

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	JAN 26	JAN 27	JAN 28	JAN 29	JAN 30	JAN 31	FEB 1
	9am Vinyasa Flow						9am Power Flow
		10am Yoga for Beginners (pre- registered)		10am Slow Flow	10am Vinyasa Flow		
	10:15am Restorative/Yin Fusion						
					11:30am Mom & Baby Post Natal Yoga (pre-registered)		
			5:15pm Vinyasa Flow	5:15pm Restorative/Yin Fusion			
		6pm Slow Flow			6pm Led Ashtanga Primary Series (pre-registered)	6pm Slow Flow	
			6:30pm Prenatal Yoga (pre-registered)	6:30pm Yoga for Beginners (pre- registered)			
		7:30pm Broga, Yoga for Men					
				8pm Vinyasa Flow	8pm Slow Flow		
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