

The Road to Self Determination

Self-Determination starts with identifying an individual's future hopes and dreams and determining the supports needed to get him/her there. This is documented in a Person-Centered Plan.

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The completed plan begins the budget negotiations with the Regional Center. The budget sets how much money is available to purchase the services and goods listed in the plan.



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Before entering into Self-Determination, you must have a Financial Management Service to pay for your services. Some require a plan and an approved budget in order to move forward.



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Once a budget is approved, a Spending Plan is created, which lists the services and goods to be purchased and how much each cost. The Spending Plan also needs Regional Center approval.



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Now that everything is in place, the transition into the Self Determination program can begin. Your service providers, supports and FMS should be ready to go on your start date.



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