

SPEAKER, CLINICIAN, NON-PROFIT EXECUTIVE,  
AUTHOR

# *QUIANNA DANIELS-SMART, LSW*



**ENCOURAGING  
TRANSFORMATIVE  
CHANGE & HEALING  
THROUGH  
MOTIVATIONAL  
SPEAKING**

## **FEATURED ON:**

**BLK+GRAD SCHOOL  
PODCAST**

**WURD 96.1 THE  
LOUNGE**

**THE NATIONAL  
ASSOCIATION OF SOCIAL  
WORKERS**



# *Workshop & Training Topics*

- Adult and Non-Traditional Learner Success.
- Social Work Student Success.
- Mentorship in the Social Work field.
- Performative Allyship.
- Black Women Mental Health Accessibility.
- Imposter Syndrome and its impact on Black Women.
- Normalizing Healing and Wellness for individuals of Diverse Identities.
- Trauma's Impact on Student Success.
- Self-Healing through Journaling.



# *ABOUT THE SPEAKER*

Quianna Daniels-Smart, LSW is a woman determined to lift others as she climbs. She is a graduate of the Edinboro University of Pennsylvania, earning her master's degree in Social Work with an emphasis on Trauma-Informed Care.

In her current role, Quianna works as an Integrative Medicine Therapist, where she provides individual therapy to adults diagnosed with substance use disorder.

Quianna is also a Founder and Executive Director for a grassroots Non-Profit organization; where she and her team focus on broader social welfare policies that impact Black women who identify as non-traditional students and adult learners.

In addition to the above-mentioned accomplishments, Quianna is the author of The Be Well Journal, which promotes Transfromative healing and self-discovery by the use of journaling. This journal is specifically designed for the Mom, Wife, and Career woman that is taking the first steps on their journey to healing and self-examination.

Connect with Quianna Today,

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