

# ARROYO OAKS MEDICAL ASSOCIATES, INC.

## CONFIDENTIAL PATIENT REGISTRATION FORM

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Birth date: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Driver's License #: \_\_\_\_\_

Primary Phone: ( ) Home ( ) Cell (\_\_\_\_): \_\_\_\_\_ Secondary Phone: ( ) Home ( ) Cell (\_\_\_\_): \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_ ext \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Marital Status: [ ] Single [ ] Married [ ] Divorced [ ] Widowed [ ] Separated

Spouse's Name: \_\_\_\_\_ Birth date: \_\_\_\_\_ Referred by: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Contact #: (\_\_\_\_) \_\_\_\_\_

## PERSON RESPONSIBLE FOR PAYMENT

Name: \_\_\_\_\_ /Driver's Lic. #: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_

Employer: \_\_\_\_\_ Address: \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_ ext \_\_\_\_\_

## INSURANCE INFORMATION

Primary Insurance Company: \_\_\_\_\_ Group/plan: \_\_\_\_\_ Policy ID #: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS #: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_ Group/plan: \_\_\_\_\_ Policy ID #: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS #: \_\_\_\_\_

Additional information: \_\_\_\_\_

I hereby authorize my physician and any physicians and/or assistants to whom he/she may designate to render treatment as deemed necessary by my physician.

I hereby authorize Arroyo Oaks Med. Assoc., Inc. to release any and all medical information necessary to process my insurance claims; and, payment of medical and/or surgical benefits directly to Arroyo Oaks Med. Assoc., Inc. This authorization shall be valid until revoked in writing. A photostat of this authorization shall be valid as an original.

I am aware the office policy is to present my insurance card at each visit and this will be the insurance processed for that date of service. Failure to present my insurance card may jeopardize my benefits and will forfeit any contractual obligation. Arroyo Oaks Med. Assoc., Inc. may have with my insurance, including retroactive billing and negotiated discounts. I am responsible for knowing my plan benefits as well as any restrictions. I understand that I am responsible for any portion of the bill not covered by my insurance and I agree to pay in full at time of service.

I have read and understand all of the above and hereby state the information is correct to the best of my knowledge. My signature indicates that I approve and grant request of the authorizations.

Signature: Patient or Legal Representative

Today's Date

If signed for minor, relationship of guardian

ARROYO OAKS MEDICAL ASSOCIATES, INC.  
2230 LYNN ROAD, SUITE 200  
THOUSAND OAKS, CA. 91360  
(805) 495-1066  
RONALD de la PENA, MD. PRIVACY OFFICER

## Notice of Privacy Practices

This notice describes how your health information may be used and disclosed and how you can access this information. Please review it carefully.

At our facility we have always kept your health information secure and confidential. A new law requires us to continue maintaining your privacy, to give you this notice and to follow the terms of this notice.

The law permits us to use or disclose your health information to those involved in your treatment. For example, a review of your file by a specialist doctor whom we may involve in your care.

We may use or disclose your health information for payment of your services. For example, we may send a report of your progress to your insurance company.

We may use or disclose your health information for our normal healthcare operations. For example, one of our staff will enter your information into our computer.

We may share your medical information with our business associates, such as a billing service. We have a written contract with each business associate that requires them to protect your privacy.

We may use your information to contact you. For example, we may send a reminder card or other information. We may also want to call and remind you about your appointments. If you are not home, we may leave this information on your answering machine or with the person who answers the telephone.

In an emergency, we may disclose your health information to a family member or another person responsible for your care.

We may release some or all of your health information when required by law.

If this practice is sold, your information will become the property of the new owner.

Except as described above, this practice will not use or disclose your health information without your written prior authorization.

You may request in writing that we not use or disclose your health information as described above. We will let you know if we can fulfill your request.

You have the right to know of any uses or disclosures we make with your health information beyond and above normal uses.

As we will need to contact you from time to time, we will use whatever address or telephone number you prefer.

You have the right to transfer medical records to another practice. There may be fees associated with this transfer.

You have the right to request an amendment or change in your health information. Give us your request to make changes in writing. If you wish to include a statement in your file, please give it to us in writing. We may or may not make the changes you request, but will be happy to include your statement in your file. If we agree to an amendment of changes, we will not remove or alter earlier documents, but will add new information.

You have the right to receive a copy of this notice.

If we change any of the details of this notice, we will notify you of the changes in writing.

You may file a complaint with the Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, Washington, DC 20201. You will not be retaliated against for filing a complaint.

However, before filing a complaint, or for more information or assistance regarding your health information policy, please contact our Privacy Officer at (805) 495-1066.

This notice goes into effect as of April 14, 2003.

