31/2019 \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Current School and Grade: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Home Phone #: \_\_\_\_\_

Parent's Cell #: \_\_\_\_\_ Athlete's Cell #: \_\_\_\_\_

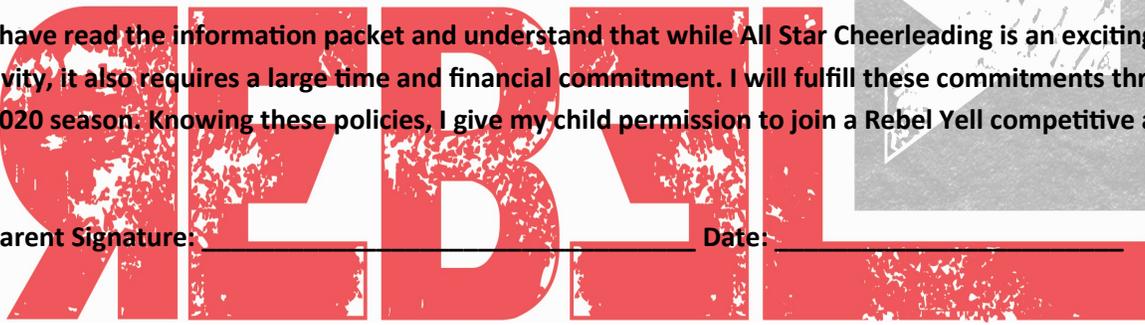
Parent's E-Mail: \_\_\_\_\_ Athlete's E-Mail: \_\_\_\_\_

Please Circle One:      Current Student      Returning Student      New student

If new, how did you hear about us? \_\_\_\_\_

I have read the information packet and understand that while All Star Cheerleading is an exciting and rewarding activity, it also requires a large time and financial commitment. I will fulfill these commitments throughout the 2019-2020 season. Knowing these policies, I give my child permission to join a Rebel Yell competitive all star team.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Parent Code of Conduct

Rebel Yell parents are vital in helping their children maintain high moral character, fulfill their commitment and keep a positive attitude. Please read this carefully and understand that you are making a commitment of time and financial resources. You are also committing to support our program's philosophies and goals. PLEASE INITIAL EACH OBLIGATION.

- 1) I understand that my actions are a reflection of Rebel Yell and should be of strong moral character. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for ALL athletes, coaches, and spectators at every practice and competition. If the viewing area becomes a negative environment at any time during the year, those directly involved in the negativity will be asked to drop off their children for practice and return for a timely pickup. \_\_\_\_\_
- 2) I am aware that this is an 12 month commitment and will do everything in my ability to enable my child to participate in all practices and competitions throughout the season. I understand that a team is depending on my child to fulfill his/her responsibilities as a team member. I will do all that is necessary to get my child to practice on time and assure that he/she does not need to leave practice early. \_\_\_\_\_
- 3) I will maintain a positive attitude by remembering that children participate in cheerleading to have fun, and that the sport is for children, not adults. \_\_\_\_\_
- 4) I will not post pictures or videos of Rebel Yell routines without the coach's permission until the end of the season. I will not post negative comments about Rebel Yell or any Rebel Yell athlete online. I understand that if I post any inappropriate language or negative comments online about Rebel Yell or Rebel Yell athletes, I will cause my athlete to be dismissed from the Rebel Yell all star program. \_\_\_\_\_
- 5) I will respect the coaches and their authority during practices and competitions and will not question, discuss, or confront the coaches during a practice or a competition, nor will I pull my child out of practice without communicating with the coach. I will take the time to speak with the coaches at an agreed upon time and place. \_\_\_\_\_
- 6) If my child is involved in any matter of disrespect towards any Rebel Yell staff member or student, I will resolve this problem with my child immediately. \_\_\_\_\_
- 7) I fully understand that the coaches reserve the right to suspend my child's participation indefinitely in practice or competition (which may include losing positions) as a disciplinary action if any of the rules, policies, or codes of conduct are not adhered to. \_\_\_\_\_
- 8) I will attend parent meetings, read e-mails, and check the website to retrieve information that Rebel Yell has prepared. \_\_\_\_\_

# Parent Code of Conduct

9) I understand the all-star program is a twelve month commitment and that all fees associate with the all-star program are non-refundable. **Initial** \_\_\_\_\_

10) I accept and agree with the terms and provisions stated in the Rebel Yell All Star packet and agree to be financially responsible for any and all all-star expenses, including but not limited to, tuition, uniform, competition fees, choreography, team gifts, travel expenses, etc. **Initial** \_\_\_\_\_

11) I agree to be financially responsible for any and all fees associated with debt recovery, including but not limited to, court costs.

**Initial** \_\_\_\_\_

12) I hereby agree to all provisions contained within this contract and give my permission for my child to participate in Rebel Yell instructional and/or all star programs.

**Initial** \_\_\_\_\_

**\*\*I have read over the packet with my athlete and he/she agrees to abide by all rules and regulations stated within this packet\*\***

Parent/Guardian/Participant Signature \_\_\_\_\_

Date \_\_\_\_\_

# REBEL

# Rebel Yell Medical Release

I, (Parent/Guardian) \_\_\_\_\_, authorize Rebel Yell and its representatives to consent to medical treatment for my child when I cannot be reached to so consent. I also understand that first aid will be rendered and/or if necessary or instructed to do so, give my permission to take my child to such a place as may be necessary for proper care. **Initial** \_\_\_\_\_

I grant permission to any hospital or clinic staff member to administer immediate treatment if necessary and accept financial responsibility for all services rendered. **Initial** \_\_\_\_\_

As in all athletic activities, there is an inherent risk of injury. I do hereby on behalf of myself and my child, release and forever discharge Rebel Yell, Tyson Thomas, Lori Thomas, Eric Collard, Cobalt Industrial REIT II/Transwestern and any entity forward by the forenamed individuals from any and all claims, demands, and causes of action for injury to persons or property arising from the participation in Rebel Yell instruction, practices, performances, and/or activities.

**Initial** \_\_\_\_\_

I further attest and acknowledge that my child is in good health and condition and is physically able to participate. I will notify Rebel Staff immediately of any change in my child's state of health or condition.

**Initial** \_\_\_\_\_

# REBEL

# Athlete Code of Conduct

Rebel Yell's athletes will be held to a higher standard of sportsmanship and team unity. We strive to surround ourselves with positive athletes who are uplifting and challenge themselves to reach both the team's goals and their own personal goals. Parents, please read through the following obligations with your athlete explaining each one. Both a parent and the athlete need to initial each requirement.

1) I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, (includes vaping) alcohol, or drugs. I understand that all of my actions both inside and outside of the gym are a reflection of Rebel Yell as well as myself.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

2) I understand that this is a twelve month commitment and that a team is depending on me to fulfill my responsibilities as a team member. I will be committed to my coaches, my teammates, and myself to reach both the team's goals and my personal goals.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

3) I will come to practice with a positive attitude, and I will work hard to achieve my goals set by my coaches. I realize that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

4) I will not disrespect ANY team member, coach, parent, or athlete from Rebel Yell or any other gym for any reason at any time. This includes any form of bullying and also includes "venting" or being disrespectful on any form of social media.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

5) I will demonstrate good sportsmanship towards others in winning and in losing.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

6) I will wear the scheduled practice clothes to practice. I understand that it is my responsibility to help my parents keep up with the schedule and outfits.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

7) I will arrive at all competitions on time with my uniform, hair and makeup completed.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

8) I understand that all material, music, and routines are the property of Rebel Yell, and are not to be used for any other purpose including school squads and talent shows.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

9) I understand that breaking any of the codes of conduct above may result in suspension or dismissal from Rebel Yell.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

10) I understand that the use of any cell phones during my team practice hours are prohibited and will be given to my coaches in a designated area until my team practice is done. I will not use any cell phone during the hours of our practice times unless given permission by a coach.

