

HOT DRINKS		ALL DAY BREAKFAST:		Crunchy McSunshine		LUNCH	
latte, flat white cappuccino, long/short black, matcha, chai latte, hot chocolate, mocha, wet chai, golden latte	Cup	Egg-cellent Choice		Slate rock French toast (VO)		Pumpkin Pizza (V,GFO)	
	Mug	Eggs Your way on Sourdough toast (V, GFO)		Golden sourdough soaked in silky crème anglaise, pan-fried to perfection and topped with crispy bacon, a sunny fried egg, and a golden hash brown. Finished with a drizzle of pure maple syrup for the perfect savoury bite		Roast pumpkin, spinach, pesto, feta, pine nuts, rocket	
	Tea / pot	Bacon + 5.00, extra egg +3.00, scrambled +2 halloumi +4.50, grilled tomato +4, grilled mushrooms +4, feta +4,HM baked bean +4.50 spinach +4		scrambled +2		Lamb Yiros + 4.50	
	Tea pot available in EB & Green	Smoked salmon, cheese Kransky +6.50, chorizo +6.50, pulled pork +7.00 Hash brown+3.00, hollandaise +2.50, HM potato fritters +5.50 tomato relish, GFO +2.50		Mexican Waffle Breakfast(VO)		BBQ Pork Pizza (GFO)	
	Wet chai	Royal rubble Benedict (V, GFO)		Golden, fluffy waffles topped with smoky chipotle scrambled eggs and fresh avocado slices. Drizzled with sour cream and sprinkled with Mexican salsa, and crumbled feta. Served with a side of spicy salsa for an extra		Pulled pork, smashed avocado, sour cream, salsa, spring onion, mozzarella	
Extras		Slow-braised lamb flavour-packed, served on toasted pumpkin sourdough with poached eggs and a rich hollandaise sauce. Finished with a sprinkle of dukkah and fresh mint		Add chorizo +6.50		Braised lamb	
Mocha +.50, dirty chai, extra shot, decaf, alternative milk		Vege option		The Full Belly Buster		Tender lamb, slow cooked to perfection with rich tomato, zesty lemon, and fresh parsley. Served alongside a vibrant feta and rocket salad, paired with warm, buttery parmesan garlic pita bread for the perfect balance of hearty and fresh flavours	
		Golden, crispy potato fritters layered with silky poached eggs, topped with rich, velvety hollandaise sauce and a sprinkle of fresh mint. A hearty twist on the classic, served with a side of garden greens		Brontos Biggie		Thai Salt & Pepper Squid Salad	
COLD DRINKS		Burrit-OMG		Eggs any style, bacon, roast tomato, roast mushroom, garlic sautéed spinach, choice of cheese Kransky or lamb sausage Hash brown on sourdough		Crispy salt and pepper squid tossed with a zesty Thai herb salad of fresh mint, coriander, tomatoes, cucumber, and red onion. Finished with a sweet chilli lime dressing and a hint of sesame – light, crunchy, and full of zing	
Iced latte, Mocha, chocolate		Brontos signature breakfast wrap (GFO, VO) Sm /Reg		scrambled +2 HM Baked beans+4.00, HM Potato fritters +5.50		Sizzling chicken platter (VO, VGO)	
Iced coffee & Iced matcha		Cheese Kransky, scrambled egg, bacon, cheese, hash brown, hollandaise		Add HM Baked beans+4.00, Hash brown +3.00 scrambled +2		Herb marinated chicken, grilled mixed vegetables, potato wedges, sweet chilli sauce, sour cream	
FRESH JUICE:		Vege option		Brontos Shakshuka (V,VGO GFO)		Bedrock street food- Brontos kottu rotti (VO, VGO)	
Orange, Apple, Orange & apple		Hash browns Mushroom & Spinach, cheese & scrambled egg		A vibrant Mediterranean style dish of slow simmered tomatoes, Spiced eggplant, cannellini beans, chickpeas, fresh herbs, onions, and fragrant spices, topped with perfectly poached free-range egg. Served bubbling hot with a sprinkle of fresh coriander and a side of warm crusty bread for dipping. A hearty, wholesome breakfast bursting with flavour!		Diced rotti bread, mixed vegetables, onion, choice of pork or chicken with fried egg	
SMOOTHIES:		Brontos burrito-Hang over cure		Add chorizo +6.50 scrambled +2		Rice & curry	
Banana Smoothie		With smoky grilled chorizo, fluffy scrambled eggs, cheese, hash brown. hollandaise, avocado, jalapeños, and salsa for the ultimate morning-after revival. Wrapped in a warm tortilla, it's the cure you didn't know you needed		Betty Omelette (VO,GFO)		A hearty and flavourful dish featuring fragrant basmati rice served with your choice of slow-cooked chicken or pork curry rich in spices and simmered to perfection. Comes with a selection of seasonal vegetables, lentils, and a touch of egg plant pickle for an authentic taste of home-style comfort. Served with beef pan roll	
Banana, yoghurt, milk		bacon +2.50		Fluffy farm-fresh omelette folded with smoky grilled chorizo, roasted potatoes, sweet capsicum, creamy avocado, baby spinach, and gooey mozzarella. Served open on toasted sourdough with a punchy chipotle relish for a smoky, spicy finish.		Seafood basket	
Berry bliss		Gravel berry Granola (V, VGO)		Ceylon Big breakfast		BURGERS	
Mixed berries and apple juice		Toasted oats, walnuts, coconut, seeds, dried fruits, cinnamon, yoghurt, beetroot reduction and choice of milk		A bold and flavour-packed start to your day! Enjoy soft, flaky rotti paired with spicy chilli scrambled eggs, lentils, chicken curry & chicken chipolatas & coconut sambol. A hearty island feast to start your day!		UFO BUM / REGULAR BUM	
Tropical blend –		Alternative milk		The Great Avocado Bamm-Bamm		Yabadabadoo burger (GFO)	
Mango, pineapple, banana, coconut water		Chips (M/L)		Bamm-Bamm Smashed Avocado on grain toast (V, GFO)		200gm house made beef patty, bacon, caramelised onion, lettuce double American cheese, onion rings, jalapeno, house made smoky BBQ sauce on brioche bun	
MILKSHAKE:		Brontos Bruschetta (GFO)		Smashed avocado, whipped feta, charred corn salsa, pepitas, radish, herbs & beetroot reduction		Add Egg +3.00	
Chocolate, strawberry, blue heaven, caramel, vanilla		sourdough, pesto, tomato, feta, rocket, bacon, poached egg and beetroot balsamic reduction		Egg +3 / Bacon +5.00 / Halloumi +4.50 Hash Brown +3.00, GFO 2.50		Brontos Schnitty burger	
Alternative milk		Bacon + 5.00, extra egg +3.00		Signature Smashed Avocado on double maffle (V)		Schnitzel, bacon, fried egg, beetroot, cheese, onion, smoky BBQ sauce	
CHIPS & THINGS:		The great Gazoo fritters (V, VG, GF)		Smashed avocado, salsa , chilli peanut, coriander, Spanish onion sour cream		Wilma vegetarian burger (V,GFO,VGO)	
Chips (M/L)		Sweet potato & zucchini fritters, rocket, radish & pickled fennel salad, green hummus, & beetroot balsamic reduction		Southern fried chicken burger M/chips		Sweet potato & zucchini burger patty, rocket, Spanish onion, avocado American cheese, mayo on brioche bun	
Add Aioli or Peri peri +2.00		poached egg +3, bacon +5 halloumi +4.50		Crispy Southern fried chicken, served in a toasted brioche bun with lettuce, pickles, aioli and served with golden crunchy chips.			
Wedges (L)							
with sweet chilli sauce & sour cream							
Ceylon beef pan rolls(2)							