## Acknowledgement of Receipt of Notice of Privacy Practices

ARROYO OAKS MEDICAL ASSOCIATES, INC.  
2230 LYNN ROAD, SUITE 200  
THOUSAND OAKS, CA. 91360  
(805) 495-1066  
RONALD de la PENA, MD. PRIVACY OFFICER

I hereby acknowledge that I received a copy of this medical practice's Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception area, and that I will be offered a copy of any amended Notice of Privacy Practices at each appointment.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

If not signed by the patient, please indicate:

Relationship:

- Guardian or conservator of an incompetent patient
- Beneficiary or personal representative of deceased patient

Name of Patient: \_\_\_\_\_

# PHYSICIAN-PATIENT ARBITRATION AGREEMENT

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

**Article 2: All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, any other applicable statutory or common law.

Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure section 1283.05, however, depositions may be taken without prior approval of the neutral arbitrator.

**Article 4: General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to the physician within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

Effective as of the date of first medical services

\_\_\_\_\_  
Patient's or Patient Representative's Initials

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

By: \_\_\_\_\_  
Patient's or Patient Representative's Signature (Date)

By: \_\_\_\_\_ (Date)  
Physician's or Authorized Representative's Signature

By: \_\_\_\_\_  
Print Patient's Name

**ARROYO OAKS MEDICAL ASSOC., INC.**  
Print or Stamp Name of Physician,  
Medical Group or Association Name

\_\_\_\_\_  
(If Representative, Print Name and Relationship to Patient)

A signed copy of this document is to be given to the Patient. Original is to be filed in Patient's medical records.

Arroyo Oaks Medical Associates, Inc.  
2230 Lynn Road Suite 200  
Thousand Oaks, Ca. 91360

ONLINE ACCESS TO MEDICAL RECORDS

We are pleased to offer our patients **secure online access** to their medical records including viewing and downloading lab results via **Patient Fusion** patient portal.

ACCOUNT # \_\_\_\_\_ DATE: \_\_\_\_\_ DOCTOR: \_\_\_\_\_

PATIENT: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_ M) (F) \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

If you are interested, please check the appropriate box below.  
A **Patient Fusion** invitation will be sent by email with a **five day** expiration. Please call the office and request a new invitation if unable to open the account within five days.

( ) Yes, I would like online access to my medical records.

( ) No, I would not like online access to my medical records.

\_\_\_\_\_  
Signature

## ARROYO OAKS MEDICAL ASSOCIATES, INC.

### "No Show" and "Cancellation" Appointment Notification

At Arroyo Oaks Medical Associates clinic, our goal is to provide quality care in a timely manner. We have implemented a no show and cancellation policy which enables us to better utilize available appointments for our patients. The following policy is with regard to patients who fail to keep their scheduled office visit appointment and testing appointment.

Please be courteous and call Arroyo Oaks Medical Associates clinic promptly if you are unable to attend an appointment. This time will be reallocated to someone who is in urgent need to see one of our physicians. Available appointments are in high demand and your early cancellation will give another person the possibility to have access to timely care.

- ◆ Patients who fail to show for their scheduled office visit appointment or did not notify the office within 24 hours of their scheduled appointment time, shall be subject to a "No Show/Cancellation" fee of \$50.00.
- ◆ Patients who fail to show for their scheduled testing appointment or did not notify the office within 24 hours of their scheduled appointment time, shall be subject to a "No Show/Cancellation" fee of \$50.00.
- ◆ These fees are not covered by insurance and is therefore the sole responsibility of the patient.

#### **How to cancel your appointment**

To cancel or reschedule appointments call Arroyo Oaks Medical Associates at 805-495-1066. If you have any problems getting through, you can leave a message with your name, appointment date, cancellation reason, and request for rescheduling.

**This is a courtesy letter, any future missed appointments will incur a fee.**

Thank you for your understanding and cooperation,

The Physicians and Staff at Arroyo Oaks Medical Associates, Inc.

X

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I acknowledge that I have read and understand

Arroyo Oaks Medical Associates, Inc. 2230 Lynn Road, Suite 200 | Thousand Oaks, CA 91360 |  
Tel. 805.495.1066 | Fax: Family Practice & OB/Gyn 805.497.0162 | Internal Medicine 805.497.1782

**OB/GYN HISTORY** for Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_

**How did you find Dr. de la Peña? Recommended by (please circle):**

**Doctor, family, friend/colleague, self, advertising**

**MENSTRUAL HISTORY**

Age at first period \_\_\_\_\_  
Are your periods regular (once a month?) \_\_\_\_\_  
When was your last period? \_\_\_\_\_  
Do you have any abnormal bleeding? \_\_\_\_\_  
Bleeding between periods? \_\_\_\_\_  
Bleeding after menopause? \_\_\_\_\_

