

2025-2026 DRESS CODE

Music and Motion (2.5 – 3.5 year old):

- Comfortable clothes the dancer can move and groove in!
- Bare feet, sock feet (with good grips on them) or ballet slippers
- Hair tied back in a pony tail or pigtails
- For their safety – no jewelry

Creative Movement (3.5 - 4.5 year old):

- Bodysuit of any colour
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back in pony tail or pigtails
- Additional options: dancers may also wear dance shorts, skirt or tutu over their leotard
- For their safety – no jewelry

BALLET

No jewelry should be worn for any ballet classes.

Pre Ballet:

- Light pink bodysuit (Recommend: Mondor 3545 - 01)
- Pink Ballet tights (Recommend: Mondor 319 - E6)
- Pink Ballet slippers (Recommend: Bloch full sole)
- Hair tied back neatly in a ballet bun (secured with bobby pins, hair net over the bun)
- Additional options: dancers may also a pink ballet skirt (no shorts)

Jr Ballet 1 & 2:

- Lilac bodysuit (Recommend: Mondor 3545 - LP)
- Pink Ballet tights (Recommend: Mondor 319 - E6)
- Pink Ballet slippers (Recommend: Bloch full sole)
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear a light purple ballet skirt (no shorts)

Intermediate Ballet:

- Navy blue bodysuit (Recommend: Mondor 3545 - 90)
- Pink Ballet tights (Recommend: Mondor 319 - E6)
- Pink Ballet slippers (Recommend: Bloch full sole)
- Hair tied back neatly in a ballet bun (secured with bobby pins, hair net over the bun)
- Additional option: dancer may also wear a navy ballet skirt (no shorts)

Teen Ballet:

- Black bodysuit (any style of choice)
- Pink Ballet tights (Recommend: Mondor 319 - E6)
- Pink Ballet slippers (any style of choice)
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear a black ballet skirt (no shorts)

Adv. Teen Ballet:

- Any colour bodysuit (any style of choice)
- Pink Ballet tights (Recommend: Mondor 319 - E6)
- Pink Ballet slippers (any style of choice)
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear any colour ballet skirt (no shorts)

JAZZ / MUSICAL THEATRE

Additional option for all classes: dancers may wear dance shorts of any colour over their leotard

Pre Jazz:

- Bodysuit of any colour
- Black Jazz tights (Recommend: Mondor 319 - 52)
- Black Jazz shoes (Recommend: Bloch S0499)
- Hair tied back in a neat pony tail
- For the dancer's safety – no jewelry

Jr 1 Jazz | Jr 2 Jazz | Jr Musical Theatre

- Black bodysuit (any style of choice)
- Black Jazz tights (Recommend: Mondor 319 - 52)
- Black Jazz shoes (Recommend: Bloch S0499)
- Hair tied back in a neat pony tail
- For the dancer's safety – no jewelry

Intermediate, Adv. Int, Adv. Teen Jazz | Int/Teen Musical Theatre

- Black bodysuit (any style of choice)
- Black Jazz tights (Recommend: Mondor 319 - 52)
- Black Jazz shoes (Recommend: Bloch S0499)
- Hair tied back in a neat pony tail
- For the dancer's safety – no jewelry

LYRICAL / CONTEMPORARY**All Contemporary and Lyrical Classes:**

- Black bodysuit (any style of choice)
- Light tan dance tights (Recommend: Mondor 319 - 74)
- Tan twylas, "foot undies" or any style of lyrical/contemporary shoe
- Hair tied back in a neat ponytail
- For the dancer's safety – no jewelry
- Additional option: dancers may wear black dance shorts over their leotard

see more on next page....

ACRO DANCE

For safety reasons - absolutely no jewelry or loose fitting clothing. No bows or clips in hair.

Tiny Tumblers | Pre Acro:

- Bodysuit of any colour
- No tights
- Bare feet
- Hair tied back in a bun (low bun preferably)
- Additional options: dancers may also wear fitted dance shorts over their leotard. During the winter months, dancers may also wear leggings or tights without feet.

Jr 1 Acro | Jr 2 Acro | Int/Teen Acro

- Black bodysuit (any style of choice)
- No tights
- Dance shorts (any style of choice)
- Bare feet
- Hair tied back in a bun (low bun preferably)
- During the winter months, dancers may also wear leggings or tights without feet.

HIP HOP

All Hip Hop Classes:

- Active wear - clothes that dancer can move and groove in!
- Clean indoor running shoes (no outdoor shoes!)
- No jeans or pajama pants
- For safety reasons - no jewelry

JNS T-shirts are a great option! See jnsdance.com/jns-merch

TAP

Tiny Tappers:

- Comfortable clothes the dancer can move and groove in!
- Black tap shoes (Recommend: Bloch)
- Hair tied back in a neat pony tail
- For safety reasons – no jewelry

Pre Tap | Jr 1 Tap | Jr 2 Tap | Int Tap | Teen Tap

- Comfortable shirt the dance can dance in (any colour)
- Black legging or black shorts (any style of choice)
- Black tap shoes (Recommend: Bloch)
- Hair tied back in a neat pony tail
- For safety reasons – no jewelry

jnsdance.com/jns-merch