

Divin' In – Wednesday Night Bible Study

THE CHURCH OF THE SPRINGS – 4/22/26

"Remember the sabbath day, to keep it holy. Six days you shall labor and do all your work, but the 7th day is a sabbath of Yahweh your God; in it you shall not do any work..."

– from Exodus 20:8-10 LSB

Keeping the Sabbath?



Exodus 20:8-11 NLT

"Remember to observe the Sabbath day by keeping it **holy**. You have **six** days each week for your ordinary work, but the **seventh** day is a Sabbath day of **rest** dedicated to the Lord your God. On that day no one in your household may do **ANY** work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. For in six days the Lord made the **heavens**, the earth, the sea, and **everything** in them; but on the seventh day He rested. That is why the Lord **blessed** the Sabbath day and set it apart as holy."

From Acts 15:5-11 NLT

"But then some of the believers who belonged to the sect of the Pharisees stood up and insisted, 'The Gentile converts must be **circumcised** and **required** to follow the law of **Moses**..... So the apostles and elders met together to resolve this issue. At the meeting, after a long **discussion**, Peter stood and addressed them as follows: 'Brothers, you all know that God chose me from among you some time ago to preach to the **Gentiles** so that they could hear the Good News and believe. God knows people's **hearts**, and He confirmed that He accepts Gentiles by giving them the **Holy Spirit**, just as He did to us. He made no distinction between us and them, for He cleansed their hearts through **faith**. So why are you now challenging God by burdening the Gentile believers with a yoke that *neither we nor our ancestors were able to bear*? We believe that we are all saved the same way, by the undeserved **grace** of the Lord Jesus!'"

From Acts 15:27-29 NLT

"We are sending Judas and Silas to confirm what we have decided concerning your question. For it seemed **good** to the Holy Spirit and to us to lay no greater **burden** on you than these few requirements: You must **abstain** from: ❶ eating food offered to idols, from ❷ consuming **blood** or the meat of strangled animals, and from ❸ sexual immorality. If you do this, you will do well.

Colossians 2:16 CSB

"Therefore, don't let anyone **judge** you in regard to food and drink or in the matter of a festival or a new moon or a **Sabbath** day."

Mark 2:27 NLT

"Then Jesus said to them, 'The Sabbath was made to meet the **needs** of people, and not people to meet the **requirements** of the Sabbath.'"

Exodus 31:15-17 ESV

"Six days shall **work** be done, but the seventh day is a Sabbath of solemn **rest**, holy to the Lord. Whoever does any work on the Sabbath day shall be put to **death**. Therefore the people of Israel shall keep the Sabbath, **observing** the Sabbath throughout their generations, as a covenant forever. It is a **sign** forever between Me and the people of Israel that in six days the Lord **made** the heavens and the earth, and on the **seventh** day He rested and was refreshed."

Acts 20:7a LSB

"And on the **first** day of the week, when we were gathered together to break bread, **Paul** began speaking to them.... and he prolonged his message until midnight."

1 Corinthians 16:2a NLT

"On the first day of each week, you should each put aside a **portion** of the money you have earned...."

Romans 14:5 CSJ

"One person considers some days more **holy** than others, while someone else regards them as being all alike. What is **important** is for each to be fully convinced in his own mind."