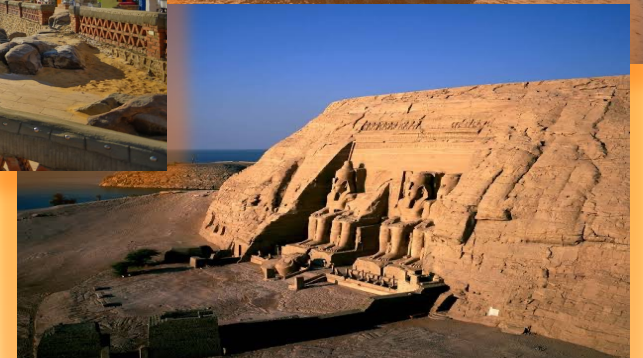




Wellness Retreat

7th till 13th Dec 2021



NUBIA & NILE CRUISE



Anakato KiKi (Nubia) / Steigenberger Royal Cruise

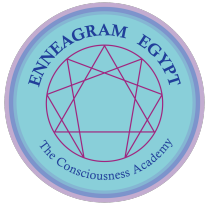
WELLNESS RETREAT: 7th till 13th December 2021



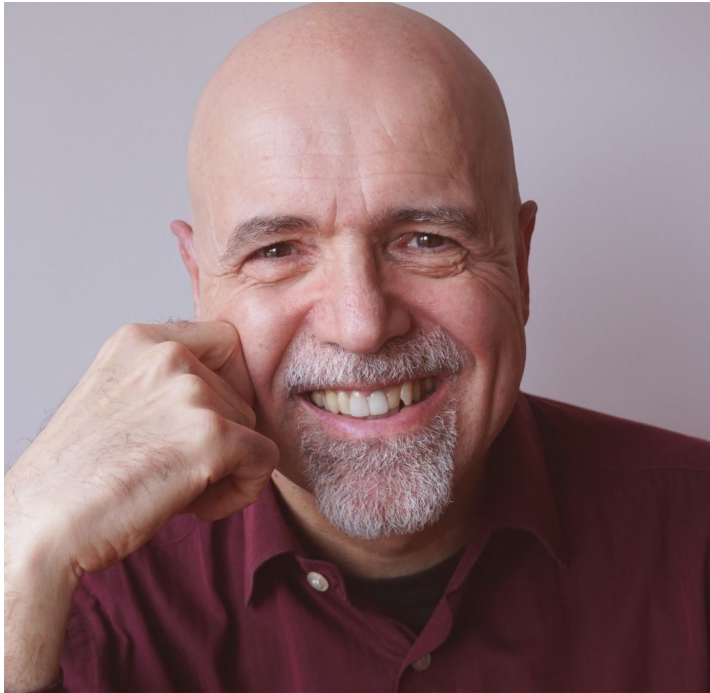
www.enneagramegypt.com

Enneagram Egypt

Phone / WhatsApp
Arabic: (+20) 103 2445366
English: (+20) 114 6066669



Guests of Honor



Martin Ucik



Dr. Khaled ElSherbini



Bence Ganti



Package Cost (per person prices, until October 15th)

		Retreat Prices per person			
		Egyptians		Non-Egyptians	
Room Type	Description	EGP	in USD	EGP	in USD
Single room	Nile View	17900	1150	19100	1225
	Garden View	16900	1075	18100	1150
Double room	Nile View	14900	950	16100	1025
	Garden View	13900	890	15100	965
Triple room	Nile View	13400	850	14600	925
	Garden View	12400	800	13600	875
		1200 extra fee for non-Egyptians		\$75 extra fee for non-Egyptians	



Payment Policies



- * Non-Egyptians have an added cost of EGP 1200 or \$75 as shown*
- * Reservation by full payment, limited units available*
- * Triple rooms will be double in the Cruise*
- * Single rooms will be in Kato dol hotel, next door to Anakato Kiki*

- * Availability is limited, and not guaranteed after October 15th*

- * Refund Policy:*
 - Before October 15th — full refund less 2500 admin expenses*
 - Oct 15 - Nov 15th — 50% refund*
 - After Nov 15th — no refund*



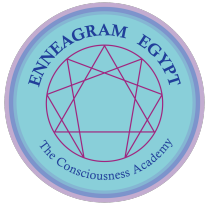
Included in the Prices

Included :

- Airline tickets Cairo/Aswan - Luxor/Cairo
- 3 nights/4 days on BB basis (Anakato KiKi or Kato dol)
- 3 nights/4 days All inclusive (Breakfast-Lunch-Dinner) on Steingenburger Royal cruise 5 Stars
- 2 extra lunch events
- All activities as mentioned
- All transportations as mentioned
- All Entrance Tickets
- All boats and cars are loaded with water, juices, and cookies

Excluded :

- Anything not mentioned in the Program



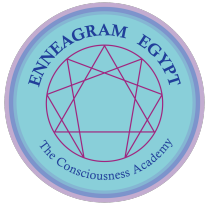
Retreat Itinerary



Day one (Arrival) + (Al Sayyad Island)

- Arriving to Aswan Airport
- Transfer to the hotel by vans (5 in each)
- Check-in to hotel
- Breakfast and orientation of the Island
- Motor-boat tour to discover the beauty of Nubia and the Nile hidden gems
- Late lunch at Al Sayyad Island
- Tour at the Nubian Village and Nubian Market
- Evening session





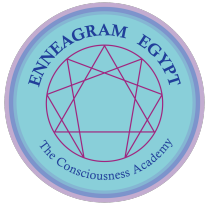
Retreat Itinerary

Day Two

(Feyala) + (Nubian Maldives)

