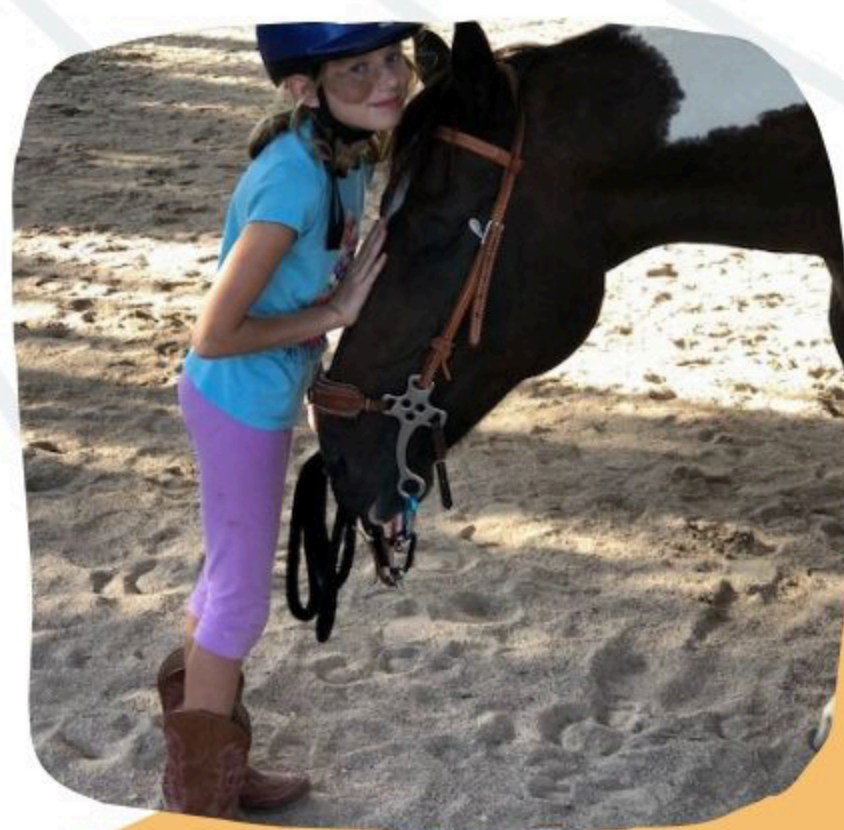




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People and Horses Helping Each Other

A SAFE WAY TO SOCIAL DISTANCE. HEARTS THERAPEUTIC RIDING IS NOW ACCEPTING NEW STUDENTS!

These new times are tough on everyone, especially the kids. They are use to a schedule and that has changed drastically. Riding a horse in the great outdoors is an amazing and safe way to social distance. Did you know that riding produces oxytocins in the body which is why people feel better after riding? We specialize in providing therapeutic riding services to all populations but not limited to those who deal with physical and developmental disabilities, mental health issues, and other individuals that need confidence building and physical development. There are physical, cognitive, and emotional benefits of horseback riding. Many riders in our program report feeling physically stronger & more flexible, increased self-esteem, decreased anxiety, improvements in problem solving, attention, and memory, etc. Reach out today!



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