



OUR LADY STAR OF THE SEA

CATHOLIC PARISHES OF BRIDLINGTON – EASTFIELD – FILEY

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MASS TIMES & SERVICES

Solemnity of Pentecost - 24th May 2026

Saturday	23rd	Eastfield	4:00pm	Vigil of the Solemnity of Pentecost	Sheila Swales
		Bridlington	6:00pm		The Parishes
Sunday	24th	Bridlington	9:00am	Solemnity of Pentecost	Seamus Maurice Power
		Filey	11:00am		Mary Bruce
Monday	25th	Bridlington	10am	Mary, Mother of the Church	Jobin Mathew & Family (<i>t'giving</i>)
		Eastfield	10am		Eileen Shakespeare
Tuesday	26th	Filey	10am	St Philip Neri	Catherine
Wed'day	27th	Bridlington	10am	St Augustine of Canterbury	Louis & Sandra Lalman (health)
Thursday	28th	Filey	10am	Eternal High Priest	Elva Waite (Health)
Friday	29th	Bridlington	10am	St Paul VI	Louise Jose
		Bridlington	3-4pm	Holy Hour & Confessions	
Saturday	30th	Eastfield	4:00pm	Vigil of the Solemnity of the Most Holy Trinity	David Kenneally
		Bridlington	6:00pm		Mary Bonaker
Sunday	31st	Bridlington	9:00am	Solemnity of the Most Holy Trinity	Mary Rose Morarty (<i>Health</i>)
		Filey	11:00am		The Parishes

The gifts of the Holy Spirit are supernatural helps given by God to Christians so that the Holy Spirit can guide, strengthen, and make people “docile” to divine inspirations—especially in the moral life and in living the faith more fully. The Catechism teaches that the moral life of Christians is sustained by the gifts of the Holy Spirit, which are “permanent dispositions” that make a person docile to the promptings of the Holy Spirit. They complete and perfect the virtues in the person and make the faithful readily obey divine inspirations. In Catholic theology (and as reflected in the Catechism of the Catholic Church teaching), these gifts are connected to the Spirit’s sanctifying work in the soul: when the Sacrament of Confirmation is received, it increases the gifts of the Holy Spirit and gives special strength to witness to Christ. The Church names **seven gifts**, given by the Holy Spirit: 1) **Wisdom**; 2) **Understanding**; 3) **Counsel**; 4) **Fortitude**; 5) **Knowledge**; 6) **Piety**; 7) **Fear (Reverence) of the Lord**.



These gifts are rooted in the promise about the Messiah in Isaiah 11:1–3, where the Spirit’s “sevenfold” action is described; the tradition links the gifts to the Spirit resting on the Messiah—and therefore to Christ. The gifts complete and perfect the virtues rather than replace them—so they’re not shortcuts that bypass moral formation, but a deeper enabling of the person to live the good. They are also closely linked to charity - St Thomas Aquinas teaches that the gifts of the Holy Spirit “cannot exist apart from charity.” St John Paul II emphasizes that the gifts make the faithful docile in obeying divine inspirations, and they are intended to lead persons toward sanctity and perfection.

In practical terms, the gifts help a person obey more easily and promptly the Holy Spirit’s voice and impulse while sustain the Christian moral life through readiness to follow God rather than being driven mainly by fear, disorder, or self-reliance. The seven gifts are the action of the Holy Spirit giving you a spiritual “readiness” to see reality more truly (wisdom/ understanding/knowledge), to choose rightly (counsel), to endure and act for the good (fortitude), to relate to God with filial reverence (piety and fear of the Lord), so that the virtues can grow and charity can become more lived.

