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## CONSENT FOR TELEHEALTH COUNSELING

- 1. I understand that my health care provider wishes me to engage in a telehealth consultation. Telehealth allows me to stay at home and practice social distancing.
- 2. I understand that a telehealth consultation has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.
- 3. I understand there are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties. I understand that my health care provider or I can discontinue the telehealth consult/visit if it is felt that the videoconferencing connections are not adequate for the situation.
- 4. I have had a direct conversation with my provider, during which I had the opportunity to ask questions in regard to this procedure. My questions have been answered and the risks, benefits and any practical alternatives have been discussed with me in a language in which I understand.
- 5. I understand that I will be responsible for any copayments or coinsurances that apply to my telehealth visit. Coverage for telehealth varies by insurance company and I am responsible for confirming coverage with my insurance company and or for the cost of the session if not covered by insurance.
- 6. Telehealth is NOT an Emergency Service and in the event of an emergency, I will use a phone to call the crisis hotline at 512-472-4357, Bluebonnet Trails Emergency after hours at 800-841-1255, Psychiatric Emergency Services at 512-454-3521, or go directly to the nearest hospital or call 911. I can also text the crisis hotline at 741741.
- 7. To maintain confidentiality, I will not share my telehealth appointment link with anyone unauthorized to attend the appointment. Sessions will not be recorded by my therapist or by me the client.

Telehealth by Simple Practice is the primary technology service we will use to conduct telehealth videoconferencing appointments. It is simple to use and there are no passwords required to log in. My therapist will email or text me a link to my appointment.

I understand that during the Covid-19 Crisis my therapist is authorized to utilize other mediums to conduct telehealth sessions and to bill my health insurance company. Not all health insurance companies cover telehealth. In the event that internet signal is poor or we are unable to reasonably access Simple Practice Telehealth, my therapist may use alternative portals <a href="https://doxy.me/stephaniejw">https://doxy.me/stephaniejw</a> Facetime, Audio phone calls, or Zoom.

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