



2025 Beach Bash Boogie Invitational
Hosted by Heartland Academy
March 15, 2025
Located at Hays High School, Hays, Ks.

Doors will open 10 minutes prior to first stretch time.
All awards to follow each competition in the party gym.
Competition age is determined by age on first day of Nationals 6/18/2025

Session 1: LV. 1, XC, Boys (70)

8:00 am Stretch
8:20 am Team Presentation/National Anthem
8:30 am Flight A Warm-up first event
8:50 am Competition Begins

Session 2: LV. 2, XB (83)

11:00 am Stretch
11:20 am Team Presentation
11:30 am Flight A Warm-up first event
11:40 am Competition Begins

Session 3: LV. 3, XS (68)

2:00 pm Stretch
2:20 pm Team Presentation
2:30 pm Flight A Warm-up first event
3:40 pm Competition Begins

Session 4: Sat. Lv. 4, 7, 8, XG, XP, XD (78)

5:00 pm Stretch
5:20 pm Team Presentation
5:30 pm Flight A Warm-up first event
5:45 pm Competition Begins