

Silly Sausage Piercing

Piercing Aftercare

DO'S!

- Do use a canister based sterile Saline solution once a day for 7 to 10 days to clean your piercing.
- Do allow your piercing to be cleaned when you are in the shower. This will help to remove any crusties & build up on the jewellery without causing trauma.
- Do downsize your piercing. (Visit your local piercer for this)
- Do take Vitmin C, D & Zinc (if you are able to) to help boost your immune system during healing.
- Do sleep on a travel pillow if you have got an ear piercing until you have at least had your first downsize.
- Do drink lots of water. Stay hydrated during Healing!

DONT'S!

- Don't touch, twist or pick your piercing. This can introduce unhelpful bacteria and/or cause trauma to the area.
- Don't remove jewellery from a healing piercing to clean it. You will struggle to get the jewellery back in & potentially cause trauma to the area.
- Don't use alcohol, TCP, surgical spirit, tea tree, peroxide or home made salt water solutions to clean your piercings. This is a very old & outdated way of healing your piercing which is much too harsh.
- Don't sleep on your piercing. Sleeping on your piercing can cause unsightly trauma such as granulomas (which develop into the dreaded keloid if not tackled early) and/or irreversible damage such as jewellery migration. Not to mention, it's just not comfortable. TRAVEL PILLOW! They're like a fiver in primark hehe.

F.A.Q's

Why only saline?

Sterile saline is a mixture of water and 0.9% sodium chloride. It mimics the same ratio that our bodies naturally produce!

Pressurised canisters preserve the sterility of the solution so there is no chance of cross contamination.

Harsh chemicals found in TCP, surgical spirit, creams & ointments will burn the tissue and strip the area of the healthy bacteria & natural secretions needed to start the healing process. Heavy creams & ointments can clog up the piercing allowing unhelpful bacteria to breed & restrict oxygen getting to the piercing.

Rock salt/sea salt water is simply not sterile & will likely cause more harm than good.

Why shouldn't I twist or pick my piercing?

This will cause trauma to the area as well as introduce unfriendly bacteria to the piercing site, resulting in delayed healing & potentially infection.

Why can't I sleep on my piercing?

Sleeping on your fresh piercing could result in a whole range of undesirable consequences! Such as irritation bumps (granuloma), delayed healing, jewellery migration, embedding... travel pillows & doughnut pillows are a great way to hugely reduce these risks! Keeping your piercing safe & keeping you comfy whilst you sleep.

Why do I need to have my post downsized?

The initial post has its length to accommodate for the initial localised swelling expected with fresh piercings.

Once swelling subsides, your post should be swapped out for a shorter one. This helps to prevent movement and minimises the risk of the piercing getting caught, knocked or banged which can delay healing. Not to mention, it can be kinda annoying having a bar that feels longer than your lifespan swinging about once your swelling has subsided! I recommend seeking professional assistance on your first downsize just to make sure everything is tickidy-boo in the healing department,

Is it normal for my piercing to be sore?

It is certainly not uncommon to experience localised swelling, bleeding, bruising, redness, tenderness & soreness within the first few weeks of your fresh piercing. During healing you may also experience itching & secretions of white/yellow fluid which turns to crust, also totally normal!