



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	APRIL 19	APRIL 20	APRIL 21	APRIL 22	APRIL 23	APRIL 24	APRIL 25
	9am Vinyasa Flow						
		10am Slow Flow		10am Slow Flow	10am Vinyasa Flow		
	10:15am Restorative/Yin Fusion						
					11:30am Mom & Baby Post Natal Yoga (pre-registered)		
			5:15pm Vinyasa Flow	5:15pm Restorative/Yin Fusion			
		6pm Slow Flow					
			6:30pm Yoga for Beginners II (pre-registered)				
		7:30pm Broga, Yoga for Men					
				8pm Vinyasa Flow			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY