

Secondary offer as at Sept 2021 – Uppingham, Oakham

| Workstream | Objective | What support will be offered | School Involvement | How to access | Start |
|---------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| Whole school approach | YoungMinds to support the implementation of Academic Resilience Approach . | Training now booked in with each school. Additional hours are being allocated and further training/pre-records will be shared with school. | Attend training sessions yet to take place for your school and share pre-records with staff | Contact fiona.lacey@youngminds.org.uk at YoungMinds for your school training. Additional pre-records will be shared with schools as they are developed. | Ongoing |
| | Support implementation of ARA with daily activities | Monthly calendar giving daily activities which can be used at school or at home. | Promote to staff. | Available here | Available now |
| | Deliver further CPD and resources | A monthly 'online resource' share chaired by Resilient Rutland. Speakers have included Kat Howard, Kim Evans, Jo Harley | Promote to staff. | Join session here . Open to all. 19.30 first Thursday of every month. | Available now |
| Staff well-being | To support staff MHWB. | Identification of free quality resources | Promote to staff. | View here | Available now |
| Well-being Ambassador | To offer support between schools on implementing a Wellbeing Ambassador programme | Resources and community of practice sessions and facilitated by Resilient Rutland | Staff attendance and involvement of young people as and when required | Email Lyn Harte info@rutlandfirst.co.uk to get involved | Available now. |
| Parent/family resilience | Facebook group to support parents/families with MHWB information | Private Facebook support page open to all Rutland parents/carers. | School to promote to parents | Link here to join | Available now |
| | Trusted advice on specific topics available to watch when convenient. | Professional webinars covering a variety of topics chosen by parents | Open to all. | On YouTube | Available now and ongoing |
| | Practical resources created by Resilient Rutland to follow the Resilience Framework for Children and Young People. | Downloadable resources with activities to support MHWB. | Open to all. | Click here | Available now and ongoing |
| | Further information for parents. | Free two year membership to Creative Education parent/carers portal. | Refer parents/carers | Click here to make referral | Available now |

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| Signposting | Signposting to support | Trusted resources | Direct parents/carers/staff/young people to resource. | Click here to view. | Available now. |
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Review with RR each half term using RR Maturity Assessment – dates to be set.