

# Mini-Pause Retreat

19 - 22 May 2023

## Your info

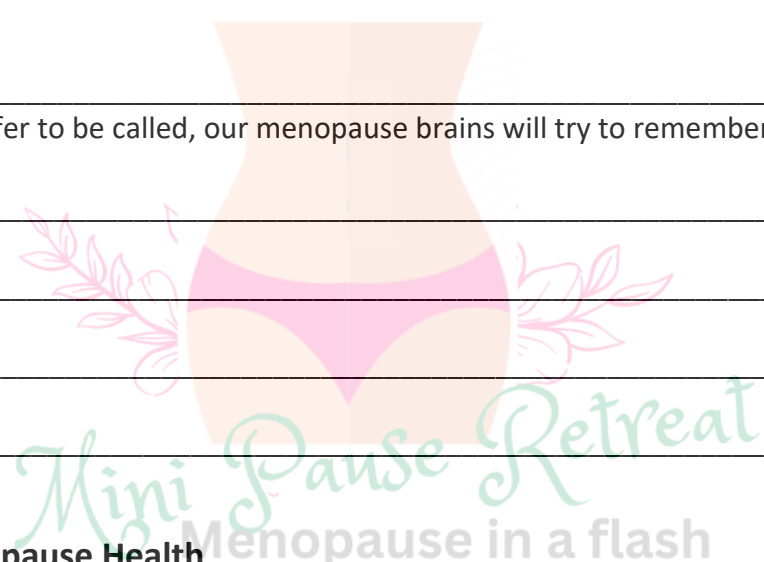
**Name:** \_\_\_\_\_  
Please let us know what you prefer to be called, our menopause brains will try to remember

Email \_\_\_\_\_

Phone \_\_\_\_\_

Medical Conditions / Allergies \_\_\_\_\_

Emergency Contact & Phone \_\_\_\_\_



## Investment into your Menopause Health

		Select one option only	Office Use Only
<b>Options</b>			
1. Full Retreat Friday - Monday	\$485.00	\$	
2. Friday – Sunday (depart prior to dinner)	\$405.00	\$	
3. Saturday - Monday	\$405.00	\$	
4. Saturday – Sunday (depart prior to dinner)	\$365.00	\$	
Date of full Payment			30 mins
Upgrade of Early Bird Private Session	\$40.00	\$	
Reflexology Acupressure Massage Yoga Nutrition	Please circle		
5. One day only, including lunch	\$99.00	\$	
Saturday Sunday Please circle your option			
<b>Total</b>		\$	

Bank Account Details will be privately emailed to you on receipt of this form.

This event is fully catered. Don't forget your TOGS !! 😊

Free 30min private session & upgrades only available to 4 Day Full Retreat Price (Option 1)

Office Use Only

Menopause Sisters	Room #	Payment Received	Notes