The Road to Self Determination

Self-Determination starts with identifying an individual's future hopes and dreams and determining the supports needed to get him/her there. This is documented in a Person-Centered Plan.

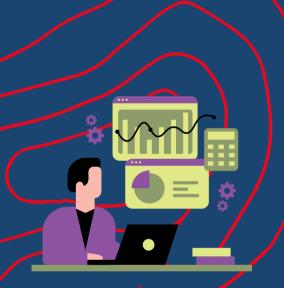


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The completed plan begins the budget negotiations with the Regional Center. The budget sets how much money is available to purchase the services and goods listed in the plan.

Before entering into Self-Determination, you must have a Financial Management Service to pay for your services. Some require a plan and an approved budget in order to move forward.







Once a budget is approved, a Spending Plan is created, which lists the services and goods to be purchased and how much each cost. The Spending Plan also needs Regional Center approval.

Now that everything is in place, the transition into the Self Determination program can begin. Your service providers, supports and FMS should be ready to go on your start date.





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