



# OUR LADY STAR OF THE SEA

## CATHOLIC PARISHES OF BRIDLINGTON – EASTFIELD – FILEY

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### MASS TIMES & SERVICES

#### 14th Sunday in Ordinary Time - 6th July 2025 (week 2)

Masses and Devotions are livestreamed on our YOUTUBE Channel: [Our Lady&StPeter, Bridlington](https://www.youtube.com/channel/UCQdMidd)  
or click livestream button on our Website page: <http://catholicstarofthesea.co.uk>

Saturday	5th	Eastfield	4pm	Vigil of the 14th Sunday of Ordinary Time	Cyril Swales (B'day)
		Bridlington	6pm		Enes Korkmaz (B'day)
Sunday	6th	Bridlington	9am	14th Sunday of Ordinary Time	Paul & Maribel (T'giving)
		Filey	11am		Mario Fruglia
Monday	7th	Eastfield	10am	Morning Prayers	
Tuesday	8th	Bridlington	1pm	Funeral Service for the late Mrs Marie Arnett	
Wed'day	9th	Bridlington	10am	Feria	Angelica Schembri
Thursday	10th	Bridlington	10am	Feria	November List
		Filey	10am	Morning Prayers	
Friday	11th	Bridlington	10am	St Benedict	Forgotten Souls
		Bridlington	3-4pm	Divine Mercy, Holy Hour and Confessions	
Saturday	12th	Eastfield	4pm	Vigil of the 15th Sunday of Ordinary Time	Brian Clark
		Bridlington	6pm		Collins Family
Sunday	13th	Bridlington	9am	15th Sunday of Ordinary Time	Rex McCarter
		Filey	11am		The Parishes

### PARISH NOTICES

- ♦ **Parish Office Contact Hours for this week are Wednesday, 9th July, 2pm-4pm.**
- ♦ We pray for the soul of **Marie Elizabeth Arnett** (Bridlington) who recently died. The Funeral Service for the late Marie Arnett is on Tuesday, 8th July at 1pm at Our Lady and St Peter's Church, Bridlington. Eternal rest grant...
- ♦ **51st Annual Postgate Rally** in honour of Blessed Nicholas Postgate, Priest of the Moors, this Sunday, July 6th, at St Hedda, Egton Bridge. We gather at 2:30pm, and there be mass at 3pm.
- ♦ **Filey:** Join us for refreshments at St Mary's parish hall on the day of **Filey Festival**, Saturday 12th July from 10am-1.30pm. Seating outside and indoors too, perfect for whatever the weather does on the day. There will be a cake stall. Help needed! If you would like to bake for the event or to help on the day please talk to Diane Whitehead, thank you.
- ♦ **Pope Leo's prayer intention** for July is for formation in discernment. Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

### Fundraising

The winning number of the Bonus Ball Eastfield & Filey on Saturday, 28th June was **4**. The Club 200 Bridlington drawn on Sunday, 29th June, was **84**. Congratulations for the winners and thank you all for participating.

### 2nd Collections in July

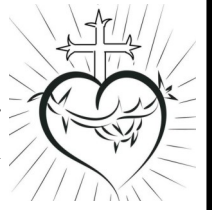
12-13th July: Sea Sunday (support Stella Maris- the Apostolate of the Sea)  
25-26th July: Building Fund

**Pius's (our church cat) reflection:**  
**When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."**

(quote from Helen Keller)



## **Reflection on the Sacred Heart of Jesus** **based on Pope Francis Encyclical letter Dilexit Nos**



Just before he died, as if like a Spiritual Testament to the world, Pope Francis has given the Church the Encyclical letter *Dilexit Nos*. This letter speaks about *the Heart of Jesus as the key to the very centre of our faith*. 2 young men, Jonas Peeters (a seminarian from Belgium) & Nicolas Koch (a philosophy student) reflect on this encyclical letter in an article published on *Youcat Website*, on 2nd June 2025, offered in 5 points. This is an invitation for us to rediscover the Heart of Jesus – a heart that feels, loves, and beats for us.

**1. A heart that beats with yours!** The Heart of Jesus is very close to us – Jesus, is not a stranger to our life. In a world that sometimes seems to have lost its center, we all feel an inner thirst for what is real and can give unity to our lives. But it is not enough to just listen to your own heartbeat; it is about perceiving the heartbeat of God. (cf. n. 81) The Heart of Jesus beats unceasingly for you. His eyes see you even when it seems that everyone else ignores you; when you feel that you don't matter, or when your sins discourage you. His tender gaze rests upon you, seeing the good in you. As St. Francis de Sales once said, *he constantly carries you in his Heart*. (cf. n. 115) So carry him in your heart everywhere too, and do not be afraid! The Heart of Jesus wants to continue beating in this world through you today. He will not take away any of the beauty or joy of your life; on the contrary: you will only truly become yourself when love reigns in your heart and the Heart of Jesus dwells within you. (cf. n. 21)

**2. Make your love real in actions!** “Christ showed the depth of his love for us not by lengthy explanations but by concrete actions.” Pope Francis calls love for others the “*fuel*” of our friendship with Jesus. (n. 212) If this friendship is not to fade away, it must constantly be nourished and supported by concrete acts of charity. Claiming it only for oneself would contradict the love of the Heart of Jesus: It is in its nature to unite. It creates community and sends us to our brothers and sisters. One piece of advice from the Pope on this path is: “Have the courage to ask for forgiveness!” A sincere plea for forgiveness breaks the pride that sometimes prevents us from moving forward in a relationship. It opens both your own heart and that of the other person to the power of love. Whoever loves makes themselves vulnerable, but it is precisely in this vulnerability that love's authenticity is shown: Looking at the wounded Heart of Jesus, who loved us infinitely, we see the model of truly active love.

**3. Let the Heart of Jesus speak to you!** Your relationship with the Heart of Jesus must be nurtured. It is not just one form of devotion among many, because it is directed precisely at the core of Jesus Christ's person: a heart of flesh and blood, overflowing with human and divine love. Pope Francis puts it this way: “For there we find the whole Gospel, a synthesis of the truths of our faith, all that we adore and seek in faith, all that responds to our deepest needs.” (n. 89) Each of us should strive to build a heart-to-heart relationship with Jesus. The Eucharist is the privileged place to conduct this dialogue, for it is where the Sacred Heart of Jesus is truly present. He who loves you infinitely waits longingly to unite himself with you in Holy Communion, to meet your gaze in silent wonder before his humble Eucharistic presence. In the Holy Eucharist, we discover that we, like St John at the last supper, may be the beloved disciple of the Lord, resting on the Master's chest. There, we hear what the Heart of Jesus wants to say to us. This is where our lives are transformed by the love of the Heart of Jesus, and where the Kingdom of God spreads in this world.

**4. Surrender yourself to Him with trust!** Jesus has an answer to all the world's fears, anxieties and doubts. He has not left us alone in our weakness. In the Heart of Jesus – that is, in the Holy Eucharist – we find the source of true trust. Like Saint Thérèse of the Child Jesus, we want to say: We are ready to anchor the trust of our hearts not in ourselves, but in the Heart of Jesus. (cf. n. 90) By becoming Eucharistic people, we tell Him: “I trust in you.”

**5. Place nothing in His way!** The Pope also mentions “obstacles we place before the expansion of Christ's love in the world by our lack of trust, gratitude and self-sacrifice.” (n. 194) With the words of Jesus – “Blessed are the pure in heart, for they shall see God” (Mt 5:8) – we realize how essential it is to ask God to remove those obstacles. Only a pure heart can truly see God. When we gaze upon Jesus, we understand why His Heart draws us both to the Eucharist and to Confession. Listen to the Apostle John standing beneath the Cross: “One soldier thrust his lance into his side, and immediately blood and water flowed out.” (John 19:34) And in the First Letter of John we read: “The blood of Jesus, his Son, cleanses us from all sin.” (1 John 1:7) In Confession, we are washed clean by the very blood that poured forth from His pierced Heart.

### **Church Collections during weekend 28-29th June**

Our Lady & St Peter Church, Bridlington: 1st collection:£337; 2nd Collection:£157

St George, Eastfield:1st collection- £180.20; 2nd collection - £77.60

St Mary, Filey:1st Collection- £209.50; 2nd Collection - £ 97.00

*The 2nd Collection was for St Peter's Pence, i.e., to support the Pope in his mission.*