



**March 9 & 10, 2024 Located at Hays High School, Hays, Ks.**

**Session 1: Sat. March 9 – All Rec, L1, Hugs (74)**

8:00 am Stretch

8:20 am Team Presentation / National Anthem

8:30 am Warmup 1<sup>ST</sup> event

8:40 am Competition Begins

**Session 2: Sat. March 9 – XS, Age 7-9 & LV. 3s (58)**

11:00 am Stretch

11:20 am Team Presentation / National Anthem

11:30 am Warmup 1<sup>ST</sup> event

11:40 am Competition Begins

**Session 3: Sat. March 9 – XS Age 10-16 (58)**

1:30 pm Stretch

1:50 pm Team Presentation / National Anthem

2:00 pm Warmup 1<sup>ST</sup> event

2:10 pm Competition Begins

**Session 4: Sat. March 9 – XG (57)**

4:00 pm Stretch

4:20 pm Team Presentation / National Anthem

4:30 pm Warmup 1<sup>ST</sup> event

4:40 pm Competition Begins

**Session 5: Sat. March 10 – LV. 4, 5, 7, XP, XD, XSE, Ladies (55)**

6:30 pm Stretch

6:50 pm Team Presentation

7:00 pm Warmup 1<sup>ST</sup> event

7:15 pm Competition Begins

**Session 6: Sun. March 10 – Level 2, XCopper (77)**

9:00 am Stretch / National Anthem

9:20 am Team Presentation / National Anthem

9:30 am Warmup 1<sup>ST</sup> event

9:40 am Competition Begins

**Session 7: Sun. March 10 – XB Age 5-7 & 10 – 14 (49)**

11:30 am Stretch

11:50 am Team Presentation / National Anthem

12:00 pm Warmup 1<sup>ST</sup> event

12:10 am Competition Begins

**Session 8: Sun. March 10 – XB Age 8-9 (42)**

1:30 pm Stretch

1:50 pm Team Presentation

2:00 pm Warmup 1<sup>ST</sup> event

2:10 pm Competition Begins