**Alleycoholics– League Rules**

**Fall 2025-2026 Rules**

* Alleycoholics will bowl on Friday at 6:45 pm. Practice starts at 6:30 pm. League will start on **September 5th** and will finish on **April 17th**
* Days off: **December 26th**
* There will be 16 weeks of bowling; sweeper/roll-off week will be week 16.
* Bowling Fees: **$15 weekly dues. $11.50 lineage, $3.50 prize fund**. $20 treasurer fee per team must be paid by the 2nd week of bowling. Last week of bowling must be paid ahead of time. No envelopes will be passed out the final week of bowling.
* League will bowl 3 games.The league will use a 7 point system, 2 points for every game, and 1 point for series won.
* Handicap will be 90% of 220 pins with 100% giveback over 220; bowlers will use last year’s league average for the first 6 games. If neither of those, we will use **Last Year’s Composite USBC average**. If no USBC average, averages will be established the first night of bowling.
* Absent score will be bowler’s average minus 10 pins. Vacant scores will be 120.
* Pre bowling is only allowed at certain times. 11AM-5PM Monday-Friday or 9 PM-11PM Monday-Thursday. Please arrive by 9PM if you are bowling after league so we can get you out right away. Pre bowling is not allowed on weekends. Post bowling is not allowed. Individual pre bowling is allowed.
* Bowlers must arrive before the end of the 5th frame, or they are considered absent
* If a bowler must leave the league, he/she must give two weeks notice or find a replacement for the rest of the season. Failure to do so will result in forfeiture of prize money.
* Please make sure recap sheets are filled out completely every week and turned into the front counter. Not filling out the recap sheets will result in loss of points for both teams.
* Envelopes: Only the top portion of the envelope should be filled out by the team. The league treasurer will fill out bottom part. **To avoid confusion, ALWAYS show the amount actually paid on the week it was paid!**
* Rule 110a – All participants in a team’s lineup must be no more than one week behind in league fee payments. Any team further behind may not be allowed to bowl games and may be declared forfeited.
* Each team will have a maximum roster size of eight. A legal line-up will constitute of two roster bowlers.
* Any ties for first placeat the end of any split or at the end of season will be determined by a one game roll-off between the teams. Roll-off to be done right after that nights bowling has been completed.
* Season will be split into two splits. The winner of each split will bowl each other for the league championship on week 16. Everyone is also bowling sweeper that week. Sweeper will be pins over average.
* Substitutes and Prebowling during Position Rounds – Pre bowling and substitutes are allowed -must have bowled 6 games to be eligible.
* No Carry-In food or drinks are allowed.