

SPEED STRATEGY



When you need to Think Fast



HOW TO USE?

Just go with your gut. Trust yourself and just start by starting. Write down one word – or couple of words – in any box you want. Some people start with where they want to go – the desirable destination. Some people start with the where they are right now – the situation. .Others fill in what is pushing them to want to go somewhere better – or what's stopping them. Or a sense of what needs to be done and how it needs to be done – that can hint at where you need to go..

