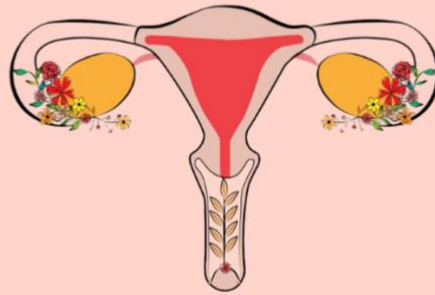


# UNFERTILITY



## Questions you might want to ask your clinic/consultant

### How long should I wait before consulting a fertility doctor?

In general, you should speak to your GP after one year of trying unsuccessfully to get pregnant. Your GP will then refer you to a fertility specialist. Women aged 36 and over, should see their GP sooner.

### Questions you might want to ask your clinic/consultant

- Please explain my/our infertility diagnosis and your proposed treatment
- What are the benefits of the treatment you've recommended and why do you think it's the best option for me?
- Are there alternative treatments? If so, what do they involve, and why do you think they are less suitable for me?
- How long will my cycle take from start to finish?
- Are there any lifestyle changes I should make before I have IVF?
- What can I do to increase my chances of conception?
- What are the potential side effects of undergoing IVF?
- How many embryos will be implanted?
- Will IVF significantly increase my chances of having twins or triplets?
- What is the IVF success rate for this clinic for someone of my ethnicity?
- Is there anything that could negatively impact success of my cycle?
- What are my options if treatment fails and when can we try again?
- If using treatment add-ons
  - why are you recommending this add-on for me specifically?
  - Can you tell me what my chances are of getting pregnant with routine IVF compared to my chances if I have this add-on?
- Who can I contact during the process?