

### Music and Motion (2.5 - 3.5 year old):

- Comfortable clothes the dancer can move and groove in!
- Bare feet, sock feet (with good grips on them) or ballet slippers
- Hair tied back in a pony tail or pigtails
- For their safety no jewelry

#### Creative Movement (3.5 - 4.5 year old):

- Leotard (body suit) of any colour
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back in pony tail or pigtails
- Additional options: dancers may also wear dance shorts, skirt or tutu over their leotard
- For their safety no jewelry

### **BALLET**

#### **Pre Ballet:**

- Light pink leotard
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back neatly in a ballet bun (secured with bobby pins, hair net over the bun)
- Additional options: dancers may also a pink ballet skirt (no shorts)
- No jewelry

#### **Jr Ballet 1 & 2:**

- Lilac leotard
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear a light blue ballet skirt. Please no shorts.
- No jewelry

#### **Intermediate Ballet:**

- Navy blue leotard
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back neatly in a ballet bun (secured with bobby pins, hair net over the bun)
- Additional option: dancer may also wear a navy ballet skirt (no shorts)
- No jewelry

#### Teen Ballet:

- Black leotard
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear a black ballet skirt (no shorts)
- No jewelry

#### **Adv. Teen Ballet:**

- Any colour leotard
- Pink Ballet tights
- Pink Ballet slippers
- Hair tied back neatly in a ballet bun (secured with bobby pins and a bun net over the bun)
- Additional option: dancer may also wear a black ballet skirt (no shorts)
- No jewelry

## JAZZ / MUSICAL THEATRE

#### Pre Jazz:

- Leotard of any colour
- Black Jazz tights
- Black Jazz shoes
- Hair tied back in a neat pony tail
- For the dancer's safety no jewelry
- Additional option: dancers may wear dance shorts or a dance skirt of any colour over their leotard.

#### Jr 1 Jazz | Jr 2 Jazz | Jr Musical Theatre

- Black leotard
- Black Jazz tights
- Black Jazz shoes
- Hair tied back in a neat pony tail
- For the dancer's safety no jewelry
- Additional option: dancers may wear dance shorts of any colour over their leotard

#### Intermediate, Adv. Int, Adv. Teen Jazz | Int/Teen Musical Theatre

- Black leotard
- Black Jazz tights
- Black Jazz shoes
- Hair tied back in a neat pony tail
- For the dancer's safety no jewelry
- Additional option: dancers may wear black dance shorts over their leotard

### LYRICAL / CONTEMPORARY

#### All Contemporary and Lyrical Classes:

- Black leotard
- Beige dance tights
- Beige twylas, "foot undies" or any style of lyrical/contemporary shoe
- Hair tied back in a neat ponytail
- For the dancer's safety no jewelry
- Additional option: dancers may wear black dance shorts over their leotard

## **ACRO DANCE**

### **Tiny Tumblers | Pre Acro:**

- Leotard of any colour
- No tights
- Bare feet
- Hair tied back in a bun (low bun preferably)
- Additional options: dancers may also wear fitted dance shorts over their leotard (any colour).
  During the winter months, dancers may also wear leggings or tights without feet.
- For safety reasons absolutely no jewelry or loose fitting clothing. No bows or clips in hair.

### Jr 1 Acro | Jr 2 Acro | Int/Teen Acro

- Black leotard
- No tights
- Dance shorts
- Bare feet
- Hair tied back in a bun (low bun preferably)
- For safety reasons absolutely no jewelry or loose fitting clothing. No bows or clips in hair.

### HIP HOP

#### All Hip Hop Classes:

- Active wear clothes that dancer can move and groove in!
- Clean indoor running shoes (no outdoor shoes!)
- No jeans or pajama pants
- For safety reasons no jewelry

JNS T-shirts are a great option! See insdance.com/jns-merch

## **TAP**

### **Tiny Tappers:**

- Comfortable clothes the dancer can move and groove in!
- Black tap shoes
- Hair tied back in a neat pony tail
- For safety reasons no jewelry

## Pre Tap | Jr 1 Tap | Jr 2 Tap | Int Tap | Teen Tap

- Comfortable shirt the dance can dance in (any colour)
- Black legging or black shorts
- Black tap shoes
- Hair tied back in a neat pony tail
- For safety reasons no jewelry

# **SONG & DANCE**

## Jr Song & Dance | Int Song & Dance

- Black JNS Shirt
- Black leggings and shorts
- Black Jazz shoes
- Hair tied back in a neat pony tail
- For the dancer's safety no jewelry

jnsdance.com/jns-merch