QUICK BREAKFAST

Fruit toast	5.00
Ham, cheese croissant	9.50
Breakfast muffin (GFO, VO) <i>Egg, bacon, cheese on English muffin</i>	7.00
Egg, bacon, cheese roll/wrap GF wrap +1.00	10.80
Scrambled egg wrap <i>Bacon, cheese, lettuce, mayo</i> GF wrap +1.00	11.50
Breakfast Turkish toast (VO, GFO) <i>Egg, bacon, cheese, tomato relish on Turkish roll</i> GF +3.00	13.50
Breakfast pocket <i>Egg, bacon, cheese, hash brown, BBQ sauce on pita bread</i>	13.90
Breakfast burger (GFO, VO) <i>Egg, bacon, cheese, hash brown, onion & tomato, sauce</i> Add Avocado Add Halloumi Available in UFO bun	14.50
Bedrock breakfast pizza (GFO) <i>Bacon, fried eggs, cheese, tomato relish & hollandaise</i>	14.50
VO Mushroom, capsicum, fried eggs	

Kids menu available

Tail waggers menu available
for outdoor diners



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WRAPS, FOCACCIA &

SANDWICHES:

VEGAN OPTION +2.50

SANDWICHES

Scotch fillet sandwich (GFO) Scotch fillet, tasty cheese, fried egg, lettuce, tomato, garlic aioli on ciabatta roll	14.90
The Cuban sandwich (GFO) Pulled pork, Swiss cheese, ham, pickle, American mustard on ciabatta roll	15.50
BLTC roll /wrap (GFO) Crispy bacon, cheese, lettuce, tomato, mayo Vienna roll +add egg 3.00 GF +3.00 wrap +1.00	13.50
Chicken & cheese pocket Chicken, cheese, avocado, tomato, spinach, aioli on toasted pita bread	14.50
Toasted BBQ Chicken & Cheese (GFO) Grilled BBQ chicken, cheese, avocado, onion, mayo on grain sourdough Pesto + 1.00, GF + 3.50	14.50

WRAPS

Brontos wrap (VGO, VO) Schnitzel, bacon, lettuce, tomato, cheese, carrot, aioli	12.90
Caesar wrap (GFO) Grilled chicken, lettuce, egg, crouton, parmesan cheese, aioli +add bacon 1.50	12.90
Sweet chilli chicken & salad wrap (GFO, VGO VO) Grilled chicken, Salad, aioli Add Avocado +1.50, GFO +2.00, Vegan +2.50	12.90

FOCACCIA

Available in wrap

Brontos focaccia (VGO) Schnitzel, bacon, tomato, lettuce, onion, cheese, aioli +add egg 2.00	12.90
Mother & child focaccia (VGO) Chicken, egg, avocado, tasty cheese, lettuce, mayo	12.90
Egg & Avocado focaccia (V, VGO) Avocado, fried egg, spinach, capsicum, sun dried tomato, cheese mayo	12.90
Lamb souvlaki Marinated lamb, tomato, onion, lettuce, tzatziki	13.90



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Drop us a quick Google /FB review and help more hungry humans find
their way to our dino-den!

Your kind words mean more than a T-Rex loves toast!



Please let us know your dietary requirements, we do our best to accommodate.

V - Vegetarian, VO Vegetarian option, VGO Vegan option,
GFO Gluten free option

Breakfast + Lunch + Catering + Functions

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