



# **HMCSF** Young Global Leaders Program

### by Harvard Model Congress San Francisco

A unique and intensive 3-day program on leadership and creating future changemakers



Impact created around the world.



Harvard Model Congress San Francisco

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### **Program Details**



In-person at your school



Program Dates: To be decided by the school



Program Fee: USD 450/student

3 Days



Grades: 6 - 12 Minimum 35 students



Mentor to Student ratio is 1:15/20



Students earn certificate from Harvard Model Congress San Francisco



## **About the Program**

A dynamic 3-day program aimed at equipping students with leadership, communication, and teamwork skills essential for personal and academic success. Through interactive activities, role-playing, and real-world applications, students develop practical skills to thrive in leadership roles.

### **Outcomes of the Program**

- Improved leadership and communication skills applicable in academic, extracurricular, and professional settings.
- Increased emotional intelligence and the ability to navigate team dynamics and challenges effectively.

- Practical experience in developing and presenting projects addressing real-world issues.
- Certificates of completion, demonstrating skills and achievements to future colleges or employers.





### **Key Benefits for Students**

- Leadership Development: Identify and refine personal leadership styles while understanding key leadership frameworks.
- Enhances Communication: Build confidence in public speaking, active listening and conflict resolution
- **Teamwork Skills:** Learn to collaborate effectively, resolve conflicts, and contribute to group success.
- Strategic Thinking: Practice decision-making, goal-setting and problem-solving under various scenarios.





## **Program Schedule**

The **HMCSF Young Global Leaders Program by Harvard Model Congress San Francisco** is a transformative and intensive 3-day program on leadership and building future changemakers.

#### Day 1: Foundations of Leadership & Teamwork

#### Morning Session (9:00 am - 12:00 pm)

9:00 am - 9:30 am - Icebreaker: "What Makes a Great Leader?"
- Group Discussion and Brainstorming
9:30 am - 10:30 am - Key Concepts:

- Types of Leadership and Personal
  - Leadership Styles (Self-Assessment Activity)

10:30 am - 11:00 am - Break

11:00 am - 12:00 pm - Team Dynamics:

- Characteristics of Effective Teams

- Group Activity: Build a Tower with Limited Resources to Highlight Collaboration

#### Afternoon Session (1:00 pm - 3:00 pm)

- **1:00 pm 2:00 pm** Workshop: Leadership Roleplay - Decision-Making Challenges
- **2:00 pm 3:00 pm -** Reflection Session: Discuss Challenges Faced During the Roleplay and Group Activity

#### Day 2: Communication Skills & Conflict Resolution

#### Morning Session (9:00 am - 12:00 pm)

9:00 am - 10:30 am - Basics of Effective Communication:

- Verbal, Non-Verbal, and Active Listening
- Activity: "Lost at Sea" Problem-Solving Exercise to Practice Listening & Collaboration
- 10:30 am 11:00 am Break
- **11:00 am 12:00 pm** Understanding Conflict:
  - Common Causes and Resolution Strategies
  - Roleplay: Practice Resolving Conflicts in Teams

#### Afternoon Session (1:00 pm - 3:00 pm)

1:00 pm - 2:00 pm - Public Speaking Workshop:

 Structuring and Delivering Engaging Speeches

 2:00 pm - 3:00 pm - Practice Session: Students Deliver 1-minute

 Impromptu Speeches on Assigned Topics





#### Day 3: Applying Leadership & Presentation Skills

Morning Session (9:00 am - 12:00 pm)

- 9:00 am 10:30 am Strategic Thinking and Planning: - Students Design a Group Project Addressing a Real-World Issue or Community Improvement Idea
- 10:30 am 11:00 am Break
- **11:00 am 12:00 pm** Workshop: Prepare a Presentation on the Group Project

#### Afternoon Session (1:00 pm - 3:00 pm)

- **1:00 pm 2:30 pm** Final Presentations: Each Group Presents their Project to the Class and Invited Guests (Harvard Student Mentors)
- 2:30 pm 3:00 pm Wrap-Up: Reflection on the Program, Feedback and Certificates of Completion





## About the Organization



Harvard Model Congress San Francisco Founded in 2001, **HMCSF** is one of the best civic engagement conferences under the umbrella organization of Harvard Model Congress, the nation's oldest government simulation conference run exclusively by undergraduates at Harvard College. First and foremost a teaching institution, HMC offers the most dynamic model congress and model UN simulations available to high school students.

Over the course of this workshop, experienced **HMCSF** staff members will provide students the unique opportunity to dive into the world's most pressing issues and debate real-world challenges facing the United Nations today. Our approach, centered around small-group learning, inspires debate, cooperation, and legislation, while also forcing students to expand their own perspectives and to understand the issues at hand in a new, more nuanced way.





