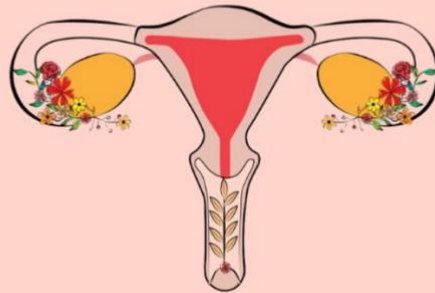


UNFERTILITY



Acronyms

*TRIGGER WARNING: SOME OF THESE MIGHT BE UPSETTING

#

- **2WW:** 2 Week Wait

A

- **AF:** Aunt Flo, After Flo, Period, or Menstrual Cycle
- **AH:** Assisted Hatching
- **AI:** Artificial/Assisted Insemination
- **AO:** Anovulatory.
- **APA:** Anti-phospholipid Antibodies
- **ART:** Assisted Reproductive Technology

B

- **BA:** Baby Aspirin
- **BBT:** Basal Body Temperature
- **BCP:** Birth Control Pills
- **BD:** Baby Dance (sex), Baby Dance, a reference to having sexual intercourse during on your most fertile days
- **BD:** Baby dust like "fairy dust" ... a way to wish someone good luck in getting pregnant ("Baby dust to you!")
- **Beta:** A pregnancy test that measures the levels of HCG (pregnancy hormone) via blood work.
- **BFN:** Big Fat Negative refers to a negative pregnancy test.
- **BFP:** Big Fat Positive refers to a positive pregnancy test.
- **B/W:** Bloodwork
- **BOB:** Baby on the Brain or thinking about having a baby all the time

C

- **CB:** Cycle Buddy, someone who either started the cycle with you, ovulated around the same time as you, or is planning to take a pregnancy test at about the same time as you.
- **CD:** Cycle Day, a reference to the days of a treatment cycle or any menstrual cycle when trying to conceive. CD 3 would be the third day after your period starts.
- **CF:** Cystic Fibrosis
- **CM:** Cervical Mucus
- **COH:** Controlled Ovarian Hyperstimulation
- **CL:** Cover Line, refers to a line drawn on a body basal temperature chart. Temperatures "above the cover line" occur after ovulation.
- **CP:** Cervical Position
- **CPFM:** ClearPlan Fertility Monitor (Brand Name)
- **CY#:** Cycle Number, since TTC or since starting a treatment.

D

- **D&C:** Dilation & Curettage
- **D&E:** Dilation & Evacuation
- **DE:** Donor Eggs
- **DH:** Dear Husband
- **DI:** Donor Insemination
- **DIPI:** Direct Intra-peritoneal Insemination
- **DOR:** Diminished Ovarian Reserve
- **DPO:** Days Post-Ovulation
- **DPR:** Days Post-Retrieval, or the number of days since you've had the oocyte (egg) retrieval during IVF treatment.
- **DPT:** Days Post-Transfer, or the number of days after embryo transfer in an IVF treatment or embryo donation cycle.
- **DP3DT:** Days Post 3-Day Transfer
- **DP5DT:** Days Post 5-Day Transfer
- **DW:** Dear Wife
- **Dx:** Diagnosis

E

- **E2:** Estradiol, a hormone sometimes measured during fertility testing and treatment.
- **EB, EMB:** Endometrial Biopsy
- **EDD:** Estimated Due Date.
- **ENDO:** Endometriosis
- **EPT:** Early Pregnancy Test
- **ER:** Egg Retrieval
- **ET:** Egg Transfer
- **ET:** Embryo Transfer, done during IVF.
- **EWCM:** Egg White Cervical Mucus, or the most fertile kind of cervical mucus.
- **ETA:** Embryo Toxicity Assay
- **ETF:** Embryo Toxicity Factor

F

- **FE:** Frozen Embryo
- **FET:** Frozen Embryo Transfer, referring to an IVF cycle using previously frozen embryos that have been thawed and then transferred.
- **FF:** Fertility Friend
- **FHR:** Foetal Heart Rate
- **FP:** Follicular Phase
- **FM:** Fertility Mucus or Fertility Monitor, used to detect ovulation at home.
- **FMU:** First Morning Urine.
- **FRED:** Fertility Response Early Detection (Brand Name)
- **Frostie:** Frozen Embryo
- **FSH:** Follicle-Stimulating Hormone

G

- **GnRH:** Gonadotropin-Releasing Hormone
- **GP:** General Practitioner
- **GS:** Gestational Surrogate.

H

- **HCG, hcg:** Human Chorionic Gonadotropin (the hormone that pregnancy tests measure)
- **HMG, hMG:** Human Menopausal Gonadotropin
- **HPT:** Home Pregnancy Test
- **HRT:** Hormone Replacement Therapy
- **HSC:** Hysteroscopy
- **HSG:** Hysterosalpingogram (an X-ray of the womb and fallopian tubes)
- **HX:** History

I

- **IB:** Implantation bleeding (slight bleeding or spotting that may happen around the time an embryo implants in your womb)
- **ICI:** Intra-cervical Insemination
- **ICSI:** Intra-cytoplasmic Sperm Injection
- **IF or IFer:** Infertility or a reference to someone with infertility.
- **IM:** Intramuscular injections
- **IOR:** Immature Oocyte Retrieval
- **IPS:** Imaginary Pregnancy Symptoms, when you feel pregnant but you're not.
- **ITI:** Intra-tubal Insemination
- **IUI:** Intra-uterine Insemination
- **IVC:** Intra-vaginal Culture
- **IVF/ET:** In Vitro Fertilization and Embryo Transfer
- **IVF-DE:** IVF with Donor Eggs.
- **IVF:** In Vitro Fertilization

L

- **LAP:** Laparoscopy
- **LH:** Luteinizing Hormone (the hormone that triggers ovulation; an LH surge is an increase in LH just before ovulation)
- **LMP:** Last Menstrual Period (start date)
- **LP:** Luteal-Phase:
- **LO:** Little one
- **LSC:** Low Sperm Count

M

- **MAI:** Miscarriage after Infertility
- **MC, m/c, misc.:** Miscarriage
- **MESA:** Microsurgical Epididymal Sperm Aspiration
- **MF / MFI:** Male Factor/ Male Factor Infertility
- **MIL:** Mother-in-Law
- **MMR:** Measles-Mumps-Rubella Vaccine
- **MRI:** Magnetic Resonance Imaging
- **MV:** Midwife
- **MS:** Morning Sickness

N

- **NK:** Natural Killer Cells
- **NSA:** Non-Surgical Sperm Aspiration

O

- **O, OV:** Ovulation
- **OB:** Obstetrician
- **OB/GYN:** Obstetrician/Gynecologist
- **OC:** Oral Contraceptives
- **OD:** Ovum Donor, Ovulatory Dysfunction
- **OHSS:** Ovarian Hyperstimulation Syndrome
- **OPK:** Ovulation Predictor Kit
- **OPT:** Ovulation Predictor Test
- **OTC:** Over the Counter

P

- **Prog:** Progesterone
- **PAF, PANFERT:** Pregnancy After Infertility
- **PCO:** Polycystic Ovaries
- **PCOD:** Polycystic Ovarian Disease
- **PCOS:** Polycystic Ovarian Syndrome
- **PCT:** Post Coital Test
- **PESA:** Percutaneous Epididymal Sperm Aspiration
- **PG:** Pregnant
- **PGD:** Pre-implantation Genetic Diagnosis (where IVF embryos are tested for genetic conditions before implantation)
- **PGS:** Pre-implantation genetic screening (where IVF embryos are tested to make sure they have a healthy number of chromosomes before implantation)

- **PI:** Primary Infertility
- **PID:** Pelvic Inflammatory Disease
- **PIO:** Progesterone in Oil
- **PMS:** Pre-menstrual Syndrome
- **PMN:** Perinatal Mortality
- **PP:** Postpartum
- **POAS:** Pee on a stick
- **POI:** Primary Ovarian Insufficiency.
- **POF:** Premature Ovarian Failure
- **PNV:** Prenatal Vitamin
- **PUPO:** Pregnant Until Proven Otherwise.
- **PTSD:** Post-Traumatic Stress Disorder

R

- **RB:** Rainbow baby. A baby born after losing a pregnancy or a child
- **RE:** Reproductive Endocrinologist, a kind of fertility specialist.
- **RI:** Reproductive Immunologist, another kind of fertility specialist.
- **RPL:** Recurrent Pregnancy Loss
- **RX:** Prescription

S

- **SA:** Semen Analysis (an assessment of sperm quantity, quality, and motility)
- **SAHD:** Stay-at-home dad
- **SAHM:** Stay-at-home mum
- **SAHP:** Stay-at-home parent
- **S/B:** Stillbirth / Stillborn
- **SI:** Secondary Infertility, a fertility test.
- **SOD:** Sex on Demand, or sex on schedule or during fertility treatment.
- **SP:** Sperm Count
- **SM:** Surrogate Mother
- **S/S:** Signs & Symptoms
- **STD:** Sexually Transmitted Disease
- **STIMS:** Stimulating Hormones, usually referring to injectable fertility drugs
- **SubQ:** Subcutaneous Injection

T

- **TESA:** Testicular Sperm Aspiration
- **TESE:** Testicular Sperm Extraction.
- **TDI:** Therapeutic Sperm Extraction
- **TET:** Tubal Embryo Transfer
- **TMI:** Too Much Information, something fertility forum goers don't seem to shy away from too often!
- **TRH:** Thyroid Releasing Hormone
- **TS:** Traditional Surrogate.
- **TSH:** Thyroid Stimulating Hormone
- **TTC:** Trying to conceive
- **TWW:** Two-week wait (the time between ovulation and either a period or a positive pregnancy test)
- **TX:** Treatment

U

- **UR:** Urologist
- **US:** Ultrasound
- **UTI:** Urinary Tract Infection

V

- **V:** Vasectomy
- **VR:** Vasectomy Reversal

W

- **WBC:** White Blood Count
- **WHR:** Waist to Hip Ratio
- **WNL:** Within Normal Limits
- **WFHD:** Work-at-home dad
- **WFHM:** Work-at-home mum
- **WFHP:** Work-at-home parent

Z

- **ZIFT:** Zygote Intra-fallopian Transfer, a kind of assisted reproductive treatment.