

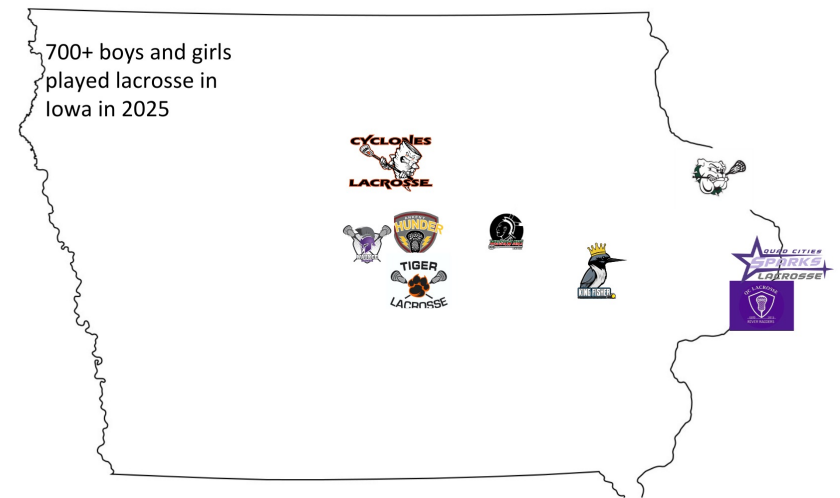
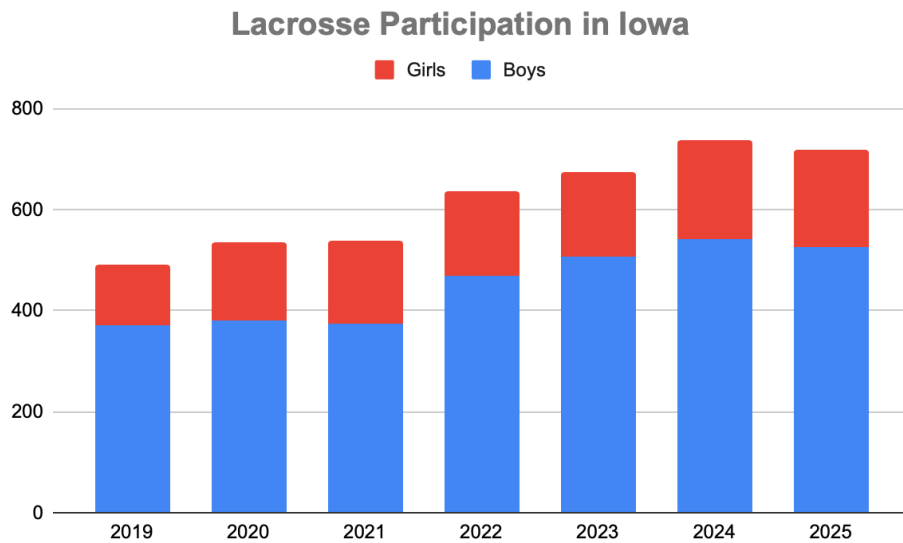
Annual Report 2025

October 2025



Youth Lacrosse in Iowa Today

700+ boys and girls played lacrosse in Iowa in 2025



Expanded Girls Play

- 60+ youth girls games scheduled and supported in Spring 2025
- Doubled number of teams in the 14U age group
- Supports youth competition in 10U, 12U and 14U age groups
- Facilitated intra-Iowa HS play
- Girls Competition Committee schedules games, facilitates communications between clubs
- ILAX identified, trained, scheduled, assigned, and paid officials





Youth Boys Play Growing Quickly

- 145 regular season games supported in Spring 2025 (an 81% growth in games since 2023!)
- ILAX supports play at 10U, 12U and 14U
- Boys Competition Committee develops schedule, provides communications vehicle between clubs
- ILAX identified, trained, scheduled, assigned, and paid officials for each of these games

3rd State Championships

- Hosted inaugural boys HS championship
- All member clubs fielded at least one team
- 2-day tournament with 37 teams participating
- Organized food trucks on-site both days to provide added amenities to players and families
- Championships won by:
 - 10U Boys – Ankeny
 - 12U Boys – Waukee
 - 14U Boys – Waukee
 - HS Boys – Ankeny
 - 10U Girls – Kingfisher (CR-IC)
 - 12U Girls – Kingfisher
 - 14U Girls – West Des Moines





Youth All Star Teams Recognized

- 3 players from each team in each age group selected as All Stars
- Players selected based on leadership, positive attitudes and practice habits as well as skills
- 102 players recognized at Youth State Championships

Developing Officials Pool

- 9 new officials worked boys games for the first time in Spring '25, including 2 junior officials (Iowa HS students)
- 8 new officials worked girls games for the first time in Spring '25, including 3 junior officials (Iowa HS students)
- ILAX continues efforts to efficiently organize and manage officials scheduling
- Fall Play Day in Oct '24 provided opportunity to work with USA Lacrosse trainers
- Developing Iowa-based Officials Trainers
- More work is needed to supported expanded game play schedules across the State



Enabling League & Inter-League High School Play

- ILAX scheduled games and provided officials coverage for the Eastern Iowa Lacrosse Conference
- ILAX facilitated high school play between eastern and central Iowa boys teams, helping the eastern programs continue their development and providing additional games for central Iowa teams
- All Iowa HS teams played each other in Varsity and JV games
- ILAX hosted the first Iowa HS State Championships (boys) in June '25
- Greater attention is needed to expand opportunities for high school play, particularly for the girls game



Iowa Programs Excel in High School Play

- Three Championships Won
 - Girls – the West Des Moines Tiger girls won the Midwest Girls Lacrosse League
 - Boys – the Waukee Warriors won the NELAX League
 - Boys – the Kingfisher Club won the Eastern Iowa Lacrosse Conference





Iowa Girls Participate in National USA Lacrosse Tournament

- Combined Iowa-Nebraska team attended the USA Lacrosse Women's National Tournament
- Coached by Meghan Gruver, head coach of the West Des Moines Tigers

Iowa Players Moving on to College Play

- 6 players in Iowa programs moving on to collegiate play in fall '25
 - Will Rivenburgh - Columbia College (Waukee)
 - Jack McDowell - Columbia College (Waukee)
 - Boston Mendenhall - Utah State (Waukee)
 - Liam Lewis – Nottingham Trent University (Ankeny)
 - Hayley Thompson - Augustana University, Rock Island (WDM)
 - Lexi Bogardus - West Point Prep School (WDM)



Lacrosse

Engaging USA Lacrosse to Benefit Iowa



- ILAX is primary interface between Iowa clubs and USA Lacrosse
- Helps secure grant funding for new programs
- Secured participation of USA Lacrosse Officials Trainers
- Represents Iowa in national lacrosse discussions