**PREGNANCY**

Have you ever been pregnant? \_\_\_\_\_  
Number of pregnancies \_\_\_\_\_ Deliveries \_\_\_\_\_  
Normal \_\_\_\_\_ Cesarean \_\_\_\_\_  
Number of miscarriages/abortions? \_\_\_\_\_  
Complications with pregnancy or delivery? \_\_\_\_\_  
If yes, what? \_\_\_\_\_

Children's Birth weights \_\_\_\_\_ Normal \_\_\_\_\_ Cesarean \_\_\_\_\_  
#1 \_\_\_\_\_  
Birthdays: #2 \_\_\_\_\_ Normal \_\_\_\_\_ Cesarean \_\_\_\_\_  
#3 \_\_\_\_\_ Normal \_\_\_\_\_ Cesarean \_\_\_\_\_

Other: \_\_\_\_\_

**GYN CANCER SCREENING**

When was your last Pap smear? \_\_\_\_\_ Was it normal? \_\_\_\_\_  
Have you had a hysterectomy? \_\_\_\_\_ When? \_\_\_\_\_ Why? \_\_\_\_\_  
Do you have your ovaries? \_\_\_\_\_ Both? \_\_\_\_\_ One? \_\_\_\_\_ Explain: \_\_\_\_\_

**SOCIAL HISTORY**

Sexual history:  
(Optional:) Virgin ( ) Sexually active: Yes ( ) No ( ) Straight ( ) Gay/Lesbian ( )  
(Optional:) Marital Status: Single ( ) Married ( ) Divorced ( ) Widowed ( )  
Habits past & present: Tobacco? \_\_\_\_\_ # cigarettes/day: \_\_\_\_\_  
Alcohol? \_\_\_\_\_ # drinks/day \_\_\_\_\_ Drugs? \_\_\_\_\_ What kind? \_\_\_\_\_  
Coffee? \_\_\_\_\_ Cups/day \_\_\_\_\_ Tea? \_\_\_\_\_ Cups/days \_\_\_\_\_ Soda? \_\_\_\_\_ #/day \_\_\_\_\_  
Hours of sleep/night \_\_\_\_\_ Awaken during the night? \_\_\_\_\_ # awakenings/week \_\_\_\_\_ Do you snore? \_\_\_\_\_  
Do you feel depressed? \_\_\_\_\_ Since when \_\_\_\_\_  
Any weight changes \_\_\_\_\_ Explain: \_\_\_\_\_  
Do you exercise at least 30min three/wk \_\_\_\_\_

**BREAST**

Please list any current breast complaints? \_\_\_\_\_  
Have you had any breast disease, cancer, or tumors? \_\_\_\_\_ Which? \_\_\_\_\_  
Have you had a mammogram? \_\_\_\_\_ When? \_\_\_\_\_ Was it normal? \_\_\_\_\_  
Do any of the women in your family have breast cancer? \_\_\_\_\_ Who? \_\_\_\_\_

**MENOPAUSE** (If this does not apply, check here \_\_\_\_\_)

Do you have "hot flashes?" \_\_\_\_\_ night sweats? \_\_\_\_\_ insomnia? \_\_\_\_\_ Bleeding after menopause? \_\_\_\_\_  
What age did you start menopause? \_\_\_\_\_ Have you taken hormones before? \_\_\_\_\_  
Are you taking hormones now? \_\_\_\_\_ Which one? \_\_\_\_\_ How often? \_\_\_\_\_

**MEDICAL HISTORY**

Do you have or have you had in the past:  
Diabetes \_\_\_\_\_ Hypertension \_\_\_\_\_ Seizures \_\_\_\_\_ Stroke \_\_\_\_\_ Thyroid disease \_\_\_\_\_  
Asthma \_\_\_\_\_ Cancer \_\_\_\_\_ Sickle Cell Disease \_\_\_\_\_ Tuberculosis \_\_\_\_\_ Hemorrhoids \_\_\_\_\_  
Heart Attack \_\_\_\_\_ Blood clots in legs or lungs \_\_\_\_\_ Hepatitis/Liver problems \_\_\_\_\_  
Chickenpox \_\_\_\_\_ Measles \_\_\_\_\_ German measles \_\_\_\_\_ Mumps \_\_\_\_\_ Other \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ MR# \_\_\_\_\_

**Review of Systems:**

**General:**

**Yes No**

Do you have chronic rash or eczema? \_\_\_\_\_  
Skin growths or birthmarks changing or enlarging? \_\_\_\_\_