PARISH NOTICES

- **Parish office hours are Wednesday, 27th May between 2 and 3pm.**
- During the month of May the **Holy Rosary** is prayed 15 minutes before each Mass.
- **Pope Leo XIV's 1st Encyclical Letter:** will be released on May 25. Titled Magnifica Humanitas (Magnificent Humanity) it speaks about the Protection of Human Dignity in the Age of Artificial Intelligence (AI). The encyclical was signed by Pope Leo XIV on 15 May, the 135th anniversary of Rerum Novarum (Rights and Duties of Capital and Labor), the landmark 1891 social Encyclical of Pope Leo XIII that addressed workers' rights and the social consequences of the Industrial Revolution.
- Caritas Social Action Network (CSAN) **Zoom Conference on Violence against Women and the Bible** - hosted by CSAN's Domestic Abuse Alliance and Safe in Faith on Tuesday, 26th May, from 10am-12noon. Register at csan.charitysuite.com/events/w8agsksi/invite/t9hqyk5z?action=accept What does a biblical understanding of violence against women look like? And how might this understanding inform our responses?
- **73rd Diocesan Pilgrimage to Lourdes:** 300+ pilgrims from our Diocese attending. There are 11 students from St Augustine's School (5 from our parishes) who are also attending. The Grotto Mass will be livestreamed on Tuesday 26 May 9am (UK time), via: youtube.com/@lourdes. Also we are invited to join the following: Torchlight Procession, Wed 27 May 8pm (UK time) & Blessed Sacrament Procession, Thu 28 May 4pm (UK time). Lourdes Grotto also has a Webcam.
- **Bible Course:** continue on Wednesday **27th May** (Abraham - Part 1), and every fortnight at St Peter Hall, Bridlington, between 10:45 and noon.
- **Holy Hour and Prayer Meeting:** Thursday, **11th June** and every fortnight at St George's Church, Eastfield. Holy Hour in front of the Blessed Sacrament from 6 till 6:30pm and continue with our prayer meeting till 7:30pm. All welcome.
- **Justice & Peace (J&P)** meeting on Thursday, 28th May at St George's Hall, Eastfield, from 5 to 7pm.
- **Ministers of the Eucharist:** (for 3 parishes) Seminar of Reflection and Formation for the Ministers of the Eucharist in our parishes. We meet at St Peter's Hall, Bridlington, on **Thursday, 4th June**, from 5pm till 7pm. All ministers are to attend.
- **Catholic Social Teaching Course:** Come and find out more about Catholic Social Teaching, sometimes known as the Church's 'best kept secret'. The course will take place over **six weekly sessions on Monday from 5 to 7pm at St Mary's in Filey, starting on 8th June until 13th July**. All invited - Catholics and non Catholics. Each session will include prayer, an input, reflection and sharing.
- **Parish Volunteers:** All Parish volunteers are invited to a get together (with formation about Safe guarding and Health and Safety) at St Peter's Hall, Bridlington, on **Saturday, 20th June**, from 11am till 1pm. Can Volunteers put their name on the List at the sacristy and their role in the Church. We need the name and the role of each volunteer to create a database for safeguarding and insurance purposes. I appreciate everyone's cooperation.
- **Pope Leo's prayer intention** for the month of May is that **everyone might have food**. Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

Church Collections during weekend 16-17th May & 2nd Collection for Church Media

Bridlington: attendance - 178; collection - £406; 2nd collection: £123

Eastfield: attendance- 56; collection - £188.80 ; 2nd collection: £85.65

Filey: attendance - 88; collection - £323.03; 2nd collection: £

Church Fundraising

- **St. Georges cake Sale** on 16/5/26 raised £155.60 for the Building Fund. Thank you all who participated.
- All are invited to **Afternoon Tea at St Mary's Hall** on Sunday 7th June from 3pm. Tickets £10 (including free raffle ticket) from Diane. Proceeds to Building Fund. All welcome.
- The winning number of the **Bonus Ball** Eastfield & Filey on Saturday, 16th May was **20**. The **Club 150** Bridlington drawn on Sunday, 17th May was **129**. Congratulations for the winners and thank you all for participating.

2nd Collections in the month of May

30-31st May: Building Fund

Safeguarding: please visit website page: <https://catholicstarofthesea.co.uk/safeguarding>

Our parish representatives are: Elizabeth Mascarenhas (Bridlington); Maria Foxton (Filey); Ann Barber (Eastfield)

If concerned about safeguarding, please contact the representative or call **01642 850505** or email: safeguarding@rcdmidd.org.uk



From Pius, our church cat, reading this week:
*Bethlehem was God with us, Calvary was God for us, and
Pentecost is God in us.*

(from Robert Baer)

