

# Advanced Bleeding Control

Traumatic injury is one of the leading causes of death for people under 50 years of age in the US<sup>1</sup>. A large portion of those deaths are from severe bleeding – the most treatable cause of death due to trauma. American Safety & Health Institute's *Advanced Bleeding Control* is designed to provide detailed information on the control of severe external bleeding, including the use of direct pressure, commercial pressure bandages, tourniquets and packed dressings.

This program can be used for standalone training or as an alternative training segment for the existing Control of Bleeding segment in ASHI *Basic First Aid*.

## Intended audience

Groups and individuals who have a greater than average chance of witnessing an injury event in which heavy bleeding occurs and professional medical care is not readily available or overwhelmed, such as law enforcement, private security, workplace emergency response team personnel and staff at large events, campuses or large occupied buildings.

## Class configurations

- Max student to instructor ratio: 10 to 1
- Recommended student to equipment ratio: 3 to 1

## ASHI-approved training materials

### Instructor materials

- Advanced Bleeding Control Program Package
  - Includes Instructor Guide, DVD and access to digital tools including program PowerPoint®

### Student materials

- Advanced Bleeding Control Student Book

## Digital Resources

- Streaming video player
- Create custom playlists
- Customizable blended learning playlists
- Track past, present and future classes
- Mobile app, including offline mode

## Successful completion (certification)

- All students must perform required skills competently without assistance.

## Recognized certification period

Up to 2 years

## Recommended time to complete

- 1-2 hours
- Successful completion is based on achievement of the core learning objectives rather than a prescribed instruction time.



<sup>1</sup> <https://www.cdc.gov/injury/wisqars/LeadingCauses.html>



### Class topics

- Severe external bleeding
- Physiology of bleeding
- Direct pressure
- Using pressure bandages
- Using tourniquets
- Using packed dressings
- Caring for severe external bleeding
- Preparation

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