

# Principle Research Solutions



820 S McClellan St, Spokane, WA 99204

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March is here and spring is just around the corner. It is time for spring cleaning and pollen is in the air!

Even though we are still in the midst of this crazy pandemic, make sure you are getting some time to enjoy the spring weather! This month's featured Investigator, Dr. Gleason really enjoys his time outdoors riding his bicycle everywhere he can.

Spring allergies are here also, so don't forget your allergy medications if you need them and make sure you take time for you! You deserve it!

## MEET ONE OF OUR PROVIDERS

Gary Gleason, DO is Board Certified in Family Practice by the American Osteopathic Board of Family Physicians. He attended California State University Fresno, and Kirksville College of Osteopathic Medicine. He is a practicing physician at CHAS Urgent Care, as well as a Principal Investigator (PI) for several currently enrolling clinical trials in Internal Medicine, Gastroenterology (GI), and infectious disease. He has been PI on over 30 trials in COPD, hypertension, diabetes, Crohns, IBS, and other indications.

Dr. Gleason enjoys the beautiful Pacific Northwest. Some of his favorite outdoor activities include bicycling, playing ice hockey and fly fishing. In addition to spending time outside Dr. Gleason enjoys reading and keeping abreast of the latest medical publications in his field.



## Enrolling Trials

- ✚ Adolescent Nasal Polyps
- ✚ Alopecia Areata
- ✚ Asthma- **NEW!**
- ✚ Atopic Dermatitis- **NEW!**
- ✚ Chronic Sinusitis
- ✚ COPD
- ✚ Crohn's Disease
- ✚ Prurigo Nodularis
- ✚ Notalgia Paresthetica



# Fun Fact

The popular "**Keep Calm and Carry On**" slogan was originally created by the British government as a form of propaganda to urge citizens to stay civil during World War II, when London frequently endured air raids from Germany. Alas, it never caught on. Years later, in the 2000s, a poster was discovered, and many companies have used it as a slogan or marketing theme for their products. Apparently, vintage sensibilities apply to modern public relations campaigns too.

## TRIVIA ANSWER

“Q”

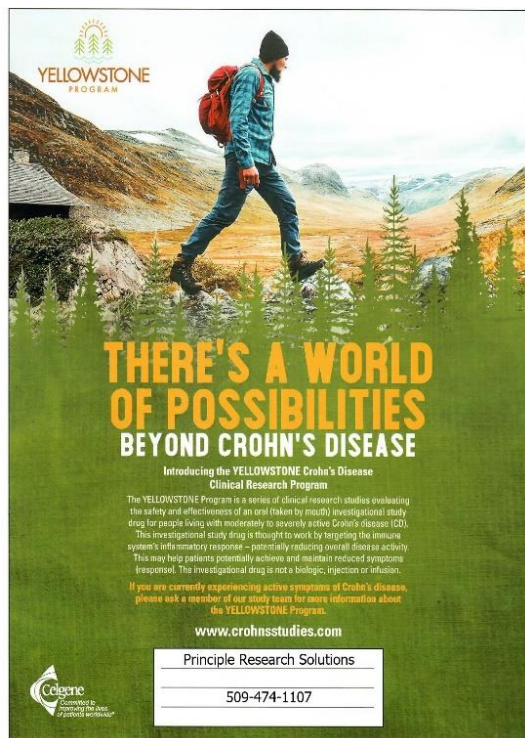
Letter

**This edition's trivia question is:**

How many lakes are within one-hour drive from Spokane?

Submit your answer on our website by March 31<sup>st</sup> for a chance to win a \$5 coffee card.

<https://principleresearchsolutions.com>



**YELLOWSTONE PROGRAM**

**THERE'S A WORLD OF POSSIBILITIES BEYOND CROHN'S DISEASE**

Introducing the YELLOWSTONE Crohn's Disease Clinical Research Program

The YELLOWSTONE Program is a series of clinical research studies evaluating the safety and effectiveness of an oral (taken by mouth) investigational study drug for people living with moderately to severely active Crohn's disease (CD).


This investigational study drug is thought to work by targeting the immune system's inflammatory response – potentially reducing overall disease activity. This may help patients potentially achieve and maintain reduced symptoms (response). The investigational drug is not a biologic, injection or infusion.

If you are currently experiencing active symptoms of Crohn's disease, please ask a member of our study team for more information about the YELLOWSTONE Program.

[www.crohnsstudies.com](http://www.crohnsstudies.com)

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 Celgene  
Committed to  
improving the lives  
of patients worldwide.

## March is National Colorectal Awareness Month

In 2021, an estimated 149,500 people will be diagnosed with this highly preventable disease. They will join more than 1.4 million colorectal cancer patients and survivors living today.

Actor Chadwick Boseman passed away from colorectal cancer in 2020.

## Upcoming Trials

- Atopic Dermatitis
- Nasal polyps
- Hereditary Angioedema
- Pediatric Plaque Psoriasis
- Vitiligo

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