



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

MAY 3 MAY 4 MAY 5 MAY 6 MAY 7 MAY 8 MAY 9

	9am Vinyasa Flow						9am Power Flow
		10am Slow Flow		10am Slow Flow	10am Vinyasa Flow		
	10:15am Restorative/Yin Fusion						
					11:30am Mom & Baby Post Natal Yoga (pre-registered)		
			5:15pm Vinyasa Flow	5:15pm Restorative/Yin Fusion			
		6pm Slow Flow				6pm Slow Flow	
		7:30pm Broga, Yoga for Men					
				8pm Vinyasa Flow	8pm Slow Flow		

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