



# LEARNING

## P.O.W.E.R. Tools For Work & Life

Your influence and impact as a leader will grow only to the extent you do. If you're not connected to your own personal POWER, you may find yourself forcing those relationships which will help and support that growth.

This interactive and informative session unlocks some of the secrets to standing for what you do believe in rather than fighting against what you don't.

This workshop is based on Jodee's book, *P.O.W.E.R. Tools @ Work*. The subject can be offered as a one-hour keynote, or a 2-hour workshop.

### Course Objectives:

- More effective **Communication** between and among teams
- Improved **Productivity** as a result of that Communication
- Increased **Employee Engagement** with tools to be solution-focused instead of only problem-focused
- More **Authentic Relationships** both inside and outside the workplace

**Time Commitment:** Two hours

**Investment:** \$2,500 for any number of participants. The book is available for purchase as a follow-up facilitator guide.





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## R.E.A.L. Impact: Learning to Communicate by Communicating

Effective communication is a crucial element of leadership success, both at work and at home. From one-on-one dialogues to group presentation and facilitations, R.E.A.L. Impact teaches managers, supervisors, and workplace leaders the foundation upon which to build a strong culture where everyone has the opportunity to succeed at the highest level. When leaders and collaborators share a strong bond of trust and open communication, there is no limit to what the organization can achieve, produce, and become.

### Course Objectives:

- Develop a deeper understanding and application of communication basics like active listening and intentional speaking
- Become aware of personal impact on others
- Develop awareness of and accountability for choices regarding human energy levels
- Recognize distinctions in language patterns which can produce desired results
- Create an action plan for dealing with intrapersonal communication challenges and opportunities

Through presentation, small group interaction and activities, participants will learn and reinforce skills allowing them to become communication catalysts within all aspects of their lives.

**Time Commitment:** One full-day session (preferred) or two half-day sessions one week apart

**Investment:** \$3,500 for up to 12 participants





## Transforming Workplace Relationships

We humans are naturally social creatures – we crave friendships and positive interactions, just as we do food and water. So it makes sense that the better our relationships are at work, the happier and more productive we’re going to be.

Good working relationships give us several other benefits: our work is more enjoyable when we have good relationships with those around us. Also, people are more likely to go along with changes we want to implement, and we’re more innovative and creative.

Those positive relationships give us freedom: instead of spending time and energy dealing with the problems associated with negative relationships, we can, instead, focus on opportunities and possibilities.

Good relationships are also often necessary if we hope to develop our careers. After all, if your boss doesn’t trust you, it’s unlikely that he or she will consider you when a new position opens up. We all want to work with people we’re on good terms with, and do business with people we know, like, and trust.

We also need good working relationships with others in our professional circles. Customers, suppliers, and key stakeholders are all essential to our success. So, it’s important to build and maintain good relationships with these people.

### Course Objectives:

- Determine the purpose for establishing positive workplace relationships and determine and name those specific relationships within your own environment.
- Learn techniques for improving interpersonal communication and coaching skills including, but not limited to, active listening.
- Learn and practice a proven 4-step method for solving problems with people in workplace settings (and also outside those settings!).
- Learn proven foundations for establishing a positive and productive workplace culture.

**Time Commitment:** One half-day session (4 hours).

**Investment:** \$2,500 for up to 12 participants





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## Other Possible Topics

In workplaces that are increasingly virtual or hybrid, it can be difficult to maintain a connected culture. Jodee provides monthly one-hour interactive sessions on a series of topics designed to keep employees involved and learning.

These workshops can be developed based on clients' desired outcomes. Engagements start with a facilitated dialogue where decision makers determine those outcomes and then are involved in reverse engineering the engagement to make sure those objectives are met.

### Topics may include:

- Activity Management using Time Blocking
- Open Dialogue Facilitation
- Change and Transition
- Leadership and Management Distinction
- Motivating and Inspiring Your Teams
- Listening Skills and Coaching

**Time commitment and investment are negotiable for the development and delivery of these or other specific topics based on desired outcomes.**

