

Hi {Firstname},

Our newsletter this month features a quick video on suggestions to make the most of your investments, activities to keep our brains sharp, a guided retirement route for women, and the impact of your mindset on your portfolio. Hope you enjoy, and as always, reach out with any questions. Have a great day!

## **Investments**

You've made investments your whole life. Work with us to help make the most of them.

**Learn More** 





## **Avoiding Cognitive Decline**

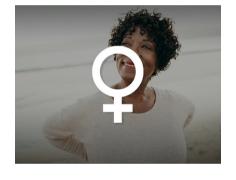
Try these activities to keep your brain sharp.

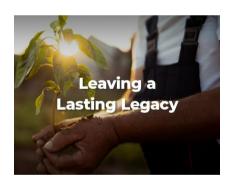
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## The Long Run: Women and Retirement

For women, retirement strategy is a long race. It's helpful to know the route.

Learn More





## Leaving Your Lasting Legacy

Want to do more with your wealth? You might want to consider creating a charitable foundation.

<u>Learn More</u>



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