**HEENT:**

Ear problems? \_\_\_\_\_  
Eye problems? \_\_\_\_\_  
Nosebleeds or nose problems? \_\_\_\_\_  
Sinus problems? \_\_\_\_\_  
Unusual headaches? \_\_\_\_\_  
Teeth needing repair? \_\_\_\_\_  
Chronic sore throats? \_\_\_\_\_  
Chronic throat hoarseness or voice changes? \_\_\_\_\_  
Thyroid problems? \_\_\_\_\_  
Chronic cough? \_\_\_\_\_

**Cardio-Vascular-Respiratory:**

Asthma? \_\_\_\_\_  
Night sweats? \_\_\_\_\_  
Hot flashes? \_\_\_\_\_  
Chest pain? \_\_\_\_\_  
High blood pressure? \_\_\_\_\_  
Short of breath easily? \_\_\_\_\_

**Gastrointestinal:**

Appetite changes? \_\_\_\_\_  
Indigestion? \_\_\_\_\_  
Food intolerance? \_\_\_\_\_  
Heartburn? \_\_\_\_\_  
Diarrhea frequently? \_\_\_\_\_  
Bowel habit changes? \_\_\_\_\_  
Liver or gall bladder problems? \_\_\_\_\_  
Yellow jaundice? \_\_\_\_\_  
Blood in your stool? \_\_\_\_\_

**Genito-urinary:**

Kidney disease? \_\_\_\_\_  
Bladder problems? \_\_\_\_\_  
Urinary tract or kidney stones? \_\_\_\_\_  
Blood in your urine? \_\_\_\_\_

**Central Nervous System:**

Sleeping problems? \_\_\_\_\_  
Fainting? \_\_\_\_\_  
Convulsion? \_\_\_\_\_  
Paralysis or weakness? \_\_\_\_\_  
Unusual back pain? \_\_\_\_\_  
Arthritis? \_\_\_\_\_  
Varicose veins? \_\_\_\_\_

Name \_\_\_\_\_ DOB: \_\_\_\_\_ MR# \_\_\_\_\_

**FAMILY HISTORY**

Does anyone in your family have any of the above illnesses? (See Medical History) \_\_\_\_\_

Who and which ones? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SURGERY**

Have you had surgery? \_\_\_\_\_

Tonsillectomy \_\_\_\_\_ Appendectomy \_\_\_\_\_ Gallbladder surgery \_\_\_\_\_ Other \_\_\_\_\_

**CONTRACEPTION**

Are you using: Pill \_\_\_\_\_ Depo/Injection \_\_\_\_\_ IUD \_\_\_\_\_ Norplant \_\_\_\_\_

Condoms \_\_\_\_\_ Tubes tied/Sterilization \_\_\_\_\_ Vasectomy \_\_\_\_\_ Other \_\_\_\_\_ None \_\_\_\_\_

**INFECTION**

Have you had any sexually transmitted disease? \_\_\_\_\_

Syphilis \_\_\_\_\_ Gonorrhea \_\_\_\_\_ Chlamydia \_\_\_\_\_ Herpes \_\_\_\_\_ Yeast \_\_\_\_\_ Trichomoniasis \_\_\_\_\_ Bacterial Vaginosis \_\_\_\_\_

Do you have vaginal discharge? \_\_\_\_\_ Pain while urinating? \_\_\_\_\_ Do you douche? \_\_\_\_\_

Are you using any medicine now for any female problem? \_\_\_\_\_ Which? \_\_\_\_\_

Have you ever had Hepatitis, a blood transfusion, or HIV? \_\_\_\_\_ Which? \_\_\_\_\_

**MEDICINES**

Are you taking: Vitamins \_\_\_\_\_ Iron \_\_\_\_\_ Calcium \_\_\_\_\_ Hormones \_\_\_\_\_ Other \_\_\_\_\_

Why are you taking them? \_\_\_\_\_

Which medications are you allergic to? \_\_\_\_\_ Symptoms: rash nausea vomiting other \_\_\_\_\_

Other medical concerns? \_\_\_\_\_

**Medical Screening**

When was the last year you had: Colonoscopy \_\_\_\_\_ Eye exam \_\_\_\_\_ Dental exam \_\_\_\_\_

Blood check for: Cholesterol \_\_\_\_\_ Anemia \_\_\_\_\_ Diabetes \_\_\_\_\_

Vaccinations: Flu \_\_\_\_\_ Pneumonia \_\_\_\_\_ Hepatitis \_\_\_\_\_

Confidential phone:

Cell phone: area code ( ) number: \_\_\_\_\_

Home phone: area code ( ) number: \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_ City: \_\_\_\_\_

Area code ( ) number: \_\_\_\_\_

Other comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Reviewed by: \_\_\_\_\_

5/1/13