

"Stonybrook did not just help me get sober, it changed my life."

"Stonybrook is my safe place."

"I can't say this enough, this clinic has really saved my life."

– Clients of Stonybrook Center, Inc.



Quarterly Newsletter
Spring 2025

Stonybrook Center, Inc.

Staff Spotlight

Meet Dejah Haywood, LSW!

Dejah is new to the Stonybrook Center, Inc. team! She acts as a substance use counselor as well as the Intake Coordinator.

Dejah is a Licensed Social Worker currently pursuing a Doctorate in Social Work. Dejah has a strong passion for helping individuals overcome mental health and substance use challenges.

With extensive experience in Intensive Outpatient Programs (IOP), acute mental health care, and substance use treatment, Dejah brings a wealth of knowledge and compassion to her work. She takes a holistic approach, guiding clients through the challenges they face and connecting them to the appropriate resources and support.

Dejah is deeply committed to fostering resilience and self-empowerment, ensuring that each client feels heard, valued, and supported throughout their journey to recovery. Her goal is to help people navigate life's challenges, achieve mental and emotional well-being, and ultimately lead fulfilling, healthy lives.

As she continues her studies and professional development, Dejah remains committed to making a positive impact on those she serves.



630-221-1400 or dejah.haywood@stonybrookcenter.com

Immediate Openings!

Now Accepting:

Blue Cross Blue Shield PPO

Aetna PPO

Cigna PPO

United Healthcare/Optum

Medicaid and Managed Medicaid Plans



What's New?

Increased Treatment Access Model

As of April 1, 2025 Stonybrook Center, Inc. will be moving to a new open access model for intakes and assessments for medication assisted treatment services! In order to increase access to treatment, Stonybrook Center, Inc. will be offering walk-in assessments on Tuesday and Thursday mornings.

In order to qualify, clients must first complete a pre-screening via phone. Upon approval, clients can then present to the clinic for walk-in services on a Tuesday or a Thursday. In order to be guaranteed an assessment spot for the day, clients must present to the clinic between 6a-6:15a. The latest a walk-in will ever be accepted is 8a.

As a reminder, intake/assessments for medication assisted treatment services take approximately 4.5 hours to complete from start to finish so clients should come prepared to spend a good portion of their day at the clinic. Stonybrook Center, Inc. does offer snacks and beverages to clients participating in the intake/assessment process.

Call for Partnerships

Stonybrook Center Inc. is always looking to strengthen and create new partnerships!

If your agency is interested in partnering with us, please contact Marissa Kirch, MSW, LCSW, CADC to inquire about how we can work together to improve access to care across the continuum!

For more information or to register for a training opportunity

Visit: www.stonybrookcenter.com

Or contact: marissa.kirch@stonybrookcenter.com or 630-221-

Upcoming Trainings!



2025 CEU Opportunities!

Treating Borderline Personality Disorder
April 15, 2025

Group Therapy and Managing Difficult Behaviors
May 13, 2025

Addiction and Trauma
June 17, 2025

Cross- Addiction and Process Addictions
July 8, 2025

Treatment for Self-Harm
August 12, 2025

Serious Mental Illness (SMI) and Addiction
September 16, 2025

Navigating Conflict in the Workplace
October 21, 2025

Differential Diagnosis
November 18, 2025

Managing Resistance and Creating Change
December 16, 2025

At Stonybrook Center, Inc., we believe in the importance of providing wraparound care to assist people with addictions to live successful lives. To fulfill this mission, we continue to offer our the following services:

Medication Assisted Treatment Services:

Methadone
Suboxone
Vivitrol

Intensive Outpatient Program (IOP) Services:

Monday- Friday 8a-11a
Groups Include: Addiction 101, Creative Recovery, Women in Recovery, Men in Recovery, DBT, and Relapse Prevention

Peer Support Services Hosted Onsite:

Medication Assisted Recovery Anonymous (MARA)-
Saturdays 10a-11a
SMART Recovery-hosted by DuPage County ROSC-
Wednesdays 1p-2p

Harm Reduction Training and Supplies:

Thanks to the DuPage County ROSC, a Narcan distribution box has been installed to provide free access to clients and the community! Fentanyl and Xylazine test strips are also available!

Additional Services:

Outpatient addiction counseling via individual and/or group therapy, case management services including transportation assistance for those with Medicaid MCO plans, and free onsite access to laundry facilities.

For more information and/or to register for a training, please visit our website at stonybrookcenter.com.



Stonybrook Center, Inc.

"your partner in recovery"

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www.stonybrookcenter.com

Contact us at **630-221-1400**