\_\_\_\_\_ Athlete Initials \_\_\_\_\_ Parent Initials

Parent/Guardian/Participant Signature

Date

# Conflict Request Form

Please list any conflicts you may have with the dates listed in the All Star packet prior to tryouts. Be sure to include days you cannot practice on. We will place your child on a team based on their ability to attend every practice. If you are a school cheerleader, please list school cheer practice days, football game days, and basketball game days. This information helps us to select teams based on when all athletes can practice. Your athlete may be placed on a team that does not conflict with their schedule even if that team is a lower level than your athlete's skill level.

Athlete name: \_\_\_\_\_ Parent name: \_\_\_\_\_

Parent email: \_\_\_\_\_ Parent cell # \_\_\_\_\_

Summer absence requests should include summer camps for school cheer, church, or fun, any family vacations, etc. We will determine choreography camp dates based on this information, please be as accurate as possible.

Date(s) requesting to be absent: \_\_\_\_\_

Reason: \_\_\_\_\_

School cheerleaders, what school/grade do you cheer for? \_\_\_\_\_

What are your practice day/time, and football game days and basketball games?

Other days you cannot practice on: \_\_\_\_\_

All school or summer vacations request must be received 3 weeks in advance. Please remember just because you ask for a date off does not mean it will always be approved. After tryouts all absence requests must be emailed to Lori at [rebeyell@rebeyellcheer.com](mailto:rebeyell@rebeyellcheer.com).



# Financial Agreement

Please read carefully and understand you are making a commitment of time and financial resources. You are also committing to support our program. Please initial each section and sign below, stating that you understand and agree to uphold all obligations.

- 1) \_\_\_\_\_ All candidates must show a \$0 balance on their Rebel Yell account from any previous commitments to be eligible for a team for the 2019-2020 season.
- 2) \_\_\_\_\_ Rebel Yell uses ACH (Automatic Draft) for monthly tuition payments. All athletes and parents will be required to sign a 12 month commitment contract and fill out an ACH Form providing a credit/debit card number to guarantee monthly payment and scheduled fee payment. If an athlete is put on probation, or dismissed from a squad, all tuition and fees are still due. Tuition will be deducted on the 25th of each month. The first monthly tuition payment will be charged on May 5th for all athletes, and on the 25th thereafter.
- 3) \_\_\_\_\_ This year, Rebel Yell's program is a 12 month program that runs from May 2019 through April 2020. By agreeing to take a spot on a team, you are agreeing to a 12 month financial commitment and will owe tuition for all 12 months.
- 4) \_\_\_\_\_ The tuition portion of your fees covers regular practices, extra practices, and staff assistance. Tuition will not be prorated for holidays, gym closings, and weeks without practices. Rebel Yell assumes a "NO REFUND" policy. You will not receive a credit or refund for unused tuition or fees.
- 5) \_\_\_\_\_ If an athlete's financial account falls 14 days past due, the athlete may be removed from the competition routine and may not be allowed to participate in practices or any other Rebel Yell activities, and a \$30 late fee will be added to your account. Please speak with office management as soon as possible if you have a financial problem.
- 6) \_\_\_\_\_ If there are any changes to your debit/credit card account, you agree to fill out an ACH Change Form immediately. Please note that if your credit card declines you have 2 business days to clear your account before a late fee will be assessed.
- 7) \_\_\_\_\_ If your athlete resigns or quits from their team, you will be responsible for paying a \$500 cancellation contract fee. If the athlete resigns prior to receiving any part of their uniform, warm ups, accessories or practice clothes, the items will become property of Victory Cheer & Dance, and the athlete will not receive a refund. All resignations must be received in writing. If your account is past due, all uniform pieces must be returned to Rebel Yell.