## **Mentors of Harvard Model Congress San Francisco**



Andre is a Junior at Harvard College studying Social Studies with a focus on the intersections of race, gender and socio-economic status on mass incarceration in modern America and African American Studies. Within Harvard Model Congress, Andre is a senior staffer for HMC Europe and serves as the Chief of Staff for Harvard Model Congress Boston 2025! Outside of HMC, Andre is a Peer Advising Fellow for first-year students at Harvard and enjoys using his free time to grab coffee, go to the gym and "drop his crunch" at spin class. He thrilled to forge the future with each of you at HMCSF 2025!

Andre Ramsey Senior Member



Hiral is a sophomore in Pfoho, studying Neuroscience with a secondary in English. She is from Long Island, New York and spends her free time watching episodes of her comfort sitcom, Brooklyn Nine-Nine, and working with anything arts & crafts. Outside of Harvard Model Congress, Hiral is a dancer with the Harvard Bhangra team, a news writer for The Crimson, and involved with the Institute of Politics. Hiral is so excited to see everyone at HMCSF 2025!

Hiral M. Chavre Senior Member



## **Mentors of Harvard Model Congress San Francisco**



Sam is a senior in Currier House concentrating in history and linguistics, with a language citation in Spanish. Outside of HMC, he loves playing intramural sports, dancing with Harvard's Latin dance troupe, and playing Settlers of Catan with friends. He's super excited to meet you all at HMC San Francisco 2025!

Sam Schumann Senior Member



Patrick is a Sophomore in Cabot. He had a multicultural upbringing - growing up in Paris and later Innsbruck, Austria - and was fortunate to enjoy internship and travel opportunities throughout his 2 gap-years, which took him to Dubai, Beijing, and across Europe. He is very interested in global affairs and emerging markets and hopes to be in a position to travel for work later in his career. Currently, he is looking to concentrate in both Government and NELC, and hopes to study another language before graduating. Patrick looks forward to being a part of HMCSF, as he cares about bringing a nuanced and international perspective to the conference.

Patrick Pieper Senior Member



# Voices of Impact from some of our 3500+ Student Changemakers



"This program contributed to my academic curriculum and broadened horizons for learning. We had classes with student mentors from HMCSF. It was fun to learn from them, as they were so intelligent and cool! The most important segment for me was the final project presentation, where my group and I addressed a global problem- access to education."

-Catarina, Escola Bilíngue Pueri Domus School, Brazil

#### Practicing different aspects of leadership in daily lives

"We learnt so much about the importance of key skills, body language and posture in leadership and communication. I enjoyed the fun activities that taught us about team work and problem solving."

-Max, Beekmantown High School, New York, USA





# **Championing Education Together**

Some Faculty Insights from 100+ Partner Schools we have worked with

#### **Creative problem solving**

"Students were really able to hone in on what problems their community members face each and every day and then develop a solution."

#### Duffy Nelson, Principal, Beekmantown Middle School, USA



#### **Opening doors to borderless learning**

"We believe in educating our students to become global citizens, so they can have an impact both locally and globally. We had more than 70 students participating from different schools, interacting, sharing ideas, learning from each other and developing skills such as public speaking, problem solving, decision making and leadership."

#### **Deivis Pothin**,

Head of School, Escola Bilíngue Pueri Domus School, Brazil





# Some of the Impact Projects created by our Youth Leaders



**THEME: Environment & Technology** GEMS Wellington Academy, Dubai, UAE



**THEME: Education & Society** St. George British International School, Germany



THEME: Technology & Society American International School of Vietnam



**THEME: Civic Amenities** St. George British International School, Germany



## More Than 100 In-person Programs Conducted Worldwide

















## **Media Spotlight**

### Our programs are making waves in the international press.

BEEKMANTOWN — Beekmantown Central School became one of the the first schools in the United States to work with an international program run by Harvard University focused on leadership, communications and creating future change-makers.

Forty students from Beekmantown Middle School spent the week of June 26-30 participating in the Harvard Young Leadership Program run by Harvard students who spent the week at the middle school. Students learned how to use data, think analytically, communicate effectively, work in teams and about college life and the application process.

"They provided us with a lot of good information that we can use in future courses as well as negotiating, leadership and communication skills," said 8th-grader Olivia Burgin, who hopes to attend Harvard one day.







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#### Beekmantown students learn life skills From Harvard students

Jul 7, 2023







### HMCSF Young Global Leaders Program by Harvard Model Congress San Francisco





Disclaimer: The programs are not provided by Harvard University or any other university but by a student-run organization. HMCSF (<u>https://www.hmcsanfran.org/</u>) is an independent 100% Harvard student-run organization dedicated to inspiring the next generation of changemakers. Harvard Model Congress San Francisco is not affiliated to Harvard University, but the name Harvard is used with the permissions of the University.