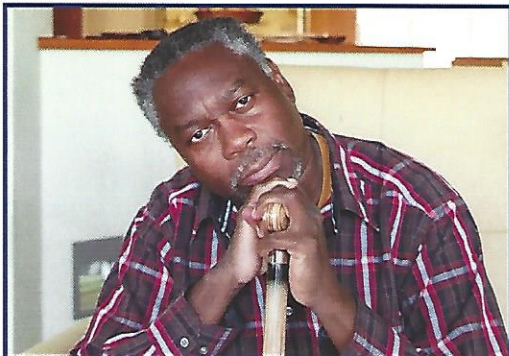


Signs that a Senior Needs Help

Often people who see a senior less frequently notice signs of deterioration before anyone living with them. Sometimes the changes are so gradual, the senior compensates, and no one really notices at all.



Possible Signs of Decline

PHYSICAL CHANGES

- Weight loss or gain
- Frailty or unsteadiness
- Cuts, bruises, or burns
- Neglected personal hygiene
- Wearing same clothing



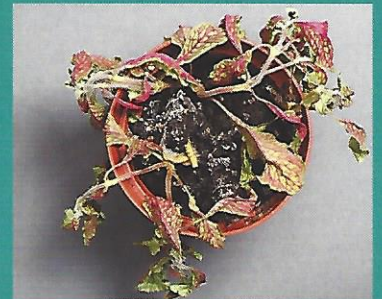
KITCHEN CLUES

- Spoiled food
- Evidence of cooking fires or scorched cookware
- Stockpiling or purchasing multiples of items



HOME MAINTENANCE

- Dirty bathrooms
- Excessive clutter
- Hoarding
- Dying plants
- Unwashed dishes / clothes



PERSONAL MISMANAGEMENT

- Needing medication refills too quickly or not at all
- Piles of mail or unpaid bills
- Unopened packages
- Hiding / losing items or money



If you notice any of these changes, we recommend in-home care.

Call today to schedule an assessment!



Columbus
614-820-5000