# REBEL

# Financial Agreement

8) \_\_\_\_\_ Throughout the season, athletes may be moved from one team to another, including different levels, at any time. If an athlete fails to maintain the required skills for their level, or to attain skills set by a Rebel Yell coach as a condition of participation on a particular team, the athlete may be moved to a different team or placed on alternate status. If you are not happy with any changes made, there will not be any refunds and you will still be responsible for all 12 months of tuition and fees included in your contract.

9) \_\_\_\_\_ If there is a major reason why you would not be able to cheer on a particular team or if there are particular days/times that you cannot practice, please attach a note to your candidate information sheet so that we will not consider you for that team.

10) \_\_\_\_\_ Siblings receive a discount of \$50 off tuition per child. Applies to athletes on Elite teams only.

I, \_\_\_\_\_, HAVE READ AND UNDERSTAND THE FINANCIAL GUIDELINES AND WILL FULFILL THESE COMMITMENTS THROUGHOUT THE 2019-2020 SEASON.

I, \_\_\_\_\_, parent or guardian of \_\_\_\_\_, agree to and understand all financial information and obligation required to participate in Victory Cheer and Dance and Rebel Yell All Stars. I have read and understand the tryout information packet and will abide by all rules, regulations, and policies held therein. I understand that while all star cheerleading is an exciting and rewarding activity, it also requires significant time and financial commitment from both the athlete and parents. I also certify that I am joining the Rebel Yell All Star program with the intention of participating in all Rebel Yell competitions, functions, and performances, and understand that I am making a 12 month commitment. I understand that this packet and the information contained therein are considered trade secrets and are property of Rebel Yell. I will not disclose any of these policies, agreements, financial information, or procedures with anyone other than Rebel Yell All Star Staff.

Parent Signature

Date



# Rebel Yell

## Automatic Payment Authorization for ACH/Credit Card Billing

Parent Name: \_\_\_\_\_

Child Name: \_\_\_\_\_

### MONEY DUE - PAYABLE BY OPTION

\$745 Competition Fees  
\$130 Practice Clothes  
\$2760 May - April Tuition (\$230/month)  
**\$3635 TOTAL AMOUNT DUE**

**\*\*tuition includes choreography, music fee, unlimited tumbling, coaches fees\*\***

Name on Account: \_\_\_\_\_

Credit Card Type: \_\_\_\_\_ Credit Card Number: \_\_\_\_\_

CVVC# (3 digit # on back of card): \_\_\_\_\_ Expiration Date: \_\_\_\_\_ / \_\_\_\_\_

Billing Address: \_\_\_\_\_

### CAMP IS NOT INCLUDED IN PAYMENT PLANS

#### OPTION 1

One Payment\*  
\$3485.00 Due 5/1  
\$150 tuition discount

#### OPTION 2

Two Payments\*  
\$1767.50 - Due 5/5  
\$1767.50 - Due 8/25  
\*\$100 tuition discount

#### OPTION 3

Monthly\*  
\$360 - Due 5/5  
\$416.25-Due May25-Aug 25  
\$230.00-Due Sept 25-April 25

**\*\*Cost of Uniform \$515. Bow \$25 and USASF \$30 is not included\*\***

I hereby authorize payments, as shown above, to be drafted from the account designated. In the event that I change my account information or my card expires, I will notify Rebel Yell in writing at least 30 days prior to the date of my next scheduled automatic payment. I understand that I may elect to make payment at any time before the due date to avoid automatic drafting of my account. Please note: All bank drafts or checks returned by your bank as Insufficient Funds, Account Closed, or for any other reason, will be charged a \$30 service fee. The total amount due on any returned item may be resubmitted and/or broken into multiple drafts to expedite collection. A separate draft for the \$30 service fee will be submitted on your account.

I accept the above terms and understand that the tuition will be charged to this card/account and agree to pay the amount to the card issuer. I also understand that if my account falls 14 days past due, my child will be removed from the competition routine and will not be allowed to participate in practices or any other Rebel Yell activities.

X \_\_\_\_\_

Signature of Cardholder

Date