

WAXING AFTERCARE ADVICE

Thank you for choosing Natural Beauté.

To help achieve the best results from your waxing treatment and minimise the risk of irritation, please follow the advice below.

AFTERCARE

For the first 24–48 hours following treatment:

- Avoid hot baths, hot showers, saunas, steam rooms and hot tubs.
- Avoid sunbathing, sunbeds and self-tanning products.
- Avoid strenuous exercise, excessive perspiration and swimming.
- Avoid touching or scratching the treated area unnecessarily.
- Wear clean, loose-fitting clothing to minimise friction.
- Avoid applying perfumed products, deodorants, body sprays or other potentially irritating products to the treated area.
- Avoid exfoliating products, retinol products, AHAs, BHAs and other active skincare products on the treated area.
- Keep the skin clean and allow any temporary sensitivity to settle naturally.

ONGOING SKINCARE

To help maintain smooth results and reduce the likelihood of ingrown hairs:

- Begin gentle exfoliation approximately 3 days after treatment, provided the skin is no longer sensitive.
- Exfoliate gently 1–2 times per week using a suitable exfoliating mitt, brush or scrub.
- Moisturise the skin daily using a suitable moisturiser to help maintain skin hydration.
- Avoid excessive or aggressive exfoliation, as this may irritate the skin.



IMPORTANT INFORMATION

Following waxing, mild redness, tenderness and small bumps may occur. These responses are common and generally settle within 24–48 hours.

Hair growth cycles vary between individuals. Regular waxing appointments may help achieve longer lasting and more consistent results over time.

For best results, avoid shaving between appointments where possible.

If you experience excessive redness, blistering, signs of infection, persistent irritation or any unexpected reaction, seek appropriate medical advice promptly.

BEFORE YOUR NEXT APPOINTMENT

Please inform your therapist if:

- Your medical history has changed.
- You have started any new medication.
- You have experienced any adverse reaction since your previous treatment.
- There have been any significant changes to your skin condition.

Most clients find that regular appointments every 4–6 weeks help maintain optimal results, although treatment frequency may vary depending on individual hair growth patterns.

