

SPRAY TAN AFTERCARE ADVICE

Thank you for choosing Natural Beauté.

To help achieve the best possible results from your spray tan treatment, please follow the advice below.

AFTERCARE

Immediately after your treatment:

- Wear loose-fitting, dark-coloured clothing to minimise transfer while the tan develops.
- Avoid tight clothing, socks, bras, leggings and footwear that may rub against the skin.
- Avoid touching or rubbing the skin unnecessarily.
- Avoid applying moisturisers, perfumes, deodorants or other skincare products until after your first rinse, unless otherwise advised by your therapist.

DURING THE DEVELOPMENT PERIOD

- Allow the tan to develop for the recommended time advised by your therapist.
- Avoid showering, bathing or getting the skin wet during the development period.
- Avoid strenuous exercise, excessive perspiration, swimming, saunas and steam rooms.
- Avoid activities that may cause friction against the skin.

AFTER YOUR FIRST RINSE

- Rinse the skin using lukewarm water only until the guide colour has been removed.
- Pat the skin dry rather than rubbing with a towel.
- Moisturise the skin daily to help maintain an even, longer-lasting tan.
- Avoid exfoliating products until you are ready to remove the remaining tan.
- Avoid long, hot baths and prolonged swimming where possible, as these may cause the tan to fade more quickly.
- Continue to keep the skin well hydrated.

IMPORTANT INFORMATION

The longevity of your spray tan will vary depending on your skin type, lifestyle, skincare routine and frequency of exfoliation.

Some transfer of guide colour onto clothing or bedding may occur during the development period. This is normal and should wash out of most fabrics.

Please note that a spray tan does not provide protection from ultraviolet (UV) radiation and should not be used as a substitute for sunscreen. Appropriate sun protection should always be used when exposed to sunlight.

If you experience irritation, an allergic reaction, or any unexpected skin response following treatment, seek appropriate medical advice.

BEFORE YOUR NEXT APPOINTMENT

Please inform your therapist if:

- Your medical history has changed.
- You have started any new medication.
- You have experienced any adverse reaction since your previous treatment.
- There have been any significant changes to your skin condition.

If you are booking a further spray tan treatment, please ensure any remaining tan has been fully removed and the skin has been exfoliated and moisturised in preparation for your next appointment. Thank you for choosing Natural Beauté.

