Creekside sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY 28	JULY 29	JULY 30	JULY 31	AUG 1	AUG 2	AUG 3
						8:30am Vinyasa Flow
		9am Kids Yoga at Henry St Park (by donation)		9am Vinyasa Flow	THIRD ANNUAL SATURDAY AUGUST 3RD	ato 2-1116
			10am		PICTON	Fostival 10am-4pm in
			Slow Flow			Picton
						Cabbage Yoga
						Kids Yoga
						Partner Yoga
						Kombucha Yoga
	5pm Vinyasa Flow					
			6pm Restorative/Yin Fusion	6pm Yang & Yin	6pm Slow Flow	
	6:15pm Slow Flow					
		6:30pm Power Flow				
	7:30pm Broga, Yoga for Men		7:30pm Vinyasa Flow	7:30pm Slow Flow		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY