



# OUR LADY STAR OF THE SEA

## CATHOLIC PARISHES OF BRIDLINGTON – EASTFIELD – FILEY

Address: 32, Victoria Road, Bridlington, YO15 2AT  
 tel: 01262 375518 • email: [starofthesea@rcdmidd.org.uk](mailto:starofthesea@rcdmidd.org.uk)  
 Website: <http://catholicstarofthesea.co.uk>

### MASS TIMES & SERVICES

#### 1st Sunday of Lent - 22nd February 2026 (week 1)

Saturday	21st	Eastfield	4pm	<i>Vigil of 1st Sunday of Lent</i>	Ann Stonehouse (H)
		Bridlington	6pm		Dorina Emmanuella
Sunday	22nd	Bridlington	9am	<i>1st Sunday of Lent</i>	Paul & Maribel (t'giving)
		Filey	11am		November list
Monday	23rd	Bridlington	9:30am	Stations of the Cross (no Mass)	
		Eastfield	10am	1st week of Lent	Lawrence Turner
			10:30am	Stations of the Cross	
Tuesday	24th	Filey	10am	1st week of Lent	November List
			10:30am	Stations of the Cross	
Wed'day	25th	Bridlington	9:30am	Stations of the Cross	
			10am	1st week of Lent	November List
Thursday	26th	Filey	10am	1st week of Lent	November list
			10:30am	Stations of the Cross	
Friday	27th	Bridlington	11am	Stations of the Cross	
			11:30am	1st week of Lent	Patrick Lenehan
			3-4pm	<i>Divine Mercy, Holy Hour and Confessions</i>	
Saturday	28th	Eastfield	4pm	<i>Vigil of 2nd Sunday of Lent</i>	Kathleen Anderson
		Bridlington	6pm		The Parishes
Sunday	1st	Bridlington	9am	<i>2nd Sunday of Lent</i>	Andrew Schembri
		Filey	11am		November List

### LENT 2026: Wednesday, 18th February 2026 – Thursday, 2 April 2026

During Lent, **Stations of the Cross** follows every week day Mass in Eastfield and Filey; and 30minutes before Mass in Bridlington and all weekend Masses in the 3 parishes.

**Bible Course:** We continue with our Bible course every fortnight at St Peter Hall, Bridlington, between 10:45 and noon: 4th March (The Story of Salvation); 18th March (Isaiah - the Suffering Servant); 1st April (The Passion narratives).

**Prayer Meeting:** Every fortnight at St George's Hall, Eastfield, between 6pm and 7:30pm, on **Thursdays**, 5th March; 19th March; 16th April; 30th April.

**Ecumenical Lenten talk & Soup:** At Filey Methodist Church, from Wednesday, 25th February at 12.15pm.

**Bridlington CAFOD Soup lunch:** During Lent, every Friday, the Stations of the Cross are at 11am, Mass at 11:30am, followed by CAFOD Soup Lunch in the Hall. Between 3pm and 4pm there will be the usual Holy Hour and Confessions. The Church will be open for prayers from 10am till 4pm.

**St George's CAFOD soup lunch:** Monday, 9th March. Stations at 11am, Mass at 11:30am followed by the Soup Lunch.

**CAFOD FAST DAY:** Friday, 27th February.



**From Pius, our church cat, reading this week:** *This Lent...refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace.*



*From Pope Leo XIV message for Lent 2026*

## PARISH NOTICES

- **The Parish office hours** are Wednesday, 18th February between 2 and 4 pm.
- We keep in our prayers the late Mrs Pauline Lemmon of Filey who recently died. Condolences to all her family. We also pray for the late Sr Mary Dymphna Dineen of the Daughters of Mary and Joseph, who died on the 20th of February, aged 94. Eternal rest grant unto them O Lord..
- **The 1st Holy Communion:** Parents meeting on Monday, 2nd March, from 6:30pm till 7:30pm, at Our Lady and St Peter Parish house, Bridlington.
- **MISSIO Red Boxes:** Please return your Missio Red boxes to church to be emptied, counted and money sent. Thank you for supporting regularly the church in mission territories.
- **Filey:** All are welcome to a **PPP lunch** (pie, pea & pudding), refreshments and free raffle ticket on Thursday 12th March at 12.30 at St Mary's, Filey. Tickets £10 from Diane.
- **Eastfield: Easter Raffle** tickets will be on sale after Mass in aid of St George's Church. 1st prize £100, 2nd prize £50 and many more desirable prizes. Please help us by supporting St George's Church.
- **Eastfield:** Work is going on to replace the toilets at St George's Church. Work is expected to be completed by the end of February. There will be no available toilets at St George's during this time. The expected cost is of £25,000 (including VAT) of which we were given a grant of £19,200 from York and North Yorkshire Combined Authority and UK government through the UK Shared Prosperity Fund.
- **73RD Middlesbrough Diocesan Lourdes Pilgrimage 24 to 30 May:** From £925pp. Return flights & transfers 6 nights full board, full religious programme. Go to: [joewalstours.co.uk/tours/73rd-middlesbrough-diocesan-lourdes-pilgrimage](http://joewalstours.co.uk/tours/73rd-middlesbrough-diocesan-lourdes-pilgrimage)
- **Annual Diocesan Day Walsingham Pilgrimage:** led by Bishop Marcus Stock (Apostolic Administrator)., Saturday, 26th September 2026. Coach pickups: Middlesbrough Cathedral 5am & York Train Station 6am. Cost £40pp. Further info email Bishop's Secretary at [bishopsecretary@rcdmidd.org.uk](mailto:bishopsecretary@rcdmidd.org.uk). We would organise transport to York if there is sufficient interest.
- Pope Leo XIV **prayer intention** for the month of February is for children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### Church Collections during weekend 14-15th February

Bridlington: attendance - 152; collection- **£315**

Eastfield: attendance- 50; collection- **£161.00**

Filey: attendance - 68; collection - **£250.05**

### Church Fundraising

- The winning number of the **Bonus Ball** Eastfield & Filey on Saturday, 14th February was **14**. The **Club 150** Bridlington drawn on Sunday, 15th February was **148**. Congratulations for the winners and thank you all for participating.

### Collections in the month of February

*21/22nd February - Building Fund*

*Friday - 27th February - CAFOD Fast Day*

*28th/1st March - Lent Fast day collection (CAFOD)*

**What is Lent?** Lent is the liturgical season of penance, prayer, and preparation for Easter, lasting 40 days from Ash Wednesday to Holy Thursday. It has a twofold character: recalling baptism and fostering penance to celebrate the Paschal Mystery. This period disposes catechumens (those preparing for baptism) for initiation and the faithful for renewal through intensified hearing of God's Word, prayer, and ascetic practices.

Lent's roots trace to early Christian preparation for the Paschal fast before Easter. St. Jerome's letter around 384 AD first attests to "*Quadragesima*" in Rome as a fasting period. By St. Leo the Great's time, Lenten sermons emphasized asceticism, moral conversion, fasting, and virtue. Originally linked to a pre-Easter fast on Friday-Saturday, it evolved into a structured 40-day season mirroring Christ's fasting in the desert. The third Sunday marked the midpoint, shifting to Christ's Passion. The 3 pillars of Lent are Prayer, Fasting, Almsgiving. **Prayer:** Intense listening to Scripture, vigilance against temptation. **Fasting:** Abstinence from food/pleasures, renouncing evil, passions, sin; elevates spirit, fights vice. **Almsgiving:** Sharing with poor, works of mercy; social conversion for just distribution.

# Lent