- Morning meditation and session on a motor-boat with tea and coffee
- Breakfast
- Taking the bus to the other side of Aswan Dam, where we will find a boat waiting for us to takes us to FEYALA TEMPLE
- Cruising the Aswan Dam reservoir till we reach the magical Tengar (The Nubian Maldives) kayaking the crystal-clear water
- Late lunch @ soleih
- Back to the hotel
- Nubian evening near the fire pit
- Evening session



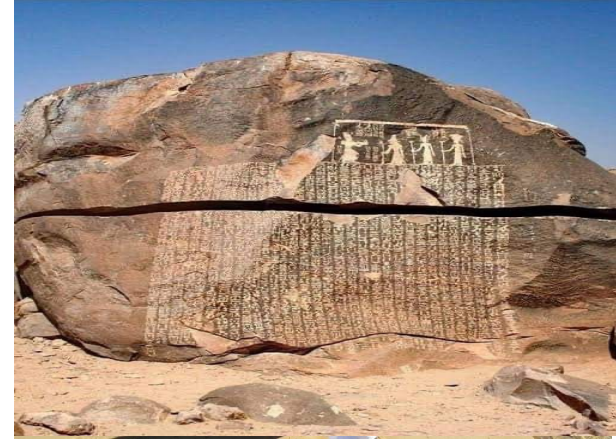


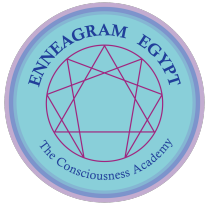
Retreat Itinerary

Day Three

(Island Breakfast - Famine Stela - Nubian House-Hiking)

- Morning meditation and session on a motor-boat with tea and coffee
- Breakfast on a private island (picnic style)
- Visit to Sohail Island and the Famine stela
- A special visit to a traditional Nubian house, where we can enjoy freshly baked Nubian delights
- Back to the hotel
- Evening session





Retreat Itinerary

Day Four (Abu Simbel)



- Morning meditation and session on a motor-boat with tea and coffee
- Lunch box
- Leave at 6 am to Abu Simbel by bus
- Visit to the Great Temple with guide
- Back to Aswan
- Check-in at the Nile cruise + Lunch
- Visit to Aswan Market
- Dinner on Board
- Overnight in Aswan





Retreat Itinerary

Day Five (Nile cruise)

- Sail To Kom-Ombo
- Breakfast on board
- Morning meditation and session
- Visit to the Temple
- Sail to Edfu
- Lunch on board
- Visit to Edfu Temple
- Sail to Luxor via Esna
- Dinner on board
- Evening session
- Overnight in Luxor



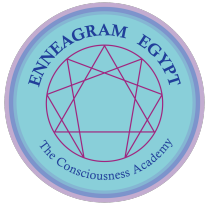


Retreat Itinerary

Day Six (Nile cruise)

- Breakfast on board
- Morning meditation and session
- Visit to the Valley of the Kings & Queens
- Visit to the Temple of Queen Hatshepsut
- Lunch on board
- Visit to the East Bank
(Karnak & Luxor Temples)
- Sail to Luxor via Esna
- Dinner on board
- Last evening session
- Overnight in Luxor





Retreat Itinerary

Day Seven (Nile cruise)

- Breakfast on Board
- Check-out
- Hot air balloon (optional)
- Transfer to the airport by vans





Useful Information

Anakato Wadi KiKi

- Anakato Wadi Kiki is a state-of-the-art luxurious Nubian House directly on the riverbank. By far the best place to stay in Nubia

EXTRA Meals

- For extra meals during your stay in Nubia there are limited options, the best option is the main hotel restaurant, that can provide variety of foods upon request (see menu)
- Basic needs market is available
- Aswan is just 20 min by boat

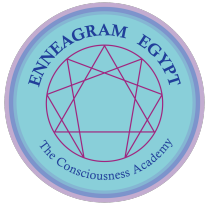
Recommended to bring

- Swimming suit
- Comfy sneakers
- Sunglasses



Set Menu (3) وليل دجاج محشي بالأرز 220 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles وليل دجاج محشي بالأرز Walil Chicken with Rice طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice	Set Menu (2) وليل دجاج مشوي 180 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles وليل نصف دجاج مشوي Walil Half Grilled Chicken طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice	Set Menu (1) وليل طاجين كباب حلة 180 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles وليل طاجين كباب حلة على الطريقة النوبية Walil Beef Tagen Nubian Style طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice
Set Menu (6) وليل طاجين سمك في الفرن 190 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles اختيارك من وليل السمك (مقلي - مشوي) Walil Fish (Fried-Grilled-Syadiah) طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice	Set Menu (5) وليل طاجين دجاج في الفرن 180 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles وليل دجاج في الفرن Walil Chicken Tagen In Oven طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice	Set Menu (4) وليل مشاوي 230 L.E. سلطة بلدي وطيرفي Oriental Salad & Pickles وليل مشاوي مشكلة (ربع قرعة - كفتة - كباب) Walil Mixed Grill Nubian Style (Chicken-Kofta-Kebab) طاجين خضار على الطريقة النوبية Vegetable Tagen أرز Rice





Notes and Contact Information



Notes

- Prices mentioned are Early Bird prices, ending October 15th.
- Reservation by full payment.
- Priority given to the community of Enneagram Egypt.



Contact Info

Phone / WhatsApp:

- Arabic: (+20) 103 2445366
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